

EXCITING TIMES FOR AURORA IN WORKSOP!

EXCITING times lay ahead for local cancer charity, Aurora with plans for 2020 all set to be the busiest yet!

HLF Project

Aurora Wellbeing Centre in Worksop, based in The Old Library building on Memorial Avenue, is to be transformed to its former glory thanks to a £1.56M Heritage Fund grant. Work on an ambitious plan to regenerate this key historic Grade II listed building is set to begin early this year.

The project will create a dedicated heritage area at the centre, including physical displays and an innovative virtual museum to tell the story of the Old Library and Museum throughout the decades. Aurora's aim is to engage people living with cancer and their families with heritage to support their wellbeing. This includes an innovative new activities programme, giving people an opportunity to connect with the history of Worksop.

Cancer Support

In 2020, the already well established support for people affected by all types of cancer, will continue. These include emotional support, workshops and monthly support groups, also a free package of support that includes beauty treatments and holistic therapies. A bespoke programme of support for those affected by breast and prostate cancer, will continue, with monthly meetings and workshops, as well as support groups for partners and carers.

"Years ago we didn't talk about these things, but I enjoy coming to this group. It's important that we [men] can come along and chat openly about this."

Aurora Worksop, prostate cancer service user.

"The group has given me confidence and something to look forward to"

"Aurora centre is a vital part of my recovery and coping with life after cancer"

"Lovely to spend time with other ladies in the same boat. The group are lovely and friendly"

Aurora Worksop, Time to Grow, women's survivors support group

Surgeries

Help and support is available at our centres in Worksop, Doncaster Royal Infirmary, Scot Lane, Doncaster and Mexborough Montagu Hospital with new outreach surgeries in **Tuxford** and at both Worksop Medical Centres. To make an appointment to see an Aurora Wellbeing Practitioner contact the Worksop centre directly, or speak to your GP surgery to arrange a 1:1 consultation, to discuss your concerns.

Volunteers

Aurora is lucky to have an incredible team of volunteers supporting the charity on a daily basis. However, like all charities, there is always room for more help! If you have a morning or afternoon to spare and would like to volunteer, Aurora would love to hear from you. Aurora in Worksop needs help in the Tearoom, Charity shop or with administration and at events. Please contact us for an application form. If you would like to support us by hosting a fundraising event then please give us a call to discuss your ideas.

FORTHCOMING EVENTS

Pie & Pea Quiz Night – Tuesday 18th February 6.30pm-9.00pm

The 'Run the Wall' team are hosting this event at Aurora to help them achieve their target £50K. Tickets are £12 for adults and £8.00 for children. One brave individual is having parts of his anatomy waxed in a silent auction, there will be a quiz, stalls and light entertainment

Mother's Day Afternoon Tea Thursday 19th March 3.00pm-5.00pm

Why not treat someone you love to the full afternoon tea experience? There will be a Mother's Day themed quiz and a sing-a-long with Zoe. Booking is essential. Tickets are just £10.00 per person

Easter Extravaganza Wednesday 8th April 10.00am-2.00pm

Our usual Wellbeing Wednesday event (which is on the first Wednesday of every month) will be supplemented by additional craft stalls, competitions and Easter themed events. This is a free event and is open to all members of the public. Come along and relax in Valerie's Tearoom or browse the charity shop for a bargain

Aurora Centre Worksop is open Monday to Friday 9.00am to 4.30pm. For more information about our services phone 01909 470985 or visit www.aurorawellbeing.org.uk

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Cross section of the Old Library Building terrace.



Rear of the Old Library Building with raised terrace.