

Clarbrough & Welham



Newsletter

Quarterly: Summer 2021

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Our community website: www.clarbrough-welham.org.uk

Gooseberry or Rhubarb Wine

Ingredients

- 2kg Gooseberries or 1.5 kg Rhubarb*
- 1.3kg Sugar
- 4 litres water*
- ½ teaspoon of pectolase
- 1 teaspoon yeast nutrient
- 1 packet of (preferably) Champagne Yeast

*For Rhubarb recipe substitute 1 litre Red or Purple Grape Juice for 1 litre of water. Also add 2 tea bags of your choice which increases the tannin concentration and 'bite' to taste.

Method

1. Wash and top-tail gooseberries or cut rhubarb into short chunks (2-3cm). Bag these and freeze overnight. This helps to release more flavour.
2. Place fruit in a fermenting bin and add 2 litres water or one litre water + grape juice for Rhubarb recipe. Boil the rest of the water with the sugar until dissolved.
3. Add sugar solution to the bin and stir thoroughly.
4. When the mixture has cooled to room temperature add the yeast nutrient and stir thoroughly again.
5. Cover the bin and leave for 12 hours before adding the yeast and pectolase. Leave in a warm place for a week.
6. Strain into a demijohn, fit air lock, and leave to ferment out. This could be anything from one to three months depending on room temperature.



7. Bottle. We have found this design [right] (Wilkinson's £8 for 6 pack) particularly convenient. Alternatively bottle and cork in the traditional manner.



What is fermentation?

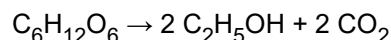
In biochemistry, it is narrowly defined as the extraction of energy from carbohydrates in the absence of oxygen.

What does this mean in our wine making?

Essentially this means that yeast converts sugar from the fruit and also that added as per the recipes into alcohol (ethanol to chemists) and carbon dioxide. This is an anaerobic (no air/oxygen) process which is the reason for the **air lock** shown in the image opposite. This has water in it allowing carbon dioxide to escape but not letting air in.

Sucrose (supermarket 'sugar') is a sugar composed of a glucose unit linked to a fructose. The first step in fermentation is for yeast to split these two sugar units before converting the glucose unit into ethanol :

The overall chemical formula for alcoholic **fermentation** is:



Glucose Ethanol Carbon dioxide

Thus, as fermentation proceeds, sweetness falls and alcoholic 'strength' increases. However, don't get carried away – alcohol is poisonous to yeast and usually stops fermentation when its concentration exceeds around 10-15%. This varies a bit with yeast variety as well as fruit used.

Editor

ANDI GRAY

PAINTER & DECORATOR



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WASH Skills Hub is on its way!

A state-of-the-art Skills and Education Hub that will give Bassetlaw residents a better future and address skills shortages for the NHS and local businesses is about to take shape. The former Bridge Court building at the gateway to Worksop Town Centre will be transformed from a long-term neglected eyesore into a modern and contemporary learning facility as Bassetlaw District Council, along with its partners, enter the next phase of realising a shared vision.



The Worksop Access to Skills Hub will offer opportunities across a range of subjects including health and social care; digital and digital transformation; green technologies and low carbon and construction. It will create 50 jobs and support 300 learners.

Funding of £3.5million was confirmed by the D2N2 Local Enterprise Partnership as an allocation from their Getting Building Fund (GBF) on 15th February. In this time, the Council

and its partners have wasted no time in putting plans into action. David Armiger, Assistant Chief Executive at Bassetlaw District Council, said: "This skills and education campus will give thousands of Bassetlaw people the opportunity to elevate their ambitions and improve their future prospects. It will also bring a derelict building back into use, support growth, bring more people into Worksop and give confidence to the many businesses that have been decimated by the Coronavirus pandemic."

The RNN Group will be the main education provider, in conjunction with University of Derby, who will look to expand the current level of provision provided by their North Notts College campus and will offer Access to Higher Education Diplomas from Levels 4, 5 and 6.

Jason Austin, CEO and Principal from RNN Group said: "We are delighted to provide access to higher levels of education in Bassetlaw alongside our already established Further Education provision. This is a great opportunity for the local community to have more access to the skills and training support they need."

The project also works in partnership with the Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust and Bassetlaw Integrated Care Partnership to meet the Trust's workforce demands, providing an increase of higher skilled jobs in the medium term.

Richard Parker OBE, Doncaster & Bassetlaw Hospitals Trust Chief Executive said: "The Bridge Court scheme is a great local project which will provide lots of opportunities for local people in Worksop and the NHS locally, and we look forward to working with our partners to make this a growing success." Building partners Lindum Group moved onto the site in April and will take approximately a year to complete the project.

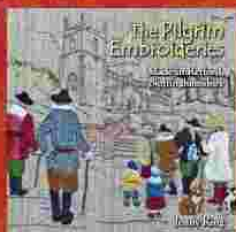
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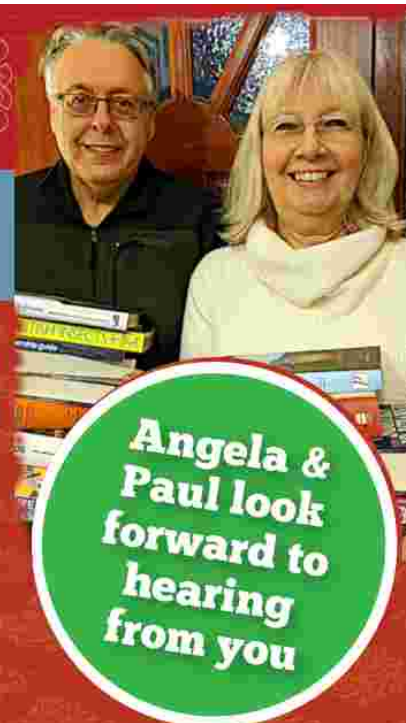
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National Covid Road Map continues

Readers will be well aware of the four steps for 'returning to normal' set out in Government's road map published earlier this year. At the time of writing the first step is completed with step 2 starting on 12th April. The following is the detailed guidance that Clarborough & District Community Association (CDCA), managers of Clarborough Village Hall, have received from ACRE (Action with Communities in Rural England) plus updates from the Government websites..

Step 2: 12th April

Only the activities shown here are permitted. Other activities e.g. art classes, clubs, W.I.s, craft groups, Parish Council Meetings will not be permitted.

Food and alcohol can be served to those seated in outdoor settings or as takeaways, alcohol without the need for a meal.

Indoor gyms can re-open **but not exercise classes**.

Funerals can take place with up to 30 people, wakes and weddings will be allowed to 15 guests. Restaurants and hotels will not be open, so ceremonies can only take place in places of worship, public buildings and in locations that are already permitted to open, with outdoor receptions only.

All indoor children's activities can open including dance classes, musical activities, cubs, scouts, brownies.

Parent and child groups can open indoors, e.g. parent and toddlers, with up to 15 attending plus under-fives.

Non-essential retail can re-open e.g. hairdressers, charity shops.

Outdoor gatherings or events organised by a business, charity, public body, or similar organisation, can be held under Covid-19 secure conditions, enabling village fete or spectators at a sports match, subject to the rule of 6.

Guidance will be issued.

The social contact rules will continue to apply in all settings – meaning social distancing must be maintained, no indoor mixing allowed between different households.

Step 3: 17th May

Controlled indoor activities can take place with up to 50% capacity*.

Hospitality settings will be able to open in accordance with the 'rule of 6'.

Film shows, plays, concerts and sports matches can take place, subject to social distancing.

Indoor sports activities, including exercise classes, table tennis, badminton can take place*.

Up to 30 people will be able to attend weddings, receptions, funerals, and wakes. Christenings and bar mitzvahs will be allowed.

Organised outdoor entertainments can take place.

The 'rule of 6' will be abolished for outdoor gatherings, replaced with a limit of 30 people.

*The 'rule of 6' will continue to apply to indoor events.

Step 4: 21st June

All legal limits on social contact are removed. Outdoor events with more than 30 people can take place.

Dancing is permitted.

Restrictions on numbers at weddings and funerals are abolished.

Rule of six means that – apart from a set of limited exemptions including work and education – any social gatherings of more than six people in a group will be against the law.

<https://www.gov.uk/government/publications/covid-19-response-spring-2021/covid-19-response-spring-2021-summary>

We should also emphasise that face masks should still be worn – in fact in the longer term these may become a fact of life!

Editor

Clarborough Village Hall reopening

Clarborough & District Community Association (CDCA), managers of Clarborough Village Hall, have been monitoring Government guidance throughout the pandemic and are now hopeful that the roadmap will allow opening once we are established in Step Four which means from 21st June.

Hall hirers will, however, have to carry out a much longer list of actions before and after each of their hire sessions take place to ensure compliance with government legal requirements. These will generally fall into cleaning duties and also management of people during sessions. This includes such aspects as social distancing, mask wearing where appropriate as well as contact recording in case of reported group infections.

To support these steps CDCA will need more volunteers so please get in touch if you can offer even a little time. Phone 01777 700 918 or email: clarboroughwelham@gmail.com

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Bitcoin-Related Scam Emails

We're warning the public to be vigilant of unsolicited emails promoting cryptocurrency (Bitcoin) investment opportunities. We've received over 750 reports this week about Bitcoin-related phishing emails using fake celebrity endorsements to try and lure victims into investment scams. The links in the emails lead to fraudulent websites that are designed to steal your money, as well as personal and financial information.

How you can protect yourself:

- **Investment opportunities:** Don't be rushed into making an investment. Remember, legitimate organisations will never pressure you into making a transaction on the spot.
- **Seek advice first:** Speak with a trusted friend or family members, and seek independent professional advice before making significant financial decisions.
- **FCA register:** Use the Financial Conduct Authority's (FCA) register to check if the company is regulated by the FCA. If you deal with a firm (or individual) that isn't regulated, you may not be covered by the Financial Ombudsman Service (FOS) if things go wrong and you lose your money.
- For more information about how to invest safely, please visit: <https://www.fca.org.uk/scamsmart>
- **Report suspicious emails:** If you have received an email which you're not quite sure about, you can report it to the Suspicious Email Reporting Service by forwarding the email to report@phishing.gov.uk

Editor's note: Above received from Notts Neighbourhood Alert on 14th February, 2021.



Beware online reviews!

Recent research by Consumers Association, publishers of Which? Magazines, have revealed just how dubious are the reviews presented online by a range of well-known platforms marketing products, holidays, accommodation – almost anything..

Their basic advice remains 'If it looks too good to be true, it probably is!'

Facemasks to help deaf people

Many of us know that deaf people – and many with some hearing – depend on lip reading to aid communication. Have you thought how most of our Covid face masks cut this communication channel completely?

Transparent masks are available!

See community website's **Education & Training** page for links to National Deaf Children's Society's exploration of this topic.

Editor

SUVs cancel climate gains of electric cars

A recent report by International Energy Agency (IEA) based in France, suggests that the rapid increase in numbers of electric vehicles may be reducing global carbon emissions. However, this has been more than counteracted by a boom in SUV sales with typical SUVs consuming 20 per cent more energy per kilometre than a medium sized car.

That extra consumption is likely to read over to new electric SUVs too, given their larger size.

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Great Food - Strong Coffee

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Be the best you can be!

Here at Clarborough Primary School we work hard to ensure our childcare provision is of the

highest quality. Our school's ethos is 'Be the best you can be' and with this in mind, our professionally trained and certified Early Years Practitioners strive to bring out the best in each child, enabling them to reach their true potential.

Our Foundation Unit is a well-resourced, bright, colourful place with lots of laughter and learning. We are here to give each child their first taste of school life and we care about making a good first impression. Our sessions are built around creating:



- A secure and stimulating environment
- A welcoming and engaging setting
- Nurturing and encouraging practitioners
- A place where children feel valued and their holistic wellbeing is at the forefront of our duty of care

We offer Breakfast and After-School Clubs as well as afternoon childcare and have a few spaces still available for Nursery and across the school. Why not come for a COVID compliant visit and see for yourself? Call our friendly office team on 01777 708 065 to arrange a visit!



Mental health issues?

Bassetlaw Action Centre have programmes starting in May that focus on mental health issues.

If you suffer from anxiety, depression, COPD or any other long-term condition, **Staying Well** programme could be just the ticket; 2½ hours/week for 6 weeks starting 5th July. For more or to book your place phone 01777 709 650.

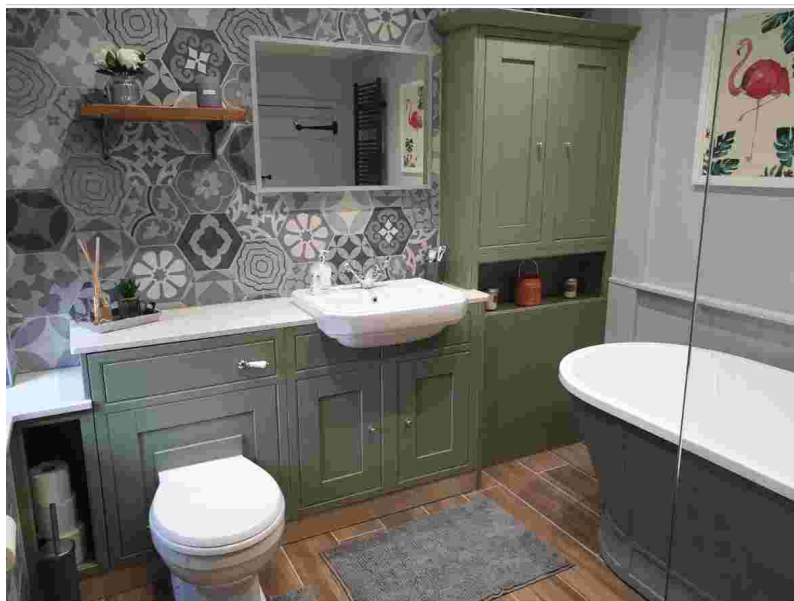


If you are a man struggling with your mental health or isolation, **Men Walk Talk** may be just the answer! It offers both local walks and also an online space for men to meet others and develop mutual support. The programme is free.

To find dates and much more see their Facebook page: *Get Out Get Active*

Bassetlaw, email goga@actioncentre.org.uk or phone 01777 709 650.

Readers can find more details on our community website: **Voluntary Sector links ► Bassetlaw Action Centre.**



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Covid-19 may ultimately become a common cold!

Evolution of Covid-19 into various **strains** has come as no surprise to virologists (scientists studying all aspects of viruses from their structures through to methods of control). Such changes become more common as the virus comes under pressure as their target hosts develop – or receive – greater resistance as we are now seeing with the global rollout of vaccines.

We need to recognise that viruses don't aim to kill their hosts, nor even make them ill, they are really aiming to use us as a breeding ground and then transmission agents.

Researchers are tending to the view that Covid-19 will follow the same development path as four other coronaviruses that now cause the 'common cold'. The key fact about those four viruses is that today we will usually have met them as children and current experience shows that children, generally, show much milder symptoms as they build resistance. Thus, over a longer time frame, we would expect to see populations with improving resistance to any virus, Covid-19 included.

Another rather morbid side of this trend is to be found in historical examples of 'naïve' populations who had not previously met an infection being decimated by contacts with foreign explorers during their empire building periods. The effect, for example, on indigenous 'native' populations in the Americas after Europeans arrived with the smallpox infection, proved devastating; locals had never met this virus before and so had no defences!

Chinese 1990 studies of previous Covid variants revealed that adults infected were open to reinfection one year later but found that a majority of these still had antibodies for the four strains known at that time. Every two or three years it seems people become more susceptible to these viruses but when reinfected they retain enough immunity and experience just mild symptoms. Hopefully a similar pattern will follow for Covid-19 – in due course it will be relegated to 'common cold'.

The main issue that remains unknown at the moment is how long will such global effects take to become 'normal'? This pattern may also lead to an annual Covid-jab just as many now get an annual 'flu-jab'.

For more on why we can't afford to drop our guard, even after two jabs, see page 16.

Editor

LAWNMOWERS

Tony Halford



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Are Chairs a Health Issue?

Recent studies have explored the health benefits, particularly cardiovascular, that follow from sitting less and breaking sitting into shorter bouts to increase muscle activity throughout the day.

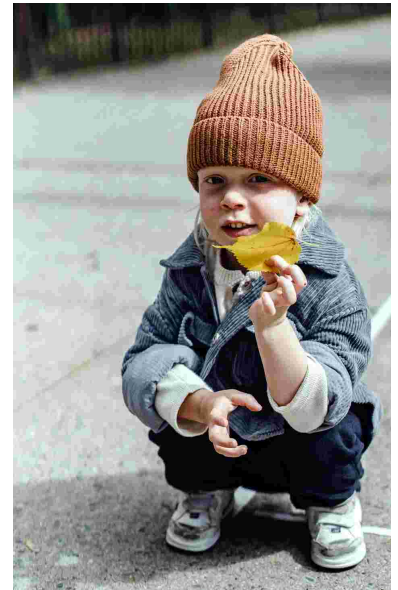
Studies of hunter-gather communities in Tanzania showed that although their lifestyle would be classified as much more active than their American or European cousins, in practice they rested for much the same length of time as their Western cousins. However, what was clear was that these hunter-gatherers had dramatically lower rates of cardiovascular disease.

Health sensors worn by volunteers from this hunter-gather community over a period of time confirmed their active-inactive time spans mentioned above. However, their rest periods had no access to chairs, so sitting as we know it wasn't possible during these rest periods.

Observations showed that these people tended to squat when resting, the effect maintains muscle activity in the legs since these are constantly in action to maintain the squatting position – try it!

If squatting isn't your cup-of-tea, the equivalent health advice is to keep your lower muscles in regular use – if working at home or watching tv is involved, get up and walk about at regular intervals!

Editor



Quite a recipe!

Although this recipe may feel a bit late since it uses hot cross buns, your editor has been quite taken with it and is using various buns as the year unfolds.

Ingredients

- 4 Hot Cross Buns
- 120g French Brie
- 8 Slices Prosciutto or Palma Ham
- 20g Rocket or similar
- A little Butter

Methods – either toast the buns or not.

Cut the Buns horizontally. Lightly toast if that is preferred. Lightly butter the buns. Thinly slice the Brie. Divide the Brie, Prosciutto or Ham between the buns. Enjoy!



Editor



Third Annual Report – February 2021 – Part 1

This is the first part of the Annual Report on the operation of our Neighbourhood Plan and deals with the operation of our Plan over the last year. Part 2 will appear in the Autumn issue of this Newsletter and deals with the future for our Plan over the coming years.

Introduction

The operation of the Neighbourhood Plan passed from the Steering Group to the Parish Council after the Referendum in 2017.

Operation of the Neighbourhood Plan (NP)

There are 9 Policies in the NP which apply to various Planning issues.

Policy 1: The Development of the Broad Gores site

a Development Land (1.39 hectares) – This site is the only site in the Parish designated for new housing. There has been no known progress on the sale of the land by BDC to a developer.

b Open Green Space – Transfer of this land to the Parish Council, known as the Parish Pasture, is still not complete.

c Use of the Parish Pasture

- i. **Allotments** – 2020, was a bumper year for crops on the allotments. 18 full sized allotments are in use with 2 half size allotments. There are 3 local people on the waiting list.

- ii. **Community Orchard** – Named The Mayflower Orchard, some funding was secured, but the various Covid Lockdowns have prevented progress.
- iii. **Main Pasture** – tree planting, spring bulb planting and wildflower seeding has continued through 2020, despite the various lockdowns due to Covid-19.

Use of Other Policies

A Planning Application was submitted to Bassetlaw District Council (BDC) for a 10 property development off Church Lane, as was an application for a new bungalow on the south side of Big Lane. Both of the proposed developments were seen by the Parish Council (PC) as involving breaches of a number of Policies set out in the NP. These objections were considered by BDC Planning to be important and were cited as part of the refusal to grant both of the Planning Permissions.

Policy 5: Reducing the Risk of Flooding

There has been notable progress in 2020 in establishing 'leaky dams' aimed at slowing water flow in times of heavy rain. These dams should help to reduce flooding in Church Lane and Main Street. This is the result of cooperation between the Parish Council working with Notts County Council, Bassetlaw DC and the Environment Agency.

Editors note: see page 14 for much more on local flooding issues.

Summary

The NP is being used widely in many of its Policy areas to ensure a rational development of housing and other areas within the Parish in line with the wishes of residents as expressed in the NP.

Our Neighbourhood Plan is working for you as residents in protecting our Parish whilst encouraging the future.

Paul Willcock
Parish Councillor
Former Chairman, ClaWe NP Steering Group



VE DAY
75th ANNIVERSARY
A SHARED MOMENT OF CELEBRATION
8-10 MAY 2020

Celebrating VE75 + ??

Due to Covid 19 Regulations the May 2020 celebrations organised to celebrate the end of the Second World War in Europe in 1945 were abandoned. It had been hoped that these would be possible for May 2021 but Lockdown 3 and existing Covid 19 Regulations have also prevented this, despite the rollout of the vaccine.

On 2nd and 3rd June 2022, there is to be an extended Bank Holiday weekend to celebrate the Platinum (70th) Anniversary of the coronation of The Queen. We are, therefore, proposing to hold our events over that weekend. Initial details will be published in the Autumn 2021.

With the agreement of the two Parish Councils Clarborough & Welham Parish Council will again cooperate with Hayton Parish Council to stage events across the two Parishes.

Clarborough & Welham Parish Council

Some day you will be old enough to start reading fairy tales again.

C.S.Lewis (1898-1963)

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Gdansk – one of Poland's gems

To say that Gdansk has had a complex history is putting it mildly! The first written evidence of a settlement thought to refer to Gdańsk is the *vita* of Saint Adalbert. Written in 999, it describes how in 997 Saint Adalbert of Prague baptised the inhabitants of *urbs Gyddannysz*.

The city is situated on the southern edge of Gdańsk Bay on the southern sides of the Baltic Sea, in a conurbation with the city of Gdynia, the resort town of Sopot, and suburban communities; these form a metropolitan area



with a population approaching 1.4 million. Gdańsk lies at the mouth of the Motława River, connected to the Leniwka, a branch in the delta of the nearby Vistula River, which drains 60 percent of Poland and connects Gdańsk with the Polish capital, Warsaw.

Scrolling through Gdansk's roughly 1000 years of history shows control swinging sometimes wildly – and violently – between local aristocracies, and larger 'interests' based in what are now Poland and Germany. For much of its history the city had a mix of Polish and German inhabitants who's politics tried to balance the conflicts between their powerful neighbours. The Teutonic Knights, for instance, took control on several occasions; that in November 1308

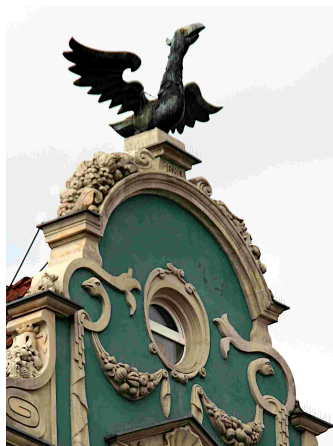
reputedly involved a massacre of most of the town's population. Polish sovereignty subsequently returned.

[Right] Although not a Gdansk resident, Mikołaj Kopernik (Nicolaus Copernicus 1473-1543) who founded the notion



that the sun, not Earth, was the centre of our local 'system', is commemorated here as elsewhere in Poland..

By the 16th century Prussian influences were increasing which resulted in annexation by the Kingdom of Prussia in 1793 only for the city to become a Free City (1807-1814) during the Napoleonic period but returning to Prussia after



that. With the unification of Germany in 1871 under Prussian hegemony, the city became part of the German Empire and remained so until 1919, after Germany's defeat in World War I.

The Versailles Treaty didn't return Gdansk - or Danzig as it was known in German – to Polish authority but left it in a complex situation as the Free City of Danzig under the auspices of the League of Nations with a population in 1923 that was more than 99% German-speaking. As the power of Nazi Germany increased and the League of Nations influence collapsed, pressure mounted to absorb Danzig back into Germany.

Ultimately this would lead to annexation by Germany in 1939 and the first conflicts of what would become World War 2.

At the end of that war, Gdansk was integrated into the modern state of Poland and thence the communist 'Eastern Bloc'.

In the 1980s, Gdańsk was the birthplace of the *Solidarity* movement, headed by Lech Wałęsa, which played a major role in

bringing an end to communist rule in Poland and helped precipitate the collapse of the Eastern Bloc, the fall of the Berlin Wall and the dissolution of the Warsaw Pact.



Expectations of our visit to Gdansk were quite low having had several, admittedly not too recent, recollections from individuals with roots in the area. We were completely surprised, therefore, by the city!

Editor

All images © G.A.Herdman

Not all those who wander are lost.

J.R.R. Tolkien (1892-1973)

Vitamin D protection from Covid?

Antibodies, the current focus of anti-Covid vaccines, can only latch onto and help destroy pathogens (viruses) outside cells. It is only T-cell that can cleverly sense and destroy pathogens inside infected cells using "sensors" which detect foreign protein fragments.

So far in the Covid-19 pandemic nothing seems to have been mentioned about T-cells - the real question is why mainstream media, politicians and others continued to focus efforts and narrative only on antibodies. Is it because vaccines are good at provoking antibody responses but not so great at generating T-cells? Some of the vaccines presently under trial do elicit some T-cells but it seems that neither the quantity nor variety are hugely impressive.

Researchers have found that in mild or asymptomatic cases, many T-cells are produced. These are highly varied, responding not just to parts of the Spike protein but to many other parts of the virus. Notably, in these mild cases there were few or no detectable antibodies. Conversely, the severely ill produce few T-cells with less variety but had plenty of antibodies. What is also of interest is that men produced fewer T-cells than women, and unlike women, their T-cell response reduced with age – a pattern reflected in the mortality statistics.

Research has shown that adequate vitamin D is critically important for the activation of T-cells from their inactive naïve state. The question of whether T-cells might also need a continuing supply of vitamin D to prevent the T-cell exhaustion observed in some serious Covid-19 cases deserves further research.

The obese, diabetics and people of BAME origin are far more deficient in vitamin D and men have lower levels than women mirroring the pattern mentioned above.

A really intriguing clue is that Japan has the highest proportion of elderly on the planet but has escaped with relatively few Covid-19 deaths (9,425 at 14th April, 2021). Could this, at least in part, be because of extraordinarily high vitamin D levels in the active elderly in Japan? By comparison, UK average levels are around half of that. Vitamin D is made in the skin from the action of UV sunlight, food usually being a poor source, but the Japanese diet includes unusually high levels. A further interesting link is the well-known tendency for viral infections to peak during winter time in the UK when ultraviolet light in sunlight is at a minimum.

It seems very odd that given the above well established role of vitamin D, and its ready availability as a food supplement at very reasonable prices, why increasing vitamin D intake hasn't been promoted in the national anti-Covid debate.

Editor's note of caution: It is worth noting that excessive intake of vitamin D can lead to a range of nasty conditions but only at extreme limits. Currently general advice is to stick to 400-800 IU per day – read the labels!

For world deaths statistics :

<https://www.statista.com/statistics/1093256/novel-coronavirus-2019ncov-deaths-worldwide-by-country/>

A woman is like a tea bag; you never know how strong it is until it's in hot water.

Eleanor Roosevelt (1884-1962)

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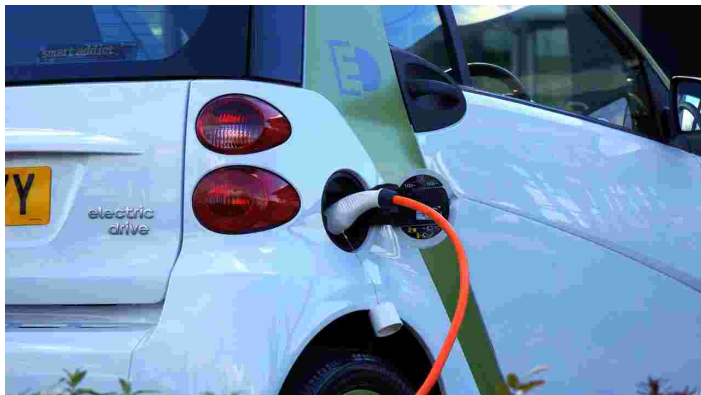
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All-Electric cars – a shock to the system

With sale of new petrol or diesel cars banned from 2030 the 'refueling' system is going to need a vast revamp. Estimates of electric vehicles in use today on UK roads are around 210,000 while predictions suggest 12 million by 2030.



Currently, major obstacles stand in the way of effective electric car charging, these include:

1. Payment: most current public chargers don't accept bank card payment – you need a special phone app for each supplier – and there are quite a few!
2. Several different charging cable designs are in use.
3. Chargers are relatively slow – an hour or more to give 80% charge.
4. Some public suppliers add a 'connection charge' to the cost of the electrical supply you purchase.
5. Installation of street charging points for those unable to garage their car(s). and associated safety aspects including cables.
6. Costs of installation of home charging points.

These differences from current (sorry!) experience of using a filling station when your car's fuel tank gets low will be radically different in the electric world – no drop-in at a filling station, a few minutes at the pump, then pay before driving off.

It might be better to imagine your car is like a big mobile phone and charge it in just the same way as you manage your phone, usually top-up charging over night. Then we have costs; by far the best option in terms of costs *and* convenience is to install a home charger unit. We have yet to see Government's approach to providing grants for these, but in 'fuel consumption' terms, these are definite front runners with typical 'fuel costs' for current electric vehicles ranging from around £500 - £600 less than their petrol/diesel annual costs (based on 9000 miles per year).

However, Point 5 might provide an interesting challenge in places like Retford 's Moorgate – how could all owners have access to overnight charging and what would be the security challenges of such on-street facilities?

On the positive side, some charge points are free such as Tesco's 7kW and 22kW chargers although their rapid chargers do cost. It will be interesting to see how this part of the market develops.

Editor

Friends of Parish Pasture progress

The 'Scrapes'

You may remember that May 2018 saw the removal of the layer of topsoil from three areas of the Parish Pasture in order to better encourage wildflowers to grow. This was done on the advice of seed suppliers and wildflower organisations. The 'scrapes' formed were not successful in promoting the growth of the wildflowers, mainly due to flooding and freezing which has occurred in them during each of the three subsequent winters.

In a bid to overcome this we decided to raise the level of one of the scrapes above the level of the standing water by buying in 23 tonnes of low quality soil ie soil with few nutrients in. The 'scrape' was rotovated, the soil was put in and levelled by raking and a new 100% wildflower mix has been sown. We are waiting for the first signs of flowers!

Please respect the signs asking that you stay out of the 'scrapes' to allow the seed to germinate and please keep your dog out. There are still some owners who are allowing their dog to enter these 'scrapes' despite the extensive signage. It is not the fault of your dog – it cannot read!

The Footpath

With an ample supply of wood chippings from local foresters we are in the process of re-surfacing the footpath for the second time in 2021. This is a labour intensive process and this is the cause for such a delay in re-laying the path. We need more volunteers to help or it will not be possible to resurface the footpath as often as needed and it will deteriorate, consequently limiting access for some people. Please contact friendsofpp2018@gmail.com to volunteer.

Early Pollinator Wildflowers

February, March and April have seen the flowering of hundreds of Snowdrops followed by large clumps of Primroses, Cowslips, Celandines and Aconites. The Bluebells have yet to flower. This has all developed since the first plantings in 2018. The work of adding new areas of these early wildflowers will continue in future years.

Each of these flower types are classed as early pollinators and they help provide pollen and nectar to those insects which emerge early in the year.

Thefts

We have seen a spate of minor thefts and damage in the last few months. These have mainly been of metal stakes which for many years now we have used for supporting posters without any problems. There has also been the theft of a Wolf Click-on soil rake which was being used by a volunteer on the land. This is unacceptable! If you know anything about this, please let us know.

In addition, there has been some vandalism where piles of logs set up to encourage insects and other small animals have been thrown about.

Please respect the work of those unpaid volunteers who put a lot of time and effort into ensuring that the Parish Pasture is an asset to the Parish and the village. It would not look as good as it does now without their effort!

Paul Willcock
Parish Councillor , Chairman FoPP Group

Bolham Manor Gardens

Bolham Manor Gardens, are now open for charity to the end of September through the National Garden Scheme, supporting Marie Curie and Macmillan. At present up to six people can book a visit, just phone Pam on 07790 896 022 to arrange a day and time.

Entry £3.50 pp children 12 yrs and under free.



Sow sunflower seeds in a sunny open space in the garden, water regularly and they'll produce a stunning display. Foxgloves are another easy plant to grow and they look well at the back of the borders.

I often plant rocket and other easy salad leaves in the border to fill any gaps.

Check if your begonia tubers are sprouting - take them out of their winter storage and plant in pots.

Be sure to stake tall perennials - delphiniums, peonies and oriental poppies - as these plants are easily damaged by strong winds and heavy rain.

Deadheading regularly ensures continuous flowering throughout the Summer.

There's always a lot of hard work to be done in our gardens but isn't it worth all that effort when we can enjoy looking at the beautiful display we've created!

Enjoy your garden!

Dorothy King

Seasonal Gardening Tips

It's a busy time of year in the garden: we've all enjoyed seeing the Spring flowers which have brightened our gardens since January - snowdrops, crocus, dwarf iris, scilla, daffodils and now tulips - but to ensure there will be a good display throughout the Summer, we need to start doing several jobs now.

Take cuttings from penstemon - use a sharp knife or secateurs, cut just below a leaf joint, pot into compost, water well and cover with plastic bag.

Enjoy instant colour by planting primulas and polyanthus in pots and in the front of borders.

Sow sweet peas at the base of their supports. These amazing plants with their delightful fragrance will give you cut flowers for weeks

Composting cardboard

A recent article in *New Scientist* raised your editor's awareness of the fact that cardboard can be a very useful ingredient in our composting.

I have been aware for many years that various products claim to be biodegradable, but have found that in our compost bins this seems to take several years - particularly plastic bags claiming to be so. However, I have now started to shred plain cardboard and include that with each batch of waste that goes into our bins which adds some useful fibre to improve the ultimate compost quality. The only caution is that the cardboard must be 'plain' - no plastic-based coating such as surface printing or colouring.

Editor



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Job Opportunities: looking forward

At North Notts Skills & Employment Partnership (NNSEP) Zoom meeting on 17th March, Tim Gladman (Chair) shared a range of employment-related statistics for Bassetlaw District and the wider national pictures.

The Office for National Statistics (ONS) Nomis Count is an experimental series counting the number of people claiming Jobseeker's Allowance plus those who claim Universal Credit and are required to seek work and be available for work. *District* is Bassetlaw.

	District	East Mids.	Great Britain
Feb 20 (pre Covid)	2.8% / 1,995 individuals	2.7%	3.1%
March 2020	2.7% / 1,920 individuals	2.7%	3.1%
April 2020	4.8% / 3,390 individuals	4.6%	5.1%
May 2020	5.6% / 3,950 individuals	5.8%	6.5%
June 2020	5.2% / 3,690 individuals	5.7%	6.2%
July 2020	5.4% / 3,770 individuals	5.6%	6.4%
Aug 2020	5.5% / 3,900 individuals	5.8%	6.6%
Sept 2020	5.3% / 3,665 individuals	5.8%	6.6%
Oct 2020	5.1% / 3,560 individuals	5.5%	6.3%
Nov 2020	5.0% / 3,530 individuals	5.5%	6.3%
Dec 2020	4.9% / 3,455 individuals	5.4%	6.3%
Jan 2021	4.9% / 3,445 individuals	5.3%	6.2%

Date	Bassetlaw	Great Britain
Jan 20	415	217,210
Feb 20	445	226,835
Mar 20	410	232,190
Apr 20	685	366,420
May20	825	482,910
June 20	825	496,260
July 20	840	511,090
Aug 20	835	509,200
Sept 20	790	504,725
Oct 20	765	503,990
Nov 20	735	496,200
Dec 20	700	488,595
Jan 21	730	485,985

The above covers all ages; the statistics to the left apply to 18-24 year olds only.

Several types of vacancies surfaced in the discussions following on from these statistics by representatives from the wide range of support services available in our area*. Opportunities included drivers – both HGV and more general types. Construction industry is still seeking

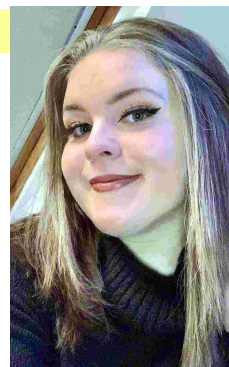
more workers as also are local Social Care plus a wide range of IT-related jobs.

Exciting developments for those seeking Higher Education are also coming soon to Worksop's Bridge Court Centre. The 'state-of-the-art' Bridgecourt Campus will work hand-in-hand with Bassetlaw Hospital providing health sector training. See page 3 for details.

*Regular readers will remember details of **Good Work**, **Way2Work** and **Towards Work** outlined in our Spring 2021 issue ... and don't forget, **Job Centre Plus**. Also, see **Kickstart** on page 16.

Bassetlaw Youth Mayor

Bassetlaw District Council approved a proposal from Bassetlaw Youth Council for a Youth Mayor in December 2020. Following nominations and an online election the first Bassetlaw Youth Mayor, Holly Foster, was elected. Holly is 16 years old and from Harworth and attends Serlby Park Academy. Malachi Carroll from Worksop was elected as Deputy Youth Mayor, he attends Outwood Post-16 Centre.



As Covid 19 restrictions are relaxed these young people will be attending a number of events across the District raising aspirations and celebrating the accomplishments of young people. There will also be a bi-annual newsletter produced by the Youth Mayor and the Member of Youth Parliament for Bassetlaw. A blog and updates will be posted on Facebook and on the District Council Website. If you have an event you would like to invite the Youth Mayor to attend

please email: youth.council@bassetlaw.gov.uk.

If you would like to get involved with the Youth Council please drop us an email or direct message us on the Bassetlaw Youth Council Facebook page:

<https://www.facebook.com/Bassetlawyouthcouncil>

Editor's note: BYC's next meeting will be on 13th May and will be a virtual meeting. See our community website's

Education & Training ► BDC Youth Council for details.

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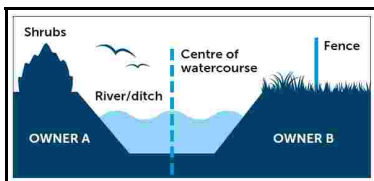
or www.goforgoachers.co.uk

Ask not what your country can do for you, but what you can do for your country.

John F. Kennedy (1917-1963) 35th US President

Notts County Council publishes flooding advice for property owners

Watercourses help manage surface water, prevent flooding and improve habitats for wildlife so it's important to keep them clear and well maintained. Rivers, brooks, streams, culverts and roadside ditches are all watercourses even if they don't contain water all year round. If you have any of these running through, underneath or next to your property it's your responsibility to look after them. The legal term for this is **Riparian Ownership**.



What are your rights and responsibilities as a riparian owner?

As a riparian owner you must:

- keep structures that you own, such as culverts and trash screen weirs, clear from debris.
- maintain the bed and banks of the watercourse, including shrubs and trees.
- clear away debris, even if it did not originate from your land.
- allow water to run through your section of the watercourse without any obstruction, pollution or diversion.
- not impact the rights of your downstream neighbour which in turn means that you will not be impacted by your upstream neighbour.

What are the common problems that can affect a watercourse?

- Installing culverts/pipes that are too small and create a blockage.
- Not keeping culverts/pipes/trash screens clear.
- Allowing silt to build up, which can reduce the capacity and block the watercourse.
- Failing to keep vegetation under control.
- Disposal of garden waste and domestic rubbish, either on the bank or within the watercourse.

What happens if I don't undertake my riparian responsibilities?

Nottinghamshire County Council will give you the opportunity to carry out any necessary work in a timely manner. If the work is not carried out, you could face legal action under the Land Drainage Act 1991. If a road floods because of an obstruction in a ditch, then the Highway Authority may take legal action requiring you to clear it.

Can I make changes to a watercourse?

Yes, however you must obtain the correct CONSENTS and/or PERMITS from the relevant authorities (see below) before carrying out changes to a watercourse. More information on how to submit an application can be found online at www.nottinghamshire.gov.uk/planning-andenvironment/flooding-help-andadvice/waterway-changes

Further information and contacts

There are a number of authorities and organisations that have statutory powers over the condition of, and work on, watercourses in Nottinghamshire.

Nottinghamshire County Council is responsible for the management of Flood Risk from surface water run-off from groundwater and smaller watercourses (known as Ordinary Watercourses).

As Lead Local Flood Authority (LLFA), the County Council has permissive powers and statutory duties to manage and co-ordinate local flood risk management activities in Nottinghamshire.

Contact flood.team@nottsc.gov.uk

or www.nottinghamshire.gov.uk or phone 0300 500 80 80.

The Environment Agency manages the risk of flooding from main rivers, reservoirs, estuaries and sea. Contact enquiries@environment-agency.gov.uk or telephone 03708 506 506.

Via East Midlands, wholly owned by Nottinghamshire County Council, manages the highway network. This includes gullies, bridges and culverts within the highway. This does not include roadside ditches as they are the responsibility of the adjacent riparian landowner. Visit www.nottinghamshire.gov.uk or telephone 0300 500 80 80

Internal Drainage Boards manage select watercourses and pumping stations in low lying fen and valley areas. Contact:

Trent Valley Internal Drainage Board

by email: info@tvidb.co.uk or telephone 01636 704371

Isle of Axholme and North Nottinghamshire Water Level Management Board email: enquiries@lmdb.co.uk

Seven Trent Water owns and maintains the public sewage system. Further information and contacts. Visit www.stwater.co.uk

For more information visit:

www.gov.uk/guidance/owning-a-watercourse

Editor's note: A riparian owner has responsibility from their property boundary to the centre of the watercourse, even if that seems to be outside of their property.

Clarborough & District W.I.

It's getting closer! That great day when we will be able to meet up again in person. We are hoping that we can get together for our Birthday meeting in June – even if it does have to be outdoors. This will be to celebrate our Diamond Jubilee and we are really looking forward to it.

In the meantime our members continue to enjoy our monthly zoom meetings and the free online talks and demonstrations organised by the County Federation. Now that the 'rule of six' applies outdoors our little walking group will be out and about in May. If you see us around please say 'Hello!' We are proud of our small team of crafters who have made almost 30 blankets for Heywood House Hospice in Nottingham.

If you would like to join in any of our activities please contact us using our email address clarbdiswi@hotmail.com or phone 01777 949 847



Lois Chell

How did days of the week get their names?

As the days pass, the cycle of the week shapes how we live our lives. Have you ever wondered, "Why is a week seven days long and where do the names of each day come from?"

The reason we organize our lives around a 7-day week is, quite literally, above our heads. Like many other calendars, today's Gregorian calendar is ultimately based on the phases of the Moon. It takes the Moon around 29.5 days to cycle through its phases. For everyday purposes, this is a fairly long and impractical time span, so it makes sense to break it down into smaller segments. The seven-day week originates from the calendar of the Babylonians who lived in Mesopotamia in what is now Iraq. They based it on an even earlier Sumerian calendar dated to 21st-century B.C.

Both of these ancient cultures occupied Mesopotamia (*between the rivers* in ancient Greek) referring to the Euphrates and Tigris rivers in present-day Iraq. Sumerian written records stretch back to at least the 27th century BC with Old Babylonian rule lasting 1894 BC – c.1595 BC.



[Above] Assyria subsequently ruled Mesopotamia – their last great king, Ashurbanipal (668-631 BC) here inspects booty and prisoners from Babylon, 645-640 BC.

Seven days corresponds to the time it takes for the moon to transition between each phase: full, waning half, new and waxing half. Because the moon cycle is 29.53 days long, the Babylonians would insert one or two days into the final week of each month – a pattern we still see today.

From Sumerian through Babylonian and thence Greek and Roman phases the division of time was based on observations of the sky and particularly the planets' (and Moon) behaviour. The Babylonians named the days after the five planetary bodies known to them (Jupiter, Venus, Saturn, Mercury & Mars) and after the Sun and Moon. This custom was later adopted by the Romans and was formalised by Emperor Constantine in 321 AD who designated Sunday and Monday as the first two days of the week; names that we still use today.

Our other weekday names are derived from Anglo-Saxon names for gods in Teutonic mythology. Tuesday from Tiu, or Tiw, the Anglo-Saxon name for Tyr, the Norse god of war. Tyr was one of the sons of Odin, or Woden, the supreme deity after whom Wednesday is named. Similarly, Thursday originates from Thor, the god of thunder. Friday is derived from Frigga, the wife of Odin, representing love and beauty. Saturday comes from Saturn, the ancient Roman god of fun and feasting.

Editor

V-Force memorial planning

The charity responsible for safeguarding the iconic Vulcan V-bomber, XH558, is planning to build a national memorial to honour the men and women of the Royal Air Force's V-force squadrons who served the nation during the Cold War. The memorial will take pride of place outside The Vulcan Experience at Doncaster Sheffield Airport (formerly RAF Finningley, a V-Force station).



Dr Robert Fleming, late chief executive of The Vulcan to the Sky charity (VTST) said: "We believe that the country risks forgetting that if those V-bomber aircrews had had to carry out their orders to drop their retaliatory nuclear payloads on the Soviet Union, there would have been in all probability nothing to return to in the UK. It is surely justified to build a National V-Force Memorial to honour their service.

We are currently raising funds to build The Vulcan Experience, a dedicated new home at Doncaster Sheffield Airport that will embody our guiding principles - to honour those who served us in the past and to inspire future generations to help maintain the United Kingdom's historic role at the forefront of innovation in aviation."

The V-bombers were the Royal Air Force's offensive aircraft during the 1950s and 1960s that comprised the United Kingdom's contribution to the NATO strategic nuclear deterrent, known officially as the V-force. The three models of strategic bomber, known collectively as the V-bombers, were the Vickers Valiant, which first flew in 1951 and entered service in 1955; the Avro Vulcan, which first flew in 1952 and entered service in 1956; and the Handley Page Victor, which first flew in 1952 and entered service in 1957. The V-Bomber force reached its peak in June 1964 with 50 Valiants, 70 Vulcans and 39 Victors in service. At the height of the Cold War, the RAF and by extension the V-Force aircraft and crews were on 24-hour readiness, with the legendary Quick Reaction Alert scrambles that were practised week-in, week-out.

Robert added: "Uniquely, all three aircraft types were stationed at different times at RAF Finningley, making the site, *The Home of the V-Force*, the most appropriate location for the National V-Force Memorial."

Editor's note: It is with great sadness that we received word of Robert Fleming's passing on 2nd February. For details and contacts to offer your support to this V-Force Memorial project, go to your community website : **Local History ► Vulcan to the Sky**

Retford Ramblers are getting out-and-about again!

Retford Ramblers resumed their Sunday walks on 18th April. All walks commence at 09:30 from Chapelgate Car Park in Retford. Due to Covid uncertainty, we are issuing short programmes and walking locally.

At the time of writing our May-June programme was still being confirmed, so please contact Retford Ramblers Secretary Mike on 01427 880 984 for latest news.

Building Better Opportunities Programme Towards Work updates



We are still accepting referrals especially in the Bassetlaw area. Should you want any further information contact Amy Pyott, Work Coach for Bassetlaw: Tel: 07850 503 174 or Email: amy.pyott@groundworknottingham.org.uk

Kickstart

In amongst the many Governmental updates we have seen recently, you may have noticed talk of the new "Kickstart" scheme. This scheme aims to create employment opportunities for young people through the creation of new, funded roles. Alongside the roles the young people must also be offered Training and IAG (Information, Advice & Guidance) support to help them become less likely to be unemployed in future.

We're delighted that we have been accepted as a Gateway organisation, which allows us to broker opportunities with and for employers who would like to create a Kickstart vacancy. As a part of Groundwork's offer we would like to make it as easy as possible for the employer to create and fill their Kickstart vacancies, so will provide support through this part of the process, and we are then able to offer further training, support and IAG to the kickstart employees during their employment, so it is easier for their employer to fulfil the Kickstart requirements.

We feel that this is a great opportunity to both support young people into employment, and build capacity for employers in the Pandemic recovery period, and we would like to make sure that we're letting people know how we can help. Please contact Rish Mills should you need any further information: Mobile: 0777 153 8025 E-Mail: rish.mills@groundworknottingham.org.uk

Green Doctor

It's hard financially when it's the winter months. Having small children as well, it's important to keep warm. The Green Doctors came and showed me how to save energy, apply for grants and put reflective panels behind the radiators, which helped a lot."

Groundwork's Green Doctors help households stay warm, stay well, save money on their household bills and reduce carbon. Our aim is to support the people who most need our support and our staff are as good with people as they are with technical knowhow.

These are some of the free services we offer when someone signs up for a Green Doctor consultation:

- Identifying causes of heat loss in the home
- Helping identify and tackle damp or mould problems
- Offering useful tips for saving energy and water whilst ensuring your home stays safe and comfortable
- Installing small energy and water efficiency measures, such as draft excluders
- Supporting you to switch energy providers to save money
- Supporting you to access other support, such as emergency heating, government subsidies or grants, advice on energy or water debt.

- To refer someone else or self-refer you can use our online form: <https://www.groundwork.org.uk/hubs/eastmidlands/projects/green-doctor-2/> or call our **Green Doctor Mike** on 07771 362 853 <https://www.facebook.com/GreenDoctorNottingham>

Can I drop my guard after one Covid jab or even two?

The short answer is No!

With the UK vaccination programme now well into it's wider coverage, the thought that 'Now I'm protected' might be an expected response but that just isn't true. Firstly, a contact at Imperial College London noted that 'you can't remotely modify your behaviour until well after your second dose.'

It takes at least two or three weeks after your first vaccination for protection to start so during that period you remain vulnerable. This is particularly the case if you are likely to meet anyone already carrying the virus – something that has been very likely in the UK over the past year.

Another factor that we all need to consider is that even though we may have gained immunity from vaccination, it is still possible for us to carry the virus – if we then infect someone else that could start a chain of infection that leads to many deaths over the coming months.

So, when will life get back to normal? Current predictions point to this being in a time frame of years! To get the virus really under control we need to see a very high proportion of the world's population vaccinated – something that currently seems a real challenge. We are part of a global economy and travel network, so viruses can arrive here by a multitude of routes and mechanisms.

Add to that the possibility of new strains appearing and we can see why Government has recently suggested that booster jabs may well be available from early Autumn. Fortunately the vaccine production industry has evolved dramatically; what used to take years has been condensed into months to produce the current batches of vaccines and is likely to continue like this as new strains appear.

Editor

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vkwilson1@yahoo.co.uk



Welcome Retford Musical Theatre Company!



In 2020, Retford Amateur Operatic Society (RAOS) celebrated its 100th anniversary. The society had many big plans for the year, but sadly, it was not to be and for the first time since the second World War, society performances and events were brought to a standstill, just like so much around the world over this past year.

However, the show will go on. The society is determined that it will, once again, produce quality entertainment for Retford. Whilst theatres have been dark and rehearsals have not been able to happen, RAOS has taken the opportunity to rebuild and rebrand. The Retford Operatic Society is now named RETFORD MUSICAL THEATRE COMPANY or RMTC for short.

The members of RMTC are proud of the traditions and success of the society over the last 100 years and wish this to continue. It was felt that as musical theatre rather than opera is what we do, that a new name would better reflect us.



We are thrilled to be able to announce the support of our patron and Artistic Director, Mark Hedges. Mark is from the Retford area and was instrumental in the opening of our youth group, *The MOB*. Mark is a professional in the theatre industry. He has performed, choreographed and directed in numerous professional shows in the West End and

on tour, and most recently been the Resident Director at *Phantom of the Opera*, Her Majesty's Theatre, London and Children's Director on *Les Miserables*, London and UK Tour.

Retford Musical Theatre Company is planning to produce its pantomime in December at the Little Theatre. The pantomime has been especially written for us by one of our alumni Matthew Siveter, who is an actor and musical performer in the theatre industry and is himself, amongst other things, a professional dame!

We cannot wait to start treading the boards again. If you would like to join us, please do contact us and you will be sure of a warm welcome! Email:

raos2017@outlook.com or visit our social media.

If you would rather sit back and enjoy the performance, please keep an eye out for further information. You can find us on Facebook, Instagram and Twitter.

We hope we can entertain Retford in our beautiful theatres for another 100 years and look forward to seeing you soon!



Vanessa Smith
Chairman Retford Musical Theatre Company

Darkness cannot drive out darkness: only light can do that. Hate cannot drive out hate: only love can do that.

Martin Luther King Jr (1929-1968)



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Regular readers of our Newsletters will be aware that our local PCSO Dave Airey advises that his personal contact number should only be used for non-urgent advice, not for reporting activities or events that should receive an 'official' police response – criminal behaviour.

To quote from Dave's recent online Report:

There has generally been a reduction in the reporting of crimes of interest, across the areas I cover, to our control room. This is likely to have been assisted from the messages given in the Governments briefings, in the pandemic situation we are in, with instructions to stay at home and restrictions on personal movement and travel. Please continue to report crime - and incidents - through to our control room on 101, or 999 as appropriate. Even in these most difficult of times, where possible, reported crimes will be dealt with in the same way as they have always been recorded, and dealt with. Please remain aware of any suspicious persons, vehicles and activity in the area and continue to report such instances through to our control room, as normal.



To quote Paddy Tipping, Nottinghamshire Police & Crime Commissioner's March newsletter, *'Your priorities are my priorities. Every year, people tell me they want more and I am immensely proud to have delivered. Our frontline has grown by 260 officers over the past two years alone and another 100 are on the way. These extra resources have helped put Nottinghamshire in an enviable position – as one of the best-performing forces in the country when it comes to cutting crime.'*

Dog Control Orders

In June 2021 there is the triennial (three yearly) review of Dog Control Orders by Bassetlaw District Council. These orders designate areas throughout the District where dogs are controlled by law. There are two categories of Dog Control Order:

- Dogs Banned – these usually apply to children play areas
- Dogs on a Lead – where it may be inappropriate or related to health and safety for a dog not to be on a lead.

We have in, the Parish, three dog control areas:

- St. John the Baptist Church Yard; *Dogs on a Lead;*
- Children's Play Area behind the Village Hall; *Dogs Banned;*
- Children's Play Area off Smeath Lane – this is the hard standing area where the current Basket Ball/Netball ring is located and the Skateboard Ramps used to be; *Dogs Banned.*

For practical reasons the Parish Council have asked that the two dog bans on the play areas be lifted. This is mainly because parents are already ignoring the bans when taking young children to the Play area behind the Village Hall despite notices over many years asking for the ban to be respected. We are asking that these bans be replaced by a Dogs on Lead order in the hope that parents will respect this.

However, it is with regret, that the Parish Council have also asked for extensions to the Dogs on Lead Orders affecting: Children's Play Area behind the Village Hall – *proposed Dogs on Lead Order to be extended to the whole of the Play Area including the car park, the playing field and the football pitch.*

Children's Play Area off Smeath Lane – *proposed Dogs on Lead Order to be extended to the whole of the Parish Pasture.*

It is regrettable that this has had to be requested but, despite numerous articles in this Village Newsletter and posters displayed on the Playing Field and the Parish Pasture, there are still a number of dog owners who continue to allow their dogs to foul the Parish Pasture and the Playing Field. This is inconsiderate to other users of these areas and to the volunteers who work on them. Over 20 piles of dog faeces were found, and marked, on the Pasture on one day in the middle of March. This is disgusting! There are many dog bins and normal rubbish bins around the Parish for owners to use.

Without any Dog Control Orders it is still illegal to allow your dog to foul in an open public space and fines can still be applied in any public place but, by having an Order in place, it allows the Parish Council to ask for an occasional 'dog patrol' in the Parish. If caught allowing dogs to foul in the Parish the owner can then be issued with an 'on-the-spot' fine by the officer patrolling!

Please do as you should as an owner and avoid the need for this! ***Please always pick up after your dog!***

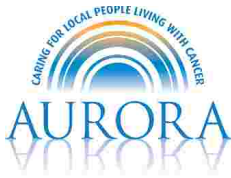
Clarborough & Welham Parish Council

Editor's note: The following note was received recently regarding dogs in our church yard. *"One or two people are allowing dogs to run through the graveyard at church. These dogs are fouling the graves and the owners are not cleaning up. The bereaved are finding this very upsetting. Most people are sensible and clean up after their dogs but we would remind owners they are allowed to walk through the churchyard only if dogs are kept on a lead."*

Contributor's name provided

The greatest glory in living lies not in never falling, but in rising every time we fall.

Nelson Mandela (1918-1999)



Aurora Wellbeing Centres Bassetlaw

Ongoing support for cancer patients in Bassetlaw - As we come out of our third national lockdown,

having survived the dark winter months, it's not hard to appreciate what an incredibly difficult time this continues to be for many local people.

Not seeing loved ones, increased financial worries and mental health issues may all prove to have a considerable impact on our general wellbeing, and are just a few of the realities that people are facing. For some, including people with long term health conditions and those diagnosed with cancer, the challenges are even greater.

Aurora continues to provide vital support to people affected by cancer across Bassetlaw. Wellbeing practitioners understand the impact that coronavirus is having and services have been adapted to ensure Aurora can continue to provide information, help and advice, wherever and however the restrictions allow.

Hearing the news that you have cancer, and the realities of being alone while attending hospital appointments and receiving treatments are traumatic. Not having people close by for help and support, or simply to offer a listening ear can be equally as stressful.

Aurora services include emotional support and counselling, support groups and befriending, also a personalised exercise programme and yoga therapy. Aurora offers a listening ear at the end of the phone, along with practical advice and signposting to other local services - the aim to reduce stress and anxiety for cancer patients and their families.

Anyone that needs help and support should contact Aurora on 01909 470 985 weekdays 10:00 to 16:00.

The Heritage and Health Project at the Old Library Building continues at pace and we hope to re-open to the public in September. Heritage plays a significant role in society, enhancing our wellbeing and quality of life, improving the way places are perceived, and engaging the general public. The Old Library and Museum is a much-loved local building and is associated with many fond memories. Its regeneration will restore its role in the heart of the community and safeguard its future. The new 'heritage hub' will tell the story of Worksop and the Old Library and Museum with physical displays, including Worksop's Arundel Marble, mini exhibitions and a virtual museum. We are encouraging the people of Bassetlaw to get involved in the activities, share their own memories and photographs of Worksop and the Old Library and Museum building and enjoy the buildings transformation. Keep up to date with the latest project developments on Facebook 'Heritage and Health at Aurora'; Twitter @HeritageAurora; Instagram @Heritageataurora

Valeries Tearooms and charity shop – has re-located to the former Dukeries Tea Rooms on Bridge Street in Worksop and is open daily from Monday to Saturday 10:00 – 14:00. We are operating a take-away service at the moment providing delicious homemade cakes as well as a selection of sandwiches, jacket potatoes and drinks but if government restrictions continue to ease we will be able to open fully in May. The charity shop is open for business

now and has quality used items for you to browse at very reasonable prices.



[Above] The photo shows the new entry way to Valeries Tearooms and the iconic art deco stained glass centre piece which is being lovingly restored.

Aurora beauty therapy continues to deliver services to the general public including massage, gel nails, waxing and tinting. Again, we have temporarily re-located to Sparkles Beauty which is on Kilton Road in Worksop where there is parking available for customers use. Please call Alli on 07503 612 084 to book an appointment or for more information.

Aurora is a local charity and like many other charities has continued to offer support to the local community throughout the coronavirus pandemic. If you would like to support the work we do locally you can donate to Aurora, please follow the link <https://localgiving.org/charity/aurorawellbeingcentres/>

Aurora Wellbeing Centre Bassetlaw

Telephone service is open Monday to Friday, 10.00 to 16:00 on 01909 470 985

or email admin@aurorawellbeing.org.uk

TWITTER @AuroraCentres

FACEBOOK @AuroraWellbeingCentreBassetlaw

Website & Newsletter:

www.aurorawellbeing.org.uk/worksop

Two things are infinite: the universe and human stupidity; and I'm not sure about the universe.

Albert Einstein (1879-1955)



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The Idle Valley Nature Reserve lies in the heart of the Idle Valley floodplain and is the largest site in our care – covering 357ha. The Valley was once rich in flocks of swans and waders, there were booming bitterns and a river full of fish, eels and abundant invertebrates attracting otters and water voles. Sadly, remaining habitats are hugely fragmented but as well as caring for the nature reserve we are working with partners to restore this extensive and exciting floodplain landscape.

Recognised as one of the key species to increase biodiversity, we are planning to re-introduce beavers to the Idle Valley Nature Reserve. Beavers are recognised as nature's finest 'wetland engineers', driven by instinct and the relentless desire to create ideal breeding and feeding grounds. As they dig and dam areas, the beavers will be helping restore the delicate balance of wetland life for many plant and animal species.

Reintroducing beavers will unlock the power of nature and their efforts will help free up staff time managing scrub and together with grazing livestock, they will improve habitat and biodiversity within the reserve. This in turn will be a step toward mitigating the effects of climate change that are looming ever larger.

Reintroducing beavers back into Nottinghamshire after a 400-year absence will unlock the power of nature. This is why we need your help raising £250,000 to bring them back to Idle Valley Nature Reserve.

Aside from the generous backing of Severn Trent Water, through the Great Big Nature Boost, we also need the public's help now more than ever to not only bring back beavers, but also help to speed up vital habitat restoration work at Idle Valley Nature Reserve.

For much more on this exciting project, go to our community website and click on the **beaver** on the homepage.

Muddy Fork on your bike

Muddy Fork, Retford's 'Gardening for Wellbeing' mental health project based at the Idle Valley Nature Reserve, now has wheels! We are delighted to be launching a new undertaking in partnership with Retford's Bike Pedlars. As lockdown restrictions ease, Muddy Fork is welcoming new participants, making significant improvements to the garden infrastructure with the help of charitable grants, and of course, getting on with sowing as the growing season takes off. The bike project however is an exciting new development.

Bike Pedlars have previously supported Muddy Fork in other ways, but this is the start of an ongoing relationship which will enable a new kind of wellbeing project to be offered to the local community. As from round about **NOW** (do check for details) Bike Pedlars mechanics will be in attendance at the Muddy Fork garden on Tuesday



afternoons from 13:00, providing **free** bike maintenance workshops. Funding is being provided by Cycle UK and other national bodies. Anyone over 18 who is struggling with stress, anxiety, depression and who likes bikes is invited to 'Get on the Wellbeing Cycle'. The natural setting, and opportunities to meet other bike enthusiasts and get involved in something positive will all contribute to lifting the mood. All are welcome to drop in and see what's going on - bring your own bike for an MOT, or advice on maintenance, or just come and join in.



For more information, email enquiries@muddyfork.org or leave a message on 01777 567 005. To make a new referral to the gardening project, email trustee@muddyfork.org. The Muddy Fork website www.muddyfork.org has further details, including on what's currently available from the Muddy Fork pantry, or how to make a donation. We continue to be hugely grateful for the wonderful local support we receive, and hope that as life resumes we shall be able to welcome more people back into the garden.

Call Connecting Services rip-offs

Watch out for telephone numbers starting with 09 – these are premium-rate services and cost around £3.60 per minute! Recent research has shown that first-up Google searches for your customer service number is often just such a 'service' – they do connect you to your required provider but at the above rate plus your usual network providers access charge! If you need to contact the likes of your insurers, utilities, etc. make sure you use their official numbers as shown in their documentation.

Editor

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Clarborough & Welham IT Group classes restarting

Clarborough & Welham IT Group is hoping to restart Windows 10-based computer classes from 22nd June, 2021.

This is, of course, dependent on the final stage of the current Covid-19 **Road Map** which is due to be reached on 21st June. Lessons will resume in our usual location in Clarborough Village Hall at our traditional times of either 13:30 on Tuesdays or 10:00 on Wednesdays and fees also remain the same at £20 for a full five-week programme on either of the above days.

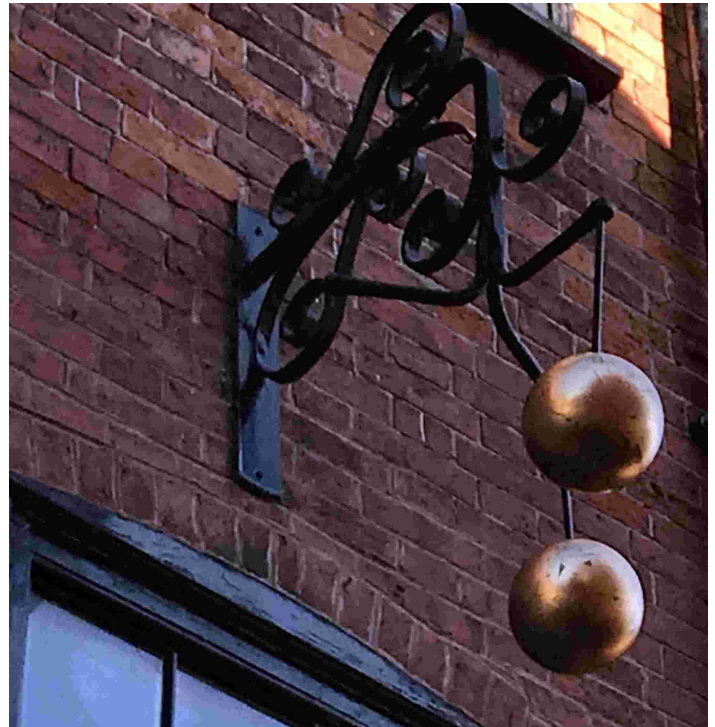
If you'd like to book your place, get in touch with Greg on either 01777 700 918 or email clarboroughwelham@gmail.com

To keep up-to-date on the latest IT Group news (and other local info too) go to our community website (www.clarborough-welham.org.uk) and then the **Local Groups** section.

Greg Herdman

More on the tale of a Golden Ball

Readers of *Retford Life* will have read about Retford Civic Society's thanks to Retford citizens who found and returned the missing golden pawnbroker's ball but do you know about the origins of this symbol? Read on!



The pawnbrokers' symbol is three spheres suspended from a bar. The three sphere symbol may be indirectly attributed to the Medici family of Florence, Italy, owing to its symbolic meaning in heraldry. This refers to the Italian region of Lombardy, where pawn shop banking originated under the name *Lombard banking*. It has been conjectured that the golden spheres were originally three flat yellow effigies of bezants, or gold coins, which originated in Byzantium. Laid heraldically upon a sable field, they were converted into spheres to better attract attention.

Most European towns called the pawn shop the *Lombard*. According to legend, a Medici employed by Charlemagne slew a giant using three bags of rocks. The three-ball symbol became the family crest. Since the Medicis were so successful in the financial, banking, and money lending industries, other families also adopted the symbol. Throughout the Middle Ages, coats of arms bore three balls, orbs, plates, discs, coins and more as symbols of monetary success.

Lombard Street in London was the city's primary banking and money lending centre after a plot of land was granted by King Edward I (1272–1307) for goldsmiths from the part of northern Italy known as Lombardy.

Also, Saint Nicholas is the patron saint of pawnbrokers. The symbol has also been attributed to the story of Nicholas giving a poor man's three daughters each a bag of gold so they could get married.

Editor

Sailing is Back

When outdoor sport resumed in April members of Daneshill Sailing Club were delighted to be able to return to sailing after the long closure due to Covid. Getting out on the water was exhilarating after being stuck at home for so long.



The Club is keen to attract new members. So if you have sailed before why not come and see what we have on

offer. You don't need your own boat. We have four GP14's, three Picos and 6 Toppers which members can use. We meet at Daneshill Lakes between Torworth and Lound every Sunday between 11:00 and 16:00..

Bruce Barnett

Daneshill Sailing Club 01777 704 154

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michaelcarnall@yahoo.co.uk



Please note that our Post Office will only be open on Monday mornings until the Covid crisis allows otherwise.

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Guess who!

Every month we are recognising people from the village who have been absolute stars throughout the past year.



With some help from the village, Brenda Heathershaw's name came up lots so we presented her with some gifts from Team SPAR for her hard work and caring.

Lucy Rose

Are you fed-up with doing the same old walks?

Then www.walkinginengland.co.uk/notts is the website for you!

With hundreds of walks to download and print, free, it also has books of walks, contact details for all the walking groups in the county and much more. Whether you want to walk on your own or with a group all the information is there in one place.

John said 'There is so much walking information on the web but it is difficult to find. Walking in Nottinghamshire (part of the Walking in England suite of websites www.walkinginengland.co.uk – one for each county in England) has brought it together in one place so whether you are walking from home, or away on holiday, you will be able to find a walk suitable for you'.

With walks from half a mile to twelve miles plus long, and a note of suitability for pushchairs and wheelchairs, everyone can find a walk to enjoy.

So home or away, check out the websites and get walking!

John Harris

email: john@walkinginengland.co.uk

Asylum seekers update

As a result of the article in your Spring 2021 issue I have received several offers of assistance from your readers, allowing me to pass on various gifts of bicycles, vacuum cleaners, towels and bedding to refugees in real need. Could I take this chance to thank your readership. If any

other readers have suitable unused items, I would still be happy to collect and pass on.

Graeme Law

graeme.law@me.com Mobile 07934 766 326

Home 01777 706 880

Retford Railway Station updates

Work has now started on the project to install a lift and covered walkway between platforms 1 and 3. The anticipated completion date is July, 2021.

Progress is being made in obtaining official recognition by LNER of Friends of Retford Station and this will hopefully be completed in the next few months.

The question of the *Changing Places* toilet at Retford railway station has also been raised. This is positively viewed by LNER but is subject to internal funding constraints where Retford is in competition with other stations on the ECML.

Idle Valley Reserve café reopens

Following the relaxation of lockdown restrictions Nottinghamshire Wildlife Trust has restored 7-day-a-week opening of its café at Idle Valley Nature Reserve for the first time since March last year. The café, situated off North Road, Retford, will offer take-away food and drink between 10:00 and 15:00 each day.

Considerate parking is in everyone's interest

Regular readers will recall an article some time ago advising car owners of the need to park 'considerately'. That article was based on police advice that it is vital that anyone parking on the road must leave sufficient space for emergency vehicles – and that could mean the HGV-sized fire service vehicles – to get through in an emergency. That article went on to explain that in a real emergency such vehicles would force their way through and that any damage done to private vehicles would probably not be covered by owner's insurance.

Parish Council have received a number of requests more recently to advise owners to be thoughtful when parking their vehicles to ensure that neighbouring owners are not inconvenienced or even prevented from accessing their own property.



The Hub Retford

After such a long, dreary time, Spring has come and everything is beginning to open up – and that includes The Hub. We are very pleased that we were able to welcome customers back from Monday 12th April. The Hub is now open from 10:00 till 16:00 every day except Tuesday afternoons and Sundays.

As before, we have local arts and crafts, and produce such as honey and preserves, and visitor information, and it's just the place to find that different, original gift. We look forward to seeing you!

Noticeboard

Clarborough & Welham Parish Council Meetings

3rd May
28th June
26th July
6th September

Meetings open 19:00 in Clarborough Village Hall **but** during Covid-19 are Zoom meetings; see Agendas on community website's **Parish Council ► Meeting Dates & Agendas** page for links to these virtual meetings.

Agendas are always posted at least a week in advance on notice boards and on our community website where you will also find approved Minutes and meeting dates through to January, 2022.



For all employment support see
our community website's
Employment pages



Bassetlaw Health Bus is a new mobile consulting room
for local surgeries. See our community website for
more on this exciting development.



See community website's **Elected Reps.** page for contacts
for your Councillors and MP



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See community website's homepage

**Clarborough & Welham
Community**

Go to our community website for the latest on everything!

Newsletter deadlines 2021
26th July (Autumn issue)
25th October (Winter issue)



Food Bank shortages?
See community website

**Retford Charter Day is cancelled
for the first time in 26 years!**

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This size	£25.00

Contact Greg (01777) 700 918 or
clarboroughwelham@gmail.com
Yet again, our greatest thanks go to our
tireless (!) team of volunteer distributors.

Community website: www.clarborough-welham.org.uk