



## Step One

Print out this sheet, cut and fold along the dotted lines to prevent information being visible

## Step Two

Fill in your emergency contact details and medical information.

## Step Three

Insert into your tax disc holder.

**Share with your family, friends and colleagues you could help save a life!**

- Use blank circles to add additional information or details about regular passengers.
- You could consider including a passport photo to assist with identifying the correct casualty.
- Address details are optional and we would not advise you include any personal information that you are uncomfortable with sharing.
- Access to health and next of kin information could be critical at the scene of a collision or medical emergency.

**Emergency Contact Information**

Name: \_\_\_\_\_

Relation: \_\_\_\_\_

Tel: \_\_\_\_\_

Address: (optional) \_\_\_\_\_

**Medical Alert Information**

Driver: \_\_\_\_\_

DoB: \_\_\_\_\_

**Medical Alert:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

