

FREE DISTANCE LEARNING COURSES

We understand busy lifestyles or not knowing where to start can get in the way of learning, which is why we're offering free Distance Learning courses to help you to gain the skills and qualifications to help you succeed.

Choose from a wide range of courses:

Health and Social Care

- Falls Prevention Awareness
- Understanding Behaviour that Challenges
- Dignity and Safeguarding in Adult Health and Social Care
- Care and Management of Diabetes
- Principles of Dementia Care
- Working with Individuals with Learning Disabilities
- Understanding End of Life Care
- Prevention and Control of Infection in the Health Care Setting
- Common Health Conditions
- Safe Handling of Medication in Health and Social Care
- Equality and Diversity
- Counselling Skills
- Cancer Support
- Personal Care Needs
- Principles of Care Planning
- Nutrition and Health

Education and Childcare

- Understanding Adverse Childhood Experiences
- Understanding Safeguarding and Prevent
- Understanding Autism
- Understanding Children & Young People's Mental Health
- Understanding Common Childhood Illnesses

Mental Health

- Working with People with Mental Health Needs
- Mental Health First Aid and Mental Health Advocacy in the Workplace
- Awareness of Mental Health Problems

Business

- Principles of Customer Service
- Information, Advice and Guidance
- Understanding Lean Organisation Management Techniques
- Principles of Team Leading
- Business Administration
- Warehousing and Storage

To be eligible you need to:

- Have been a legal resident in the UK for at least the last 3 years
- Be aged 24 or over OR be aged 19 or over and currently hold a full Level 2 qualification and not currently enrolled on an apprenticeship

To find out more:

**dl@rntraining.co.uk
01709 513148**

To enrol:

**nnc.ac.uk/distance-learning
01709 513148**