

VISIT GUIDELINES

Thank you for spending the time to read this leaflet and your use of the Coastal Eco Centre as an educational facility. To ensure you have a safe and enjoyable visit, we ask all group members and leaders to adhere to the following guidelines:-

- Please report to a member of staff upon arrival
- You are responsible for the behaviour and safety of the attendees in the group at all times
- Other members of the public and other groups may be using the Eco Centre at the same time so please show consideration for this at all times
- All visiting groups must have a qualified First Aider present and carry a First Aid kit at all times
- All pupils should be dressed appropriately for the weather conditions and the activities planned
- During led activities, the Ranger will act as a guide and instructor, but the overall responsibility for the group remains with the group leader.
- Risk assessments will be available to cover the activities undertaken and can be requested prior to your visit, but it is recommended that you undertake your own risk assessment to ensure the total safety of the pupils under your care.
- We recommend a pre visit to the Eco Centre to familiarise yourself with the facilities and to carry out risk assessments
- We reserve the right to cancel any bookings on safety grounds or due to an emergency or adverse weather conditions
- Any breakages and loss of equipment must be reported and we reserve the right to charge in full for replacements

We aim to make your visit as enjoyable and educational as possible – if you require any more information please call (01754) 765 746 or email paul.charles@seagullrecycling.org.uk

FIND US ON FACEBOOK - search for "TheCoastal EcoCentre" to have a look at some of the things we have been doing

Group or Individual name		
Contact name/email address		
Contact/Group address		
Feedback - How did you feel the visit went?		
Were there any areas that you feel could have been improved?		
Do you have any recommendations so we can improve our service to you?		
Are there any other comments you wish to make?		
OFFICE USE ONLY		
Number of visitors	Programme/Project	Signed
Feedback auctioned by and date		Dated

THE COASTAL ECO CENTRE



Short Break Eco Experience



Our activities have been designed to give children and young people with disabilities & additional needs the chance to become involved in outdoor, art and camping and confidence building activities in an innovative and accessible way.

Short Break Eco Experiences offer : -

- **A unique opportunity to engage fully in the experience of outdoor activities**
- **Short Daytime and overnight camping experiences**
- **Be involved in a huge range of confidence building and communication skills**
- **The opportunity to experience the therapeutic benefits of being outdoor in the countryside**
- **Develop valuable skills and an understanding of eco-related issues**
- **The chance to reconnect with the natural environment and all it's benefits**
- **The opportunity to be involved in countryside, play and art activities**
- **A series of tutor led exploration sessions**
- **Spend time in a safe and caring environment at our 14 acre Eco Centre**
- **Outdoor adventure activities**

We recommend that parents/carers/group leaders visit the Eco Centre before the Short Break to discuss the visit with staff and familiarise themselves with the layout and facilities. We would recommend that visiting Short Break attendees are accompanied overnight. Camping activities are normally priced individually but normally between **£15 to £20** per person per night, with outdoor daytime activities costing around **£5** per person per session.

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"TheCoastal EcoCentre"

to have a look at some of the things we've been doing

Explore & Experience



Innovative Personal & Community Support and Development Projects, Recycling, Environmental, Training & Education
Unit 1, The Willows Business Park, Hassall Road Skegness, PE25 3TB, Company Number 3284411
telephone 01754 765 746 www.seagullrecycling.org.uk

RANGER LED ACTIVITIES

GUIDED WALK (INDIVIDUALLY DESIGNED FOR EACH GROUP)

These walks are designed to be beneficial and educational to groups of all ages, abilities and interest.

NATIONAL CURRICULUM TOPICS

These activities are delivered to meet a variety of topic areas and are normally designed in a bespoke manner for each group, dependent on area of study and time of year. All year round visits are available and a '4 SEASON 4 VISIT' package is available.

WOODLAND ACTIVITIES & WOODLAND CRAFTS

This woodland based session develops skills and broadens pupil's experience of group activities and working together. A variety of tools may be used and a bonfire is obligatory

SHELTER BUILDING

Live the life of an outlaw and build your own shelter to live in the woodlands and hide from the rangers (or teachers!!).

TEAM AND CONFIDENCE BUILDING

A variety of games and activities to build interpersonal skills and group cohesion through a series of tasks and discussions on the importance of working together to achieve a target.

MINI BEASTS

Thousands of different species live in Lincolnshire, many being found in the rich variety of habitats that include grassland, woodland, ponds and boundary habitats at the Eco Centre.

WILDWOOD ART

A woodland that is full of life, colours, shapes and light is a perfect place to develop creativity and to look at the world around us in a closer way. Pupils will further their own creative feelings and ideas to create patterns, pictures and sculptures using the materials found around them in the woodland.

MUSIC IN THE WOODLANDS

Pupils use materials found in the woodlands to re create the sounds and feelings of the woodland and the natural world around them.

WAKING UP YOUR SENSES

The aim is to encourage pupils to use their senses to explore the sounds, colours, textures and smells in the natural world found around them as they immerse themselves on the woodland, and to become aware of their senses and those the animals use in their everyday lives.

WOODLAND CAMPING

Experience camping by allowing pupils to access our teepee tents for a day! We have 4 tents each capable of holding 10 pupils to give them the experience of camping without the difficulty of spending a night outdoors. We can picnic, have a campfire and tell stories, to allow pupils to experience the full benefits of life under canvas.

Activities can be undertaken individually or can be combined to form blocks of sessions. Discounts of the individual prices will apply if activities are combined in a half or full day session.

Each 'Short Break Experience' will be unique to the individuals involved. It will be designed in a bespoke manner for each person or group. Groups will need to bring their own bedding and personal items but camp beds, tents and activities are provided at the Eco Centre. Limited First Aid cover is provided free of charge during the daytime and a full suite of risk assessments is available to ensure safety is adhered to, with your assistance.

There are skills staff limitations as we cannot be fully trained for all the conditions we are likely to come across, but we will cater for the needs of visitors when possible

OTHER COURSES BEING OFFERED UNDER THE SHORT BREAKS PROGRAMME OF ACTIVITIES

Health & Safety Awareness, Outdoor Family Activities, Making Charcoal, Team & Confidence Building, Countryside Activities, Outdoor Arts, Land Art & Sculpture, Recycling & Sustainability, Intro to Horticulture, Warehouse & Work Skills, Preparing for Employment, Outdoor Fitness, CV Writing for Beginners, ICT for Beginners, Outdoor Skills, Using the Internet, Silver Surfing, Using Skype, Maths for Beginners, Literacy for Beginners, Outdoor Activities for Children with Additional Needs, Woodlands & Wildlife, Outdoor Play for Families, Work Skills, Have a Go at Something New, Bushcraft, Outdoor Cooking, Making Woodland Shelters

OUR MARSHMALLOW TOASTING AND POPCORN SESSIONS BY THE CAMPFIRE HAVE BECOME ALMOST LEGENDARY!!

WE'RE CURRENTLY PLANNING A NEW SET OF TOPPINGS SO WATCH THIS SPACE!!

THE COASTAL ECO CENTRE

Seagull Recycling Ltd

Innovative Personal & Community Support and Development Projects, Recycling, Environmental, Training & Education

Unit 1, The Willows Business Park, Hassall Road Skegness, PE25 3TB, Company Number 3284411 telephone 01754 765 746

www.seagullrecycling.org.uk

Booking form

Name

Planned visit date

Address

Post code

Telephone number

Contact person name

Contact email address

Group number Age range

Key Stage Adult numbers

Are there any special requirements or additional needs we should be aware of? Please give details:-

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Arrival time Departure time

Ranger led activities request details:-

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Self led visit details:-

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FREE YOUR MIND



FREE YOUR CHOICE