

Clarborough & Welham

Newsletter

Quarterly: Autumn 2021

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Material published in this Newsletter does not necessarily represent opinions of the Editor. Material submitted without full contact details will not be published. All publication decisions remain the responsibility of the Editor alone.

Our community website: www.clarborough-welham.org.uk

It's all happening again in Clarborough & Welham!

Clarborough & Welham IT Group, based in Clarborough Village Hall (DN22 9LN), provides Windows 10-based learning and support through 30-weeks per year (in 'normal' times!) and has been doing so for more than 15 years. With Windows 10 laptops for class members who haven't got a laptop plus free wi-fi in Clarborough Village Hall, classes usually make use of, and give tuition in, effective and efficient use of internet resources.

For more on the IT Group and what it has to offer plus contact details see page 13.

Our IT Group is a key focus for other community resources in that we manage Clarborough & Welham Community website (see below), now one of the major information sources in the area – currently serving visitors some 15,000 pages per month!

We also publish Clarborough & Welham Community Newsletter, a quarterly, full-colour glossy 24-page publication distributed free to every household in our community and also a wide range of outlets in Retford and Worksop. Grateful thanks to Clarborough & Welham Parish Council for their financial support. We are also grateful to BCVS who incorporate our Newsletter in their weekly Bulletins which go to some 1300 outlets across Nottinghamshire, North Derbyshire and even a few into South Yorkshire.

Our IT Group is also a key player in Clarborough & District Community Association (CDCA) which manage Clarborough Village Hall. Having recently re-opened after the Covid-19 lockdowns, our village hall now has regular groups returning to our weekly programmes with more soon to follow.

To explore all of the above visit our community website www.clarborough-welham.org.uk where you will find details of our IT Group within the **Local Groups** section.

Current and back issues of our community **Newsletter** have their own website section as also does **Village Hall CDCA**.

Editor

Clarborough Post Office

Opening hours:

Monday:	09:00-12:30	
Tuesdays:	09:00-12:30	
Wednesdays:	Closed	All usual
Thursdays:	09:00-12:30	main P.O.
Fridays:	09:00-12:30	services

Halford Room, Clarborough Village Hall

Main Street, Clarborough, Retford, DN22 9LN

If you have any queries, do not hesitate to contact:

Michael C. Carnall 07836 375 808 / 01427 884 469

michaelcarnall@yahoo.co.uk

Please note that the above hours will come into effect in mid-September with August opening depending on demand.



High streets across north Nottinghamshire are being transformed by eye-catching street decorations to encourage people to eat and shop locally as Covid restrictions ease.

The initiative, which is being delivered by North Notts BID (Business Improvement District) in partnership with leading supplier of placemaking decorations *City Dressing*, includes the rollout of artistic pop-up installations and vibrant seating areas across town centres in Retford and Worksop.

Along Carolgate in Retford, two new seating areas have been adorned with planters and cycle-themed decorations



are soon to be suspended above the high street. These will pay homage to the town's cycle shops, Retford and District Wheelers Cycling Club and highlight the town's enthusiasm for cycling over time – shown through the support for the Tour of Britain when it visited Retford in 2018.

The town centre's large bus shelter – better known as 'the mushroom' – has also undergone a transformation after being covered in decorative flowers.

Sally Gillborn, chief executive of North Notts BID, said: "We're delighted to have introduced these fun street dressings to public hotspots across North Nottinghamshire and we hope they will help the district to feel reinvigorated after a difficult year by encouraging people to return to the high street in support of local businesses."

Kiersten Ward, project manager at City Dressing, said: "We



loved helping North Notts BID to dress up Retford and Worksop's high streets, tying in each town's history to create fun and exciting street decorations.

"We pride ourselves on bringing social value to

communities across the country - something that has never been more important after the past year - and what better way to facilitate this than by creating these fantastic installations for local people to enjoy with their friends and family."

For more information on North Notts BID, visit : www.northnottsbid.co.uk/

Retford Heritage Open Day 11th September 10:00 – 16:00



Have you ever wondered what is hidden behind the scenes at some of Retford's beautiful and intriguing heritage sites? Heritage Open Day is the perfect opportunity to learn more about the places that have fascinating links to the past, as they open for the day to the public.

Retford Heritage Open Day is part of a country wide event run by the National Trust. This year, the theme is **Edible England!**

Many heritage venues have already signed up: Bassetlaw Museum and Pilgrims Gallery, Retford Library, the Chesterfield Canal Trust, the Majestic Theatre, Grove Street Methodist Church, The Time Machine, Trinity Hospital, The Masonic Hall, St Swithuns and St Michaels churches.



Events at each venue differ but range from a Roman banquet set up, canal boat tours and school dinners! There will also be performances from the Retford Community Singers and a vintage bus will be giving tours. Last year, due to COVID, the festival went online with a variety of videos, showcasing many sites. Check out Retford Heritage Open Day on Facebook or Bassetlaw Museum's Youtube channel.

This year local businesses are being encouraged to be involved. The Old Police Station will be doing cooking demos, a hog roast and a 'Taste of Britain' taster menu and

in Grove Street Methodist Church (Albert Hall), there will be a small market.



Retford Heritage Open Day is working closely with North Notts Lit Fest to create some crossover events in the week following when Lit Fest is running, including a talk by Chris Sidwell on Sporting Great Tom

Simpson, The cycling legend.

There will also be Heritage Cafes at Retford and Worksop libraries.

The Civic Society, with Bassetlaw Museum, have organised Retford's Heritage Open Day for many years. If you wish to be involved or require more information, please contact Retford Civic Society or

laura.sercombe@bassetlaw.gov.org.uk



PILGRIM ROOTS

Bassetlaw Self-help Groups and Contacts

Bassetlaw Action Centre in co-operation with local NHS sources has just published a huge spreadsheet poster listing contacts for more than 100 local and national organisations ranging from Bereavement, Carers, Disability, Health, Mental Health, Parents & Family, and Social Support.

This is far too big a chart to include in this Newsletter so go to our community website's home page where the full poster can be accessed.







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Parish Flooding Updates

Progress

Leaky dams, new ponds, bunds and tree planting are all in place or planned for construction thanks to the natural flood management initiative by the Nottinghamshire County Council. You can see a number of these from the road's edge as you walk from the turn into Millpledge and onto Cherry Holt. There are more dams and ponds all the way up the watercourse to the Leverton Road. These all work to slow the rate at which flood water reaches Howbeck in Church Lane and downstream. Some works will also protect parts of Welham in the same way.

Information from NCC which explains the responsibilities of riparian owners has been placed on the community website and appeared in full in the last edition of this newsletter.

Engineered scheme

There has been no information from NCC about progress in development of the scheme to divert flood waters from Church Lane and Main Street, Clarborough away from the course of Howbeck through the village and, using a culvert, to the flood plain on the opposite side of the canal.

The Parish Council will continue to seek progress on this scheme.

Andrew Avery

**Tell me and I forget. Teach me and I remember.
Involve me and I learn.**

Benjamin Franklin (1706-1790)

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I look forward to welcoming you!

Join the country's biggest canal walkfest

The third Chesterfield Canal Walking Festival will run from 11th to 19th September. It is believed to be the biggest such event based on a single canal in the country.

Altogether there are 42 guided walks of various types and lengths. They vary from a one mile stroll to a full twenty miles. They are spread all the way along the canal's 46 miles from Chesterfield to West Stockwith on the River Trent. Much of the scenery is beautiful, none more so than the Giant's Staircase of 23 locks in just over a mile



between Kiveton and Shireoaks that features in several of the walks.

The Festival is organised by the Chesterfield Canal Trust, whose Walks Officer, David Blackburn, said: "After last year's cancellation, we are delighted to be back. The canal is an absolute delight at any time of year, but early Autumn possibly sees it at its best."

There are special interest walks, such as Wildlife, History, Architecture and Restoration. There are opportunities to explore some of the attractive towns and villages in North Nottinghamshire or you can combine a walk with a cruise on one of the Trust's trip boats. If you have never heard of Geocaching, you will have the chance to discover its delights whilst enjoying the canal.

New this year is the opportunity to tow the Trust's 70' Cuckoo boat and there is even a cycle ride with a difference. Waterway and railway buffs will relish the opportunity of a canal and river walk finishing up with a guided tour of Britain's last surviving working Railway Roundhouse at Barrow Hill.

Serious walkers will no doubt want to join the 20 mile jaunt from Chesterfield to Worksop. This covers the 12 miles of canal that has been restored since 1989 and the 8 miles that is still to be re-awakened.

All the walks are free except for those combined with a boat. They must be booked in advance, either online via the Trust's website – search for Chesterfield Canal Trust – or by ringing 01246 477 569. A brochure with full details is available at various places along the



canal, including Hollingwood Hub and local Tourist Information Centres. It is also available online.

Obviously all the walks will be subject to the latest Covid advice, so participants should come prepared with a face covering, even if it will not actually be required.

The Chesterfield Canal Trust wishes to thank all the walk leaders, the many organisations which have helped and the Festival's sponsors: the Canal & River Trust, Avant Homes, Derbyshire County Council Action Grants and Eckington, Misterton and West Stockwith Parish Councils.

Chesterfield Canal cruises are back!

With the scrapping of social distancing rules, the Chesterfield Canal Trust will be getting its fleet of four tripboats back into action.

First in line will be Madeline running trips from Hollingwood Hub in Staveley on Saturday 24th July. This will be followed by John Varley II at Tapton Lock in Chesterfield on Sunday 25th July.

Sunday will also see Hugh Henshall cruising from the Lock Keeper pub in Worksop and Seth Ellis hosting Pirate trips in Retford.

The Trust has a host of cruises lined up running from 20 minute taster trips to 6 hour cruises. Cake & Cruise – no problem. Strawberry Cream Tea cruise – of course.

Altogether there are 17 different types and lengths of trips running from 8 different venues. Prices vary from £2 to



£22. To see the full list go to the Trust's website – search for **Chesterfield Canal Trust**.

Besides all this, it is possible to charter any of the boats for £60 an hour for up to 12 passengers.

Sarah Stephens, the Trustee in charge of tripboats, said: "We have been running a few charter cruises with very strict Covid rules since May, but now our crews are delighted to be able to get back to our regular public trips."

All the boats will still be taking precautions such as proper cleaning regimes, hand sanitising and good ventilation. The wearing of masks will be welcome.

If you tell the truth you don't have to remember anything.

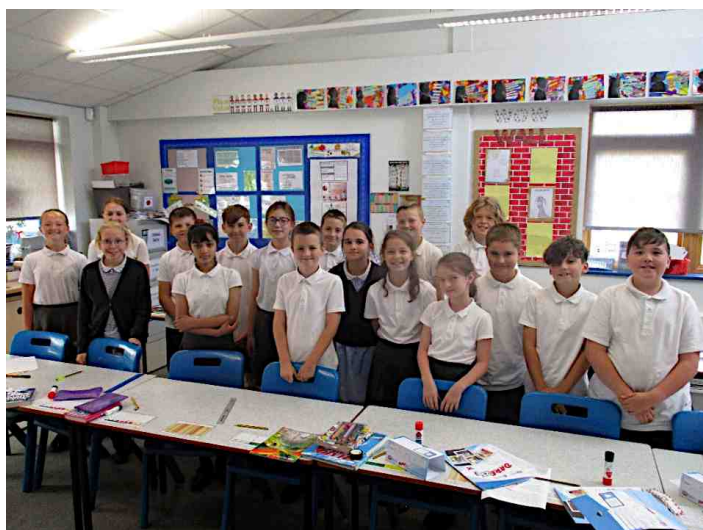
Mark Twain (1835-1910)

2021 has certainly been an extraordinary year for everyone. Team Clarborough have ensured

A large group of children in a school hall, sitting at long tables and eating from trays. They are wearing school uniforms. The room has a high ceiling with fluorescent lights and decorated bulletin boards.

We have a lot of fun here and we love to learn!

If you're ever upset or scared, talk to a teacher; always ask for help if you're stuck; never give up even if you find something hard; we learn by making mistakes – remember



We asked our parents and carers what they thought about us and here is what they said:



***If you would like to know more or arrange a visit,
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or email: office@clarborough.notts.sch.uk***

Confucius (BC 551-BC 479) Chinese philosopher

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An empowered and enabled community

BCVS Trustees and staff at Bassetlaw Community and Voluntary Service are very pleased to announce the appointment of our new Chief Executive Officer.



Andria Birch will be joining our team from 8th September 2021. Andria has held leadership positions in the third sector for the previous 18 years as well as board and management level voluntary positions across a range of voluntary organisations. On behalf of all the staff and Trustees at BCVS we would like

to welcome Andria to our organisation and look forward to a new and exciting chapter working together.

BCVS is a highly respected Local Infrastructure Organisation (LIO), working in a large geographical district covering the northern third of Nottinghamshire and beyond. It is a complex district, which, although in Nottinghamshire, has close relationships with other neighbouring areas, in particular, South Yorkshire and North Derbyshire.

The breadth of our strategic work is vast, spanning the NHS ICS areas of South Yorkshire and Bassetlaw, Nottingham and Nottinghamshire and Derby and Derbyshire and Local Authority areas of Nottinghamshire and Derbyshire. BCVS actively represents the VCSEF sector at over 70 meetings and forums, and in the past year BCVS has been a key player in the Bassetlaw response to the impact of COVID-19.

BCVS is a forward thinking and proactive LIO that delivers a range of projects and core infrastructure support to a range of important organisations. A key strength is its collaborative and partnership-based approach that has brought clear outcomes for the VCSEF sector and the communities it serves.

BCVS also hosts an extensive list of job opportunities across the local voluntary sector so do visit your community website's *Voluntary Sector links* ► *BCVS Job Opportunities* page for details.

Bassetlaw Museum's Riviera

Through August Bassetlaw Museum has a huge range of activities for everyone – and a sandy beach too!

Tickets can be booked on Eventbrite at <https://www.eventbrite.co.uk/e/160768792787> or by phoning, emailing (see page 23 for contacts) or coming into the museum at 40, Grove Street, Retford DN22 6LD.



Everyone over the age of 3 will need a ticket. All ages are welcome! Sessions are for 2 hours and provide access to the sand pit and the activity of the day. You must have a ticket even if you just want to attend the workshop or to play in the sand pit. This enables us to manage numbers on site and maintain social distancing.

Please contact the museum if you have any queries. Tickets are free but donations are welcome! Please attend if you book a place as numbers are limited.

To see the full list of activities/events go to our community website (www.clarborough-welham.org.uk) where the Riviera link above is to be found on the home page.

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Success consists of going from failure to failure without loss of enthusiasm.

Winston Churchill (1874-1965)

Pilgrim Embroidery installed by East Retford Mayor at Retford's Saint Swithun's Church

Cllr Carolyn Troop, Town Mayor of East Retford, at her first official event, installed the first of the five Pilgrim Embroideries at St Swithun's Church in Retford on 1st July 2021.

Five large embroideries have been made to commemorate the Mayflower 400 celebrations by a small group of North Nottinghamshire embroiderers, known as The Pilgrim Embroiderers. The works are being donated to the churches at Austerfield, Babworth, East Retford, Scrooby and Sturton le Steeple, that can be found along The Pilgrim Trail.

Designed by Jenny King, they represent the church leaders and typical 17th century congregations, many of whom sailed on the Mayflower. The embroideries were worked on large frames using specially woven woollen cloth and threads. The figures on the St. Swithun's embroidery were mainly worked by Beverley Naylor, the church and background by Jenny King.



Photo: Cllr Carolyn Troop (left) and Jenny King.

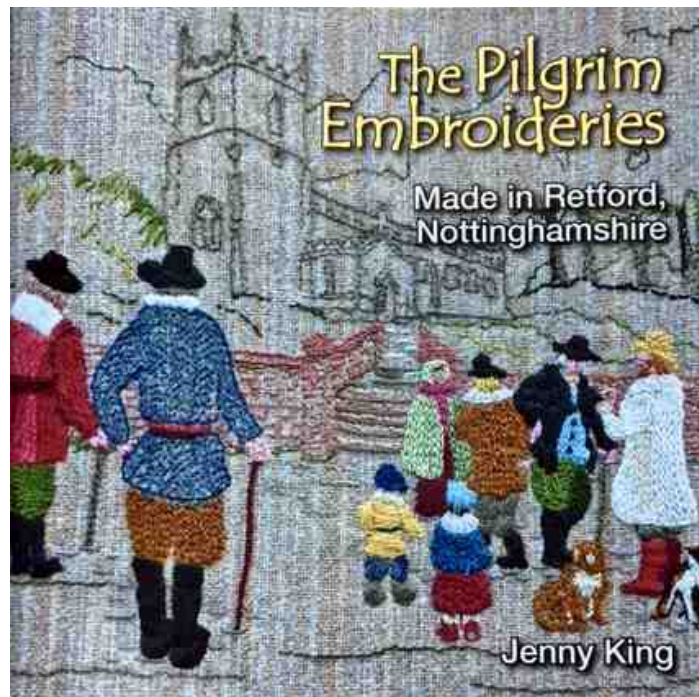
Cllr Carolyn Troop, Town Mayor of East Retford said: "I was delighted to unveil this prestigious Pilgrim Embroidery and to congratulate the Pilgrim Embroiderers on their skill and commitment to producing such an exciting piece of work."

Dick Lewis, Priest at St Swithun's Church said: 'We are delighted to receive the tapestry to display in St Swithun's Church. Here we recall that many Separatists chose to stay behind whilst the Pilgrims were making their journey to the New World. People like George Turvin, who was Vicar of St Swithun's and later Rector of Babworth, decided to remain in England to try to reform the Church of England from within.'

Jenny King, lead Pilgrim Embroiderer said: "It is a pleasure to donate the embroidery to St. Swithun's Church, East Retford, and hope it brings interest to many people in the future." Isabelle Richards, Heritage Engagement Officer, Pilgrim Roots Project, Bassetlaw Museum said: 'It's fantastic to see the St Swithun's Pilgrim Embroidery installed in the church. This will be great addition to the attractions of St Swithun's to Pilgrims Trail visitors and be a positive sign of the 400th anniversary commemorations for years to come.'

The Pilgrim Embroideries, Made in Retford ' by Jenny King

The book charts the making of five Pilgrim Embroideries to commemorate the Mayflower 400 celebrations. They have been designed and embroidered by Jenny King and a small group of local needlewomen known as The Pilgrim Embroiderers.



The book explains the processes undertaken and the embroidery stitches used, and it especially highlights the development of community involvement during the two years of construction from idea to completion. The embroideries are to be donated to the churches that can be found along the Pilgrim Trail.

To purchase the book (£7.99) contact: jennya.king@bopenworld.com Copies are also available from Bassetlaw Museum and Retford Arts Hub
Jenny King

Light year – is it time or distance?

This astronomical term has cropped up in not only a vast array of cosmological research papers and science fiction but also, oddly, in a number of pop songs - Kylie Minogue's *Lights* album probably most notably!

But what is a light year? It's name suggests it is a time measurement but this is not so – it is a measure of distance! It is the distance that light travels in one year.

So how far in our common measures – miles or kilometres – does light travel in a year? Well, it's a lot further than sound travels – hence we see distant lightning before we hear the thunder that is produced by the lightning flash.

Well, the speed of light is approximately 186,282 miles per second (299,792 kilometres per second) in a vacuum which means that it travels about 6 trillion miles (9.5 trillion km) in a year. That is a 6 or 9 with 12 zeros after it: 6,000,000,000,000 miles or 9,000,000,000,000 km or, more concisely: 6×10^{12} miles or 9.5×10^{12} kilometres. This distance is what astronomer/cosmologist call a light year.

End of maths lesson!

Editor

Covid Testing: difference between lateral flow and PCR testing

Testing is a vital part of our defence against Covid-19, but which test should you get and when?

Rapid lateral flow testing is for when you don't have symptoms and they should be completed as part of the routine twice weekly testing. It takes around 30 minutes for a result to be processed.

A **PCR test** is for when you have symptoms of Covid-19. You can take a test at home or at a test site, and the results can take up to 3 days to arrive (but most arrive the next day).

Rapid Lateral Flow testing

The test for people without symptoms of COVID-19 is called a rapid lateral flow test.

This usually involves rubbing a long cotton bud (swab) over your tonsils (or where they would have been) and inside your nose. The tests can give you a result in 30 minutes. They use a device similar to a pregnancy test and do not need to be sent to a lab.

You can do a rapid test at home or at a rapid lateral flow test site such as Retford Town Hall – see opposite. Research shows rapid tests are 99.9% accurate. This means the chance of getting a false-positive result (where the result shows as positive but is actually negative) is extremely low. If you test positive, you and anyone you live with will need to self-isolate.

PCR Testing

Polymerase chain reaction – to identify short sequences of RNA or DNA from suspect viruses.

Get a free PCR test to check if you have coronavirus (COVID-19) **If you have any of these 3 coronavirus (COVID-19) symptoms, even if mild, use this service to get a polymerase chain reaction (PCR) test as soon as possible:**

- a high temperature
- a new, continuous cough
- you've lost your sense of smell or taste or it's changed

You can order a PCR test kit to be sent to your home or book an appointment at a walk-in or drive-through test site. If you have symptoms, you and everyone you live with must immediately self-isolate. Do not leave home until you get your test results, except to post a test kit or for a PCR test appointment.

You should not use this service if you've received a positive PCR test result in the last 90 days, unless you develop any new symptoms.

Getting a PCR test if you have no symptoms

You can also use this service if:

- you've been in contact with someone who's tested positive
- you've been asked to get a test by a local council or someone from NHS Test and Trace
- a GP or other health professional has asked you to get a test
- you're taking part in a government pilot project
- you've been asked to get a test to confirm a positive result

- you've received an unclear result and were told to get a second test
- you need to get a test for someone you live with who has symptoms
- you're in the National Tactical Response Group

If you have symptoms of coronavirus, please book in for a test by calling 119.

Community Testing

Community testing (lateral flow testing) is now available for 18-65 year olds who work or live in Retford and the surrounding villages.

Around 1 in 3 people with COVID-19 don't have any symptoms, but can still pass it on. That's why we should all get a COVID-19 test regularly.

The test is quick, safe and accurate. It takes around 30 minutes to receive your results and you don't need to book a test. It is important that you continue to have weekly tests to help stop the spread of COVID-19 in Bassetlaw.

This is only a test for people who do not have COVID-19 symptoms and if you have a new continuous cough, a temperature or notice a change in your sense of smell or taste, you must self-isolate and book a test through the NHS 119 service.

At the community test centre you will be given a kit so that you can take swabs from your throat and nose. These will be tested for the presence or absence of coronavirus.

We now have a community testing centre in Retford as shown below. Please use this centre if you live or work in Retford and the surrounding villages. Please take a smart phone and face covering with you but no unnecessary items such as bags. Under 16s must be accompanied by an adult.

Retford Town Hall, Retford, DN22 6DB

From Tuesday 4th May

Monday	Closed
Tuesday	8am - 5pm
Wednesday	8am - 5pm
Thursday	8am - 5pm
Friday	8am - 5pm
Saturday	8.30am - 3pm
Sunday	Closed



www.bassetlaw.gov.uk/coronavirus-covid-19/community-testing

Covid in pets

The main concern is not the animals' health but the potential risk that pets could act as a reservoir of the virus and reintroduce it into the human population.

The authors of the Dutch study said no evidence of pet-to-owner transmission had been recorded to date but it would be difficult to detect such cross-species infections while the virus is still spreading so freely between humans. Most infected pets tend to be asymptomatic or display mild Covid symptoms although a few are severe.



Prof James Wood, head of Cambridge University veterinary medicine department, said these studies added to other evidence suggesting a substantial proportion of cats and dogs may catch the virus from their owners. He added that these Dutch studies showed that pets eventually usually clear the infection just as most humans do and that their infections appears to be asymptomatic.

Phishing remains the most successful attack vector for cyber criminals targeting individuals and businesses.

Cyber criminals love phishing. Unfortunately, this is not a harmless riverbank pursuit. When criminals go phishing, you are the fish and the bait is usually contained in a scam email or text message. The criminal's goal is to convince you to click on the links within their scam email or text message, or to give away sensitive information (such as bank details). These messages may look like the real thing but are malicious. Once clicked, you may be sent to a dodgy website which could download viruses onto your computer, or steal your passwords.

As of 30th April 2021, over 5.8 million emails were reported to the Suspicious Email Reporting Service (SERS). The tool, which was launched by the National Cyber Security Centre (NCSC) and the City of London Police last April, allows the public to forward suspicious emails to an automated system that scans it for malicious links. Since its launch, over 43,000 scams and 84,000 malicious websites have been removed.

What are the most common phishing scams?

The most commonly spoofed organisation reported in phishing emails was TV Licensing, with victims of these emails reporting losses totalling £5.3m. The majority of losses occurred as a result of victims following malicious links in the emails and inputting their personal information into what they thought was the legitimate TV Licensing website. Shortly after, they would receive a call from criminals impersonating bank staff who was able to convince them that their bank accounts were compromised and persuaded them to transfer all of their money to a new 'safe' account. Some of the other most commonly impersonated organisations included HMRC and DVLA. We also received more than 40,000 suspicious email reports relating to COVID-19.

How you can protect yourself from phishing messages.

Fake emails and text messages can sometimes be difficult to spot and criminals are constantly getting better at finding ways to make them seem more authentic. Email address spoofing, for example, is just one of the tactics criminals will use to try and make their fake emails look real. Here are some tips you should follow to protect yourself, and others, from scam emails and text messages:

1: Be cautious of messages asking for your personal information. Official organisations, such as your bank, should never ask you for personal or financial information via email or text message. If you receive a message and you want to check that it's legitimate, you can call the organisation directly using a known number, such as the one on your bank statement or utility bill.

2: Report suspicious emails. If you receive an email you're not quite sure about, you should report it to the Suspicious Email Reporting Service (SERS) by forwarding the email to: report@phishing.gov.uk. Your reports will help government and law enforcement agencies to remove malicious emails and websites.

3: Report suspicious text messages. If you receive a suspicious text message, you can report it by forwarding the **message to 7726**. It's free of charge and enables your mobile network provider to investigate the origin of the text and take action, if found to be malicious.

4: Report fraud. If you've lost money or provided personal information as a result of a phishing scam, notify your bank immediately and report it to Action Fraud.

For more information on how to protect yourself from fraud and cyber crime, please visit:

actionfraud.police.uk/cybercrime

Article source: Neighbourhood Alert 4th June, 2021

Bassetlaw Health Bus Hits the Road

Vulnerable residents who live in some of the most rural and isolated parts of Bassetlaw will be able to access vital healthcare thanks to a new Health Bus.

The Bassetlaw Health Bus is designed as a mobile clinical consultation room that will be operating in the district in the coming weeks. This vehicle was created through a partnership between Bassetlaw District Council and the Riverside Surgery in Retford.



Most recently, the Health Bus has been used to support the vaccination delivery programme with patients who are housebound and have not been able to visit their doctors through the lockdown period.

As well as hosting GP surgeries, the Health Bus can accommodate health and wellbeing clinics, other more specialist clinics such as mental health, weight management, Men's and Women's health, as well as being used for Covid-19 vaccinations, childhood vaccinations, flu Jabs and blood tests.

Dr Eric Kelly, Chair of Bassetlaw CCG and Partner at Riverside Surgery, said: "The Bassetlaw Health Bus, or as I like to call it, Bassetlaw's mobile GP surgery will go out to patients rather than patients come to see us. We can take it to supermarket car parks, rural villages, schools, anywhere and everywhere to provide healthcare and health promotion for the citizens of Bassetlaw. This has been particularly important throughout the latest lockdown period and as an additional way to roll out the Covid-19 vaccinations."

Alison Johnson, Practice Manager at Riverside Surgery, added: "The Health Bus provides a wonderful opportunity for the practice and other health and social care providers to extend service provision in Bassetlaw, providing health education opportunities to the community. This will be an asset to patients who live in more remote areas, and to patients who have mobility problems in addition to the excellent healthcare that is already provided in Bassetlaw." Christine Staniforth, Strategic Housing Manager at Bassetlaw District Council, said: "I'm very excited about this project and it's the perfect timing for this innovative resource. Through partnership working with GP Practices and the Better Care Fund, we are able to make a real difference to the lives of residents and enable the healthcare practitioners to provide additional care for their patients. This vehicle will help so many people. It is a great initiative that will be used to support local communities and get healthcare out into the rural areas of Bassetlaw."

The Bassetlaw Health Bus can be used by other medical practices in Bassetlaw. Please contact the Riverside Surgery for more details.

The cost of providing the Health Bus has been provided through the Better Care Fund (BCF) which is a programme spanning both the NHS and local government which seeks to join-up health and care services, so that people can manage their own health and wellbeing, and live independently in their communities for as long as possible.

The BCF has been created to improve the lives of some of the most vulnerable people in our society, placing them at the centre of their care and support, and providing them integrated health and social care services, resulting in an improved experience and better quality of life.

Bassetlaw Youth Mayor's Medallion

Bassetlaw now has a Youth Mayor elected by young people to raise aspirations and achievements of young people in the District by attending a range of Civic events. Holly Foster is 16 from Harworth was elected as this year's Youth Mayor and Malachi Carroll was elected as Deputy Youth Mayor, he is 18 and from Worksop.

The Youth Mayor and her Deputy showed off their new medallions (right) which were designed by Puruchothman Suvendran.



Unfortunately due to Covid 19 the official inauguration

ceremony has had to be delayed until the autumn.

The Youth Mayors met with Worksop Civic Mayor Cllr Tony Eaton and were excited to be invited to work with him and attend the North Notts Food Fest in Worksop where they were able to meet the Celebrity Chefs and visited the stalls, chatting with people.

Malachi Carroll also attended a performance of Shrek by the Retford MOB at Retford's Majestic Theatre.

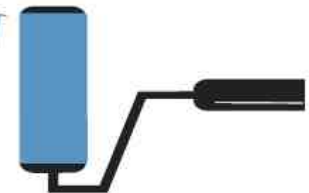
You can follow the Youth Mayor and Bassetlaw Youth Council on Instagram @bassetlawyc and Facebook

<https://www.facebook.com/Bassetlawyouthcouncil>

If you would like the Youth Mayor to attend an event please email youth.council@bassetlaw.gov.uk

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Beaver Reintroduction Licence puts Nottinghamshire Wildlife Trust one step closer to bringing beavers back to county for 1st time in 400 years

Nottinghamshire Wildlife Trust has expressed its delight at receiving the official licence for its planned enclosed beaver reintroduction at the spectacular Idle Valley Nature Reserve off North Road, Retford.

The licence, issued by Natural England, means that the Trust is on course to bring beavers back to Notts this September.

Speaking about the milestone, the Trust's Head of Nature Recovery (North) Janice Bradley said: "We're delighted that our licence application has been approved, as this means we can continue with our preparations on site, including ongoing survey work to record the flora and fauna currently present in the new beaver zone and the construction of the fencing that is required to keep the beavers safe."



Photo: by Nick Upton

2021 has been billed as a record year for beaver reintroductions in the UK, with the East Midlands leading the charge. Both Nottinghamshire and Derbyshire Wildlife Trusts are making final preparations to reintroduce beavers to their respective counties for the first time in over 400 years, thanks to funding from Severn Trent's Great Big Nature Boost and public donations.

Nottinghamshire Wildlife Trust plans to reintroduce 2 beaver pairs and any dependent kits into a huge (55ha) enclosure at the Idle Valley Nature Reserve, to harness the power of natural processes to transform what is already one of the best inland nature-watching places in the region. Over the border, Derbyshire Wildlife Trust is preparing to release two beaver families and their kits into a 40 hectare enclosed area of Willington Wetlands reserve in the Trent valley.

Now that both Wildlife Trusts have received their licence approvals the beavers could arrive as early as September. Janice added: "Securing permission to release beavers is a complex process and the fact that our licence has been approved relatively quickly is a testament to hard work of all the team involved and highlights that we've been able to provide Natural England with evidence that we have a great location for the beavers, that our enclosure will be secure and that we have robust systems in place to monitor their impact on other wildlife. We have worked

closely with our colleagues in Natural England and the Environment Agency to make sure that this is the right place for beavers, and all our work has been underpinned by specialist re-introduction expertise from the Derek Gow Consultancy and the Species Recovery Unit at Nottingham Trent University."

Both sites are being made ready for beavers to be rehomed from sites in Scotland and are part of a record number of releases planned by Wildlife Trusts this year - twenty years after bringing the first ever beavers back to Britain. Around 20 beavers will be released this year including to a project in Wales.

The Wildlife Trusts have been at the forefront of beaver reintroduction and projects in Britain ever since Kent Wildlife Trust released the first pair into a fenced area of fenland in 2001, followed by the Scottish Beaver Trial in 2009.

Severn Trent's support for the beaver reintroductions is linked to the company's ambitious target to increase biodiversity across an area of 5,000ha within the region by 2027. This will deliver 1% of the Nature Recovery Network's 500,000ha, within the Government's 25 year Environment Plan.

Local Climate Change Project

I am a member of a small group of people gathering information about Climate Change and what we, as individuals, can do to help improve the situation both locally and nationally. By September we may be in a position to start a 'Climate Action Group' in Bassetlaw as part of The Friends of the Earth Strategy.

We hope to gather information about:

- WHAT is happening
- WHERE it is happening
- WHO is doing it
- WHAT is working
- WHAT is not working

I have already heard of the Ecological Green Flag Award, earned by the wonderful work in recycling and energy conservation achieved by the children and staff of our primary school. Now I am asking if, ideally by September, you could take the time to let us know of anything that is happening in your family, workplace or community, that is helping to reduce the damage being done to our climate. I have included my contact details:

vandm24@yahoo.co.uk 01777 708 181

Val Waring

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Clarborough & Welham Neighbourhood Plan Third Annual Report February 2021 Part 2

This is the second part of the Annual Report on the operation of our Neighbourhood Plan (NP) and deals with the future for our Plan. Part 1 appeared in our Summer 2021 issue of Clarborough & Welham Newsletter.

Immediate Future

In late 2020, Bassetlaw District Council (BDC) published a third 'Draft Local Plan 2018 – 2037' following previous public consultations. This deals with planning issues and development across the whole of Bassetlaw. The major direct effect on the Parish is in the number of new residences proposed in the Draft Plan. It is proposed that there should be a 5% increase in current housing stock in all the rural villages of Bassetlaw by 2037.

For our Parish this is approximately 25 new houses. The Broad Gores Site Allocation is for 38 houses. No more houses could, therefore, be required in the Parish up to 2037. If a specific development, located elsewhere in the Parish, was considered to be an advantage to the Parish then the Parish Council could ask for the setting aside of the 5% increase. Approval by the residents for any setting aside of the Neighbourhood Plan in this respect would, in the interest of openness, be sought.

The future of our Neighbourhood Plan

Our Neighbourhood Plan is now 4 years old. There is currently no Local Plan to support it. Both of these factors weaken the strength of our Plan on development issues and other Policies within it.

The Neighbourhood Plan needs reviewing and updating in order to strengthen it. This is partially because the new Bassetlaw Local Plan has new Policies which influence aspects of our Plan. Help and advice for this process is available from Bassetlaw District Council Planning Department. Funding for this process should be available from outside agencies as it was for the writing of the original Plan.

It is not sensible for any review to take place until the Parish Council knows the content of an approved Bassetlaw Local Plan. This should, hopefully, be known before the end of 2021.

At that point the Parish Council will consider the establishment of a Review Group to work with BDC in order to update our Neighbourhood Plan in the light of the new Local Plan.

Paul Willcock
Parish Councillor
Former Chairman, ClaWe NP Steering Group

IT Group is back to work!



Our IT Group bases much of class time around so-called *open source* applications ('apps' to geeks!) which include LibreOffice, OpenOffice and Gimp in particular.

In computing terms, open source licences allows the source code used to create applications to be freely available for users to share, modify or develop. For day-to-day users this means that these applications are free, so join our group to get your copies!

The Newsletter you are reading is a product of OpenOffice and has been the case since 2010. During this summer's classes we also dipped into LibreOffice (an alternative to OpenOffice) to get some experience of using both of their word processors which are very similar to, and compatible with, Microsoft's Word. Both apps also have Microsoft Excel and Powerpoint equivalents. Images within these Newsletters are 'tweaked' as necessary using another open source application – Gimp (GNU Image Manipulation Program).

All of these open source applications run on our IT Group's Windows 10 laptops or those that class members bring themselves. These applications also come in versions that run effortlessly on Apple Mac computers although our IT Group currently lacks a really experienced Mac tutor – see page 21 for more on this volunteering opportunity).

IT Classes get underway again in Clarborough Village Hall in mid-September (w/c 13th September) in our usual weekly slots of either Tuesday afternoons (13:30-15:00) or Wednesday mornings (10:00-11:30). They always start with a 'Gardeners Question time' so members can set priorities. Fees will be £25.00 for five weekly classes of either one of the above times.

Clarborough Village Hall (DN22 9LN) has a modern wi-fi system to which IT Group members get free access so classes also spend time exploring the vast range of facilities available from the internet such as efficient searching, problem solving as well as facilities such as language translation – the list is endless!

For more information or to book your place, contact Greg on **01777 700 918** or clarboroughwelham@gmail.com

For much more about our group, go to our community website's Local Groups ► IT Group section where you'll also find some sample worksheets.



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To see a world in a grain of sand and a heaven in a wildflower, hold infinity in the palm of your hand and eternity in an hour.

William Blake (1757-1827) English poet, painter, and printmaker



At last we are able to meet in person, albeit in small groups. We were able to hold a small celebration for our Diamond jubilee in June and in July we enjoyed a tai-chi session. It was interesting to learn how martial arts moves had been adapted to form a gentle moving meditation. Very relaxing!

Our little group of crafters are still busy producing lap blankets for Bassetlaw Hospice and we would like to take this opportunity to thank all those who have supported us with this project by donating blankets, squares or wool. We are always grateful that we live in such a supportive community.

The new season of meetings will begin in September, when we hope that our speaker will be Bonney Baggaley from Bassetlaw Hospice who will tell us about their work and explain what happens to all those blankets. Our meetings are usually held on the second Monday of the month at 19:30 in Clarborough Village Hall.

Visitors are always welcome (£4 fee), but with the unpredictable covid situation it is best to contact us beforehand on 01777 949 847 or email clarbdiswi@hotmail.com. See you soon!

Life is like riding a bicycle. To keep your balance, you must keep moving.

Albert Einstein (1879-1955)



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Airside tours to see Avro Vulcan XH558 resumed in August

Supporters of the iconic aircraft XH558 will be able to take part in airside tours and experience the popular Engine Ground Runs from August at Doncaster Sheffield Airport, Finningley, Doncaster.

Michael Trotter, head of business development for the Vulcan to the Sky Trust said: "We are thrilled to be able to welcome people back on the airfield to see XH558. Our events were all paused due to the pandemic, and we know how much our supporters like to see the Vulcan up close. Guests will meet at the Harvey Arms in Finningley and be transported to the airfield by Wilfreda Beehive to be part of an airside tour where they see the aircraft in her secure location and witness our Volunteer Engineering Team working on XH558. Visitors will have the opportunity to ask them about the tasks they are carrying out on the aircraft - such as changing oils, inspections, tests, and minor repairs.

"Our other event invites people to be part of British aviation history by experiencing the Vulcan effect on a Vulcan XH558 Engine Ground-Run Experience. At this event



visitors can watch XH558 make her way to the engine running pan where they will witness the aircraft come to life, with her Olympus engines started. They will see the operation of the bomb-bay doors and airbrakes as her control surfaces are exercised and importantly, they get to hear the howl of the mighty Olympus engines. This is a great chance for supporters of the aircraft to get up close to the aircraft and walk under the famous delta wing and meet the ground crew. These events sell out quickly and two of the three are already sold out. We will be adding on events right through to the end of the year in the coming weeks so please keep an eye on our website and social media channels so that you can experience one of these events first-hand."

To book on a Vulcan Experience visit www.vulcantotheskystore.co.uk/event-tickets-28-c.asp

Spread love everywhere you go. Let no one ever come to you without leaving happier.

Mother Teresa (1910-1997)
Honoured in the Catholic Church as Saint Teresa of Calcutta, nun and missionary. She was born in Skopje, then part of the Kosovo Vilayet of the Ottoman Empire.

Coping with long covid

As of 1st July, 2021 an estimated 962,000 people living in private households in the UK (1.5% of the population) were experiencing self-reported "long covid" (symptoms persisting for more than four weeks after the first suspected coronavirus (covid-19) infection that were not explained by something else), as of 6th June 2021; this is down slightly from 1.021 million (1.6%) at 2nd May 2021. Of people with self-reported long covid, 856,000 (89.0%) first had (or suspected they had) covid-19 at least 12 weeks previously, and 385,000 (40.0%) first had (or suspected they had) covid-19 at least one year previously.

Symptoms adversely affected the day-to-day activities of some two thirds of those with self-reported long covid, with just under a fifth reporting that their ability to undertake their day-to-day activities had been "limited a lot".

Long covid exhibits itself by a vast range of symptoms of which the following are only the most common:

- Weakness or tiredness
- Shortness of breath
- Muscle ache
- Loss of smell
- Difficulty concentrating
- Headache
- Trouble sleeping
- Worry/anxiety

As a proportion of the UK population, prevalence of self-reported long covid was greatest in people aged 35 to 69 years, females, people living in the most deprived areas, those working in health or social care, and those with another activity-limiting health condition or disability. This complexity of symptoms coupled with various experiences of covid-19 infection in the early stages, has

resulted in no real consensus on what long covid is. There are nearly as many definitions as studies! This is currently a real challenge since for some people a diagnosis could mean the difference between losing their job or not.

Currently Janet Diaz of the World Health Organisation and colleagues are working with a panel of experts and patients to define a clinical definition of 'long covid'

Current research points to three possible routes to causes of long covid:

1. On-going virus infection.
2. Lasting tissue damage caused by the virus.
3. Immune system changes producing antibodies that attack your own body.

With no drug proven to address long covid, doctors are forced to treat the symptoms instead. Since November 2020 a range of long covid clinics have been opened across England. These clinics have been having considerable success in treating symptoms so if you think you are suffering from long covid speak to your GP who will have information from such clinics that could help you.

Long covid in children? Currently there is little research published on the clinical outcomes for children who get covid-19 infection. Fortunately the majority of children who do get covid-19 infections do so with relatively mild symptoms or are asymptomatic. However, some children do experience prolonged symptoms.

This raises the whole issue of covid vaccination for children, something that up to now seems to have been either a very low priority or even a 'not necessary' stance from central government.

What we think, we become.

Gautama Buddha (6th - 5th century BC)

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Bassetlaw and South Yorkshire NHS splitting

Announcement from Sir Andrew Cash, System Lead, South Yorkshire and Bassetlaw Integrated Care System received on 23rd July, 2021:

Dear Colleagues

You will recall that as part of the Health and Care Bill there were proposals to change some Local Authority boundaries to enable greater alignment with Integrated Care Systems (ICSs). As you know, South Yorkshire and Bassetlaw (SYB) is one of several ICSs affected by the potential changes with Bassetlaw considered for inclusion within Nottingham and Nottinghamshire ICS.

I wanted to let you know as soon as possible that the Secretary of State's decision on the matter has been announced and it is to align the district of Bassetlaw with Nottingham and Nottinghamshire Integrated Care System.

There is a long history of successful collaborative working and clinical alignment between Bassetlaw and South Yorkshire and keeping this arrangement was strongly voiced by a wide range of stakeholders, including local people and clinicians, politicians, national organisations and SYB ICS. It is important to state that we will continue to work closely with health and care partners in Bassetlaw to maintain excellent services and access and to improve the health and wellbeing of the population irrespective of administrative boundaries.

The decision means no change for patients who will continue to be seen and treated by their local GP practice and they will also carry on receiving other health and care services in the same way. The key difference will be the development of stronger connections between Nottinghamshire County Council and the NHS in the planning of health and care services to improve the health and wellbeing of Bassetlaw people.

In due course, when the current health and care bill has made its way through parliament, we now expect our ICS to become the South Yorkshire Integrated Care System, made up of an Integrated Care Board (NHS) and Integrated Partnership (all health and care partners).

Sir Andrew Cash

A free multi-language translator

Google Translate is a veritable treasure trove of free translation tools. To get a feel for what can be done you could find the worksheet **Google Translate – give it a try!** that is part of the **Learning Resources** section of Clarborough & Welham IT Group's section of our community website (in the **Local Groups** section).

Versuche es!

Cogito, ergo sum (I think, therefore, I am).

*René Descartes (1596-1650)
French philosopher, mathematician, and scientist*

BOOKWORM

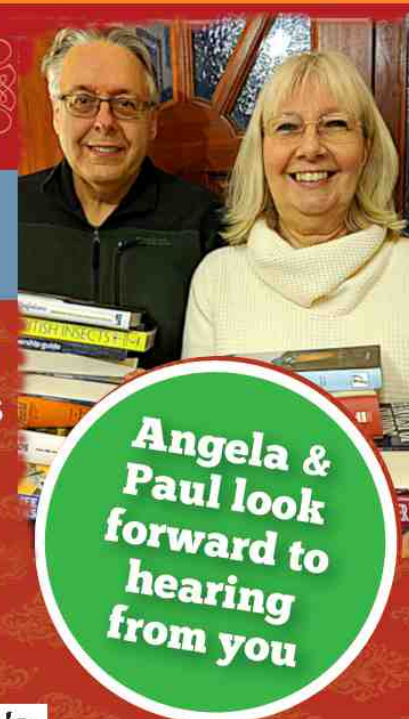
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Retford Arts Hub

Visitors who came here on Open Studios weekend (26/27 June, 2021) saw some changes as they went to the studios of Cath Ray, Fine Arts and Bookbinding, and Christine Howard, Painter.

They saw that we have a new name. The Hub in Retford has become **Retford Arts Hub**: two members of Retford Art Society – Margaret Harrod and Paul Straker, helped by their partners – have taken over the running of the community asset from Louise and Chris Daniels, who started it six years ago when the Tourist Information Centre closed.

[Photo] Margaret Harrod (front) and Paul Straker with wife Jane.

It will still fulfil its original role in that Visitor Information is available, and only local artists and artisans show and sell their work here. Some alterations have been made, and on the second floor are five studios, four of which have already been rented out. On the first floor are the workshop room and members'/friends' gallery and a soon-to-be exhibition room/meeting room.

The ground floor is still the shop, with Thaymar ice cream as well as other local foodstuffs as before, but it now has more display cabinets and shelving – it's an Aladdin's cave! Ceramics, wood, glass, metalwork, jewellery, cards, cushions, hand-knitted and hand-sewn items like scarves and baby clothes, paintings – all are the work of local craftspeople and artists. This is the place to come for an interesting, unique and beautiful present.

The Open Weekend visitors were impressed. If *you* haven't seen us yet, do come!

Retford Arts Hub's email address is now: info@retfordartshub.com



Pilgrim Son's Reflections to support Bassetlaw Hospice

At the heart of the pandemic I awoke one morning and reflecting on many different emotions felt by myself and many, I wrote a short poem in my head to say how I felt., "You don't know what I'm going thru".

Soon afterwards I was up to eight such short poems. Being a musician I then had the idea to put these poems to music: Being a local person and my curiosity of the Mayflower Pilgrim story, I combined the two elements for the Album

The words to all the poems are set on the inside pages of the wallet album. The music genre is Classic Rock Ballad

I then thought of a donation from every sale to a local "Care" organisation, to do my "bit". Thus the Bassetlaw Hospice came to mind and I can now say that the Hospice is the chosen Charity.

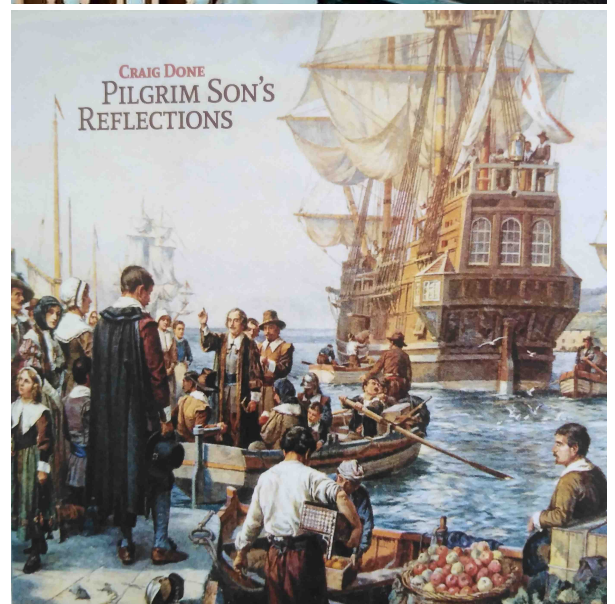
In conjunction with the Hospice I launched the Album on Sunday the 30th May at the White Lion Retford.

Thus the CD Album **Pilgrim Sons, Reflections** was born. The CD selling price is £10.

Craig's CD can be purchased at the Hospice.

Try a sample track **Flowers of May** from the CD on YouTube: <https://youtu.be/HpiaQaWwILM> or from our community website's home page.

Craig Done





Our local PCSO (Police Community Support Officer) Dave Airey posts a monthly report on our community website (**Law and Order ► Local Police Reports**) from which the following extract is taken.



With significant improvements in the weather recently, particularly at the start of the month, there have also been an increase in local residents receiving cold callers to their properties, expressing an interest in completing work at the same, sometimes being classified by them as essential. The types of work being offered are usually outside, and range from roof work needing attention, roofs being cleaned, tree removal and other gardening work. If you receive these types of unwelcome visits, and are unhappy with the interaction with the person offering the work, please contact the control room on 101, or 999 dependent on the visitor's insistence.

If you are needing work completed at your property, the advice from other agencies is to always get a number of quotes first for the work to be completed, prior to the same work being proceeded on.

Dave's contact number is 07525 226 838 and my E mail address is **david.airey@nottinghamshire.pnn.police.uk** PC 2895 James Pickersgill is the new beat manager for the area. He has a contact number of 07525 226 479 and an E mail address of **james.pickersgill@nottinghamshire.pnn.police.uk**

Editor's note: A good source of reliable contractors can be found by visiting *Checkatrade* on 0333 0146 190 or visit *Checkatrade.com* who are Notts County Council approved.

Nottinghamshire Police urges people to think before they dial following a surge in unnecessary 999 calls.

The force is currently receiving a high volume of 999 calls. In June.2021 alone 999 calls have shot up from an average of 3,900 per week in May to 4,950 in June. However, it said that 60 per cent of the 999 calls were in fact non-emergency and did not require the urgent attention of officers.

If it is an emergency and life is in danger or a crime is in progress, then please ring 999 immediately. If it is a non-emergency but still requires police assistance then please ring 101 or visit our website to report the incident.

What crime can I report online?

- Criminal justice processes and laws
- Roads policing and motoring
- Rural crime
- Cybercrime and staying safe online
- Licensing

Seconds and minutes are precious in emergency situations and can mean the difference between life and death for those that really need our support.

We have since increased visible patrols to help members of the public connect with our officers and staff if they require help and advice. Our lines are extremely busy between 12:00 and 21:00 daily, so please contact us in the right way, for the right incidents.

You can also ring Crimestoppers to report any information about a crime anonymously. Call: 0800 555 111 anytime.

To report a crime online:

<https://www.nottinghamshire.police.uk/do-it-online/report-online>

To read more, please visit:

<https://www.nottinghamshire.police.uk/news-article/stop-ringing-999-unless-you-have-real-emergency-say-police>



Community Thanks

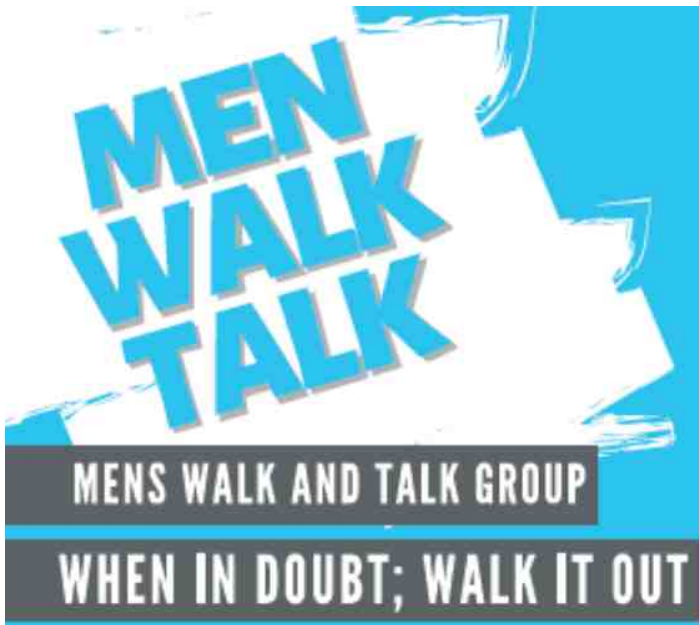
Just after our Summer issue went to press, Lucy Rose presented your editor with a card and small gift in thanks for his community work.

It seems more than appropriate to extend our thanks also



to Lucy who had done so much for our school and wider community whilst managing Clarbrough's SPAR Store, particularly through the challenges of Covid-19.

We wish Lucy all the very best for her new role in central Retford.



Men's Walk Talk dates are:

The second Saturday every month 10:00 at Idle Valley
The fourth Saturday every month 10:00 at Retford's King's
Park entrance opposite The Old Police Station.
The Last Saturday in the month 11:00 at Langold Lakes.



We want to support more people to move more and lead active and healthy lifestyles. Get Out Get

Active (GOGA) is a programme that supports people to be more active together. Keeping active is good for both the mind and the body!

If you would like one to one support to become or keep active please contact

Paula or Sarah at Bassetlaw Action Centre
01777 709650 or goga@actioncentre.org.uk



Do you suffer from Anxiety, Depression, COPD or any other long term condition?

We are holding Virtual "Staying Well"

Programmes 2.5 hours a week for 6 weeks.

This course will introduce you to ways of managing your long term condition effectively.

To book your place on the next course which starts 10am on the 2nd September please call Bassetlaw Action Centre on 01777 709650

TAP Air Portugal chief urges parents not to give 'only dolls to girls and Lego to boys'

One of the few women leading a top airline says parents can do more to encourage girls into aviation-related professions, as she laments a lack of progress on gender diversity in the industry during her career.

Speaking during a FlightPlan event on 22nd July, recently appointed TAP Air Portugal chief executive Christine Ourmieres-Widener said that "if the industry was doing enough" on gender diversity among its staff, "the outcome would be different".

Instead, Ourmieres-Widener is one of just six women among the chief executives of the world's top 100 airlines, according to FlightGlobal data, with similarly low female representation being seen among pilots and engineers. At TAP, some 4% of pilots are women, the former Flybe chief says, while female engineers account for 20% of the airline's total.

Ourmieres-Widener recently became chief executive of TAP Air Portugal. "I think there are many things, many initiatives to be done," to address the imbalance, while she highlighting the mentoring and coaching of women that she continues undertake.

Noting that in some countries gender diversity is "not always a priority because of cultural backgrounds", in Europe she has hopes that "we will see some evolution, because we have so many smart women who have the calibre and the talent to access senior positions".

Of the next generation of airline employees, Ourmieres-Widener says it is important that young children are not swayed by outdated views on gender-specific jobs. "You need to talk to parents first" to increase their awareness of the career options open to their children, she suggests. "We have a biased behaviour when we have to manage the education of girls and boys," she explains. "In previous jobs, we've done some studies and it's true that girls were never picturing themselves being a pilot, ever."

Ourmieres-Widener's view is that role models such as female pilots should visit schools to encourage girls into aviation careers.

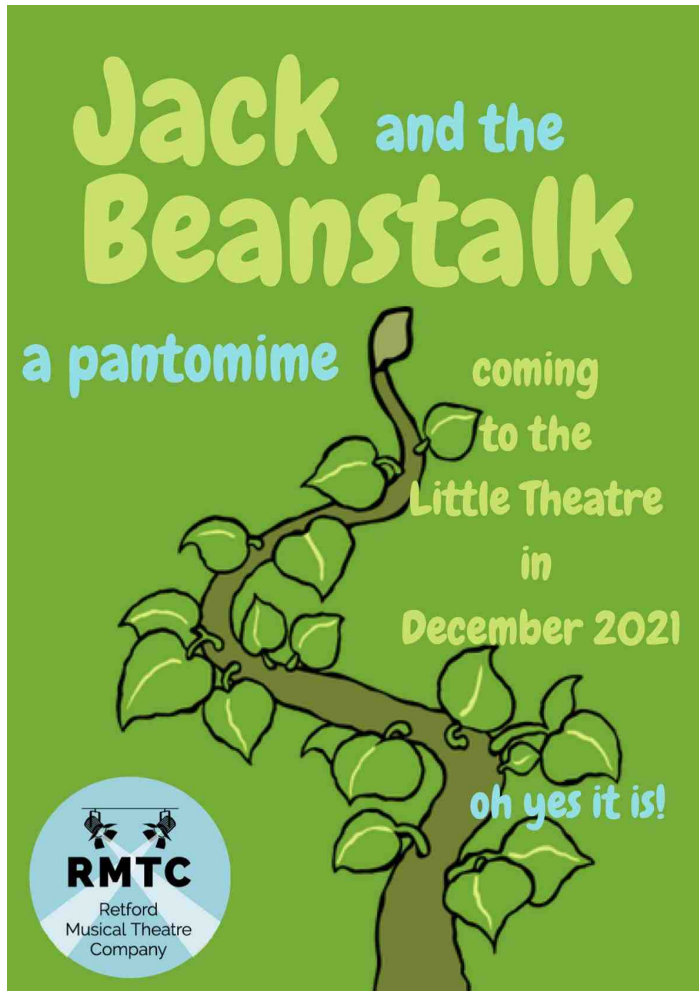
Being a pilot is "very compatible with family life, because you are working on rotation, you can be back home, you can organise your life", she says. "Same in engineering, it's great to fix things, to design new things."

It is also important that "from an early age we don't give only dolls to girls and Lego to boys", Ourmieres-Widener adds.

Panellists speaking at a Farnborough Connect event in mid-July agreed that addressing a lack of gender diversity in aviation and aerospace workforces – as part of an effort to ensure businesses attract the best people from the widest pool of talent – was both "morally correct" and "the most obvious business imperative".

Do what you can, with what you have, where you are.

Theodore Roosevelt (1858-1919) 26th US President



Let's continue to stay safe and help prevent the spread of Covid-19

From Monday 19th July, England entered Step 4 of the Roadmap, a new phase of continued caution whilst managing the risks of Covid-19.

In Step 4, while many of the legal restrictions that the Government imposed through the pandemic were lifted, such as social distancing and face coverings, cautious guidance remains.

The Government has said the UK is still in its third wave and cases in Nottinghamshire and across the country are rising. Everybody is advised to protect themselves by practising key behaviours such as wearing a face covering in crowded places, washing hands regularly and testing for Covid-19.

It is important to use personal judgement to manage our own risk and we can play our part by exercising common sense and considering the risks.

Let's take this next step safely

Please keep following the Covid rules



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Volunteering is essential!

Currently, a number of organisations within our parish are seeking volunteers for a range of reasons which we will explore in a little more detail at the end of this article. But first – what is in it for you, our reader?

Across the voluntary sector individual volunteers gain some, or all, of the following benefits from their voluntary efforts:

1. Volunteering connects you to others.
2. Volunteering has been proven to benefit mind and body health.
3. Volunteering can advance your career.
4. Volunteering brings fun and fulfillment to your life.

Benefit 1: Connecting with others.

At one level this can mean making new friends with all that follows from that. However, given that volunteering takes place in a business or other social structure, volunteers get opportunities and even training in developing their interpersonal skills in these new environments. This can feed into other benefits such as career enhancement as outlined below.

Benefit 2: Benefits to volunteer's mind and body.

A wide range of research has shown that volunteering often counteracts feelings of stress, anxiety and depression. Nothing relieves stress better than a meaningful connection to another person. Working with pets has a similar range of benefits. Volunteering also increases individuals' self-confidence and sense of purpose.

Benefit 3: Advancing or restarting your career.

While many of the advantages mentioned in the previous sections can lead to a more employable person, developing specific skills such as those involved in, for example, face-to-face meetings, publicity or computing/IT skills can make powerful additions to CVs and may also lead to more formal references. This can also provide a



route into employment for the likes of (mainly) ladies who's children are moving into full-time schooling.

Benefit 4: Life fulfillment.

Volunteering provides, beyond those aspects listed above, to get involved in some activities that you have a passion for, or that take place in new environments – such as working outside when you have a day-time office job. It can provide opportunities to make your hobbies a basis for voluntary work – be it with children at school, animals at a rescue centre or computers at our IT Group.

Before going further we ought to point out that for many of the following groups, as little as an hour or two a month

would be appreciated but if you feel strongly about a particular issue or topic, do contact one of the following. At the time of writing, each of these organisations are managing with some half-dozen regulars, so any help will ensure that their services will remain available to our community in the longer term. Volunteers must be 18 or older for insurance reasons.

Current volunteering opportunities.

A wide range of organisations across our area are looking for volunteers but currently, some are desperately in need to help in a range of ways. These include:

Clarborough & Welham Parish Council which has a range of needs of help which can run from an hour or two a month for general tasks through to more specialised organisational and technical issues.

Clarborough & District Community Association (CDCA) manages Clarborough Village Hall. Without more, preferably younger, volunteers there is a real risk that this vital community asset will close. CDCA needs range from help in putting out the hall's waste bins each week to help with hall bookings, administration – in fact everything!

Clarborough & Welham IT Group is seeking at least one tutor with experience of Apple Mac laptops and iPads to help expand lessons from September, 2021 onwards – either on Tuesdays or Wednesdays or both.

See page 23 of this issue for contact details for each of the above.

Editor

Clarborough & Welham IT Group offers some back-to-work skills

Although our IT Group is built around open-source apps such as LibreOffice, this is very similar to Microsoft's Office so if you've been out of employment for quite a while and want to sharpen up your office skills, why not join one of our blocks of 5-week classes?

The fact that LibreOffice and Microsoft Office are very similar but not identical will help you develop 'adaptability' skills as you learn how the same activities involve slightly different menu choices or key clicks. You may also be surprised how many businesses, even some of the very biggest, are no longer based around Microsoft Office! To discuss or even take a drop-in session with our IT classes, get in touch with **Greg on 01777 700 918 or clarboroughwelham@gmail.com**

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vkwilson1@yahoo.co.uk



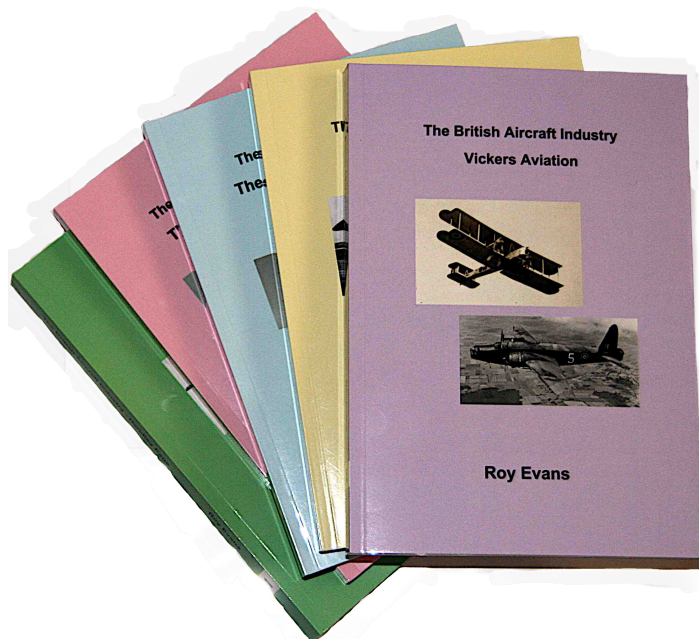
What did you do during the Covid Lockdowns?

I wonder what people will say in a few years time when asked this question. I wrote three books. Now a book can be quite small, no bigger than a pamphlet, or it can take on the appearance of War and Peace.

I have been writing articles for aviation magazines for a number of years, and organisations like the Lincolnshire Aviation Heritage Centre at East Kirkby (home of the Lancaster 'Just Jane') and the Lincolnshire Lancaster Association (LLA) have used me for the last five years to produce work for them.

About three years ago the editor of the LLA magazine 'Memorial Flight' contacted me to see if I could write a book, involving some of the articles I had produced. I said what did he suggest would be the theme I should follow, and he said go to a couple of air museums and see what kind of books were on sale and choose a subject not covered.

There were a number of books covering wartime heroes and leaders like Bader, Gibson and Harris, and many covering iconic aircraft like the Spitfire, Lancaster and Vulcan but there were no books or very few covering the companies and people who designed and manufactured the aircraft. I had found my market!



Looking on line I found there were over thirty aircraft companies manufacturing aircraft in the UK at the end of the Second World War.

Being born in Hertfordshire, the obvious starting point was to write a book about the Handley Page Company from Radlett, (where I was born) and de Havilland Aviation from Hatfield, (where my Polytechnic was based).

Writing, once you fall into a routine, is fairly easy. At 9.00 am you switch on your computer and by 12.00 noon you may have 750 words written down. Continue this for two to three months and you have a book. I am lucky, always have been, and have been taking aircraft photographs since I was eleven in 1958. The early ones of course are not very good, but they do show many early types of aeroplanes, which can be used.

My luck came good when it came to finding a printer in London, who advised me on how to self-publish my work and where to sell the books. Air Museums were the obvious choice, and the first three books were published last summer, right in the middle of the pandemic, when all the museums shut down. I was busy writing and looking at the next three books, which were finished by Christmas. I now had six books, three published and three in draft form. In March this year I had a phone call from the Vulcan to the Sky team at Doncaster Airport.

They had made the decision to support me and buy each title to sell 'on-line'. This has proved a success for them and they are committed to sell any titles I produce in the future. As the Air Museums re-open, great interest is now being shown in my titles, with books available at the Yorkshire Air Museum at Elvington, Newark Air Museum, East Kirkby Heritage Centre, North Weald Air Museum and the Army Museum of Flight at Middle Wallop and others. I now have six titles covering the British Aircraft Industry. These cover Handley Page, de Havilland, Avro, Hawker Aviation, Vickers Aviation and Supermarine. The next four books are written and will be published next year.

As Clarborough and Welham residents, if you are interested in any of the above titles I can be contacted at Clarborough Aviation Books on clarboroughaviationbooks@gmail.com.

Roy Evans

Editor's note: Go to the Vulcan to the Sky Online Store at: <https://www.vulcantotheskystore.co.uk/book-store-6-c.asp> for Roy's titles.

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Local Contacts

Alcoholics Anonymous Helpline	0800 917 7650
Alzheimer's Society	0115 934 3800
Ambulance (Emergency)	999
Anglian Water	0800 771 881
(report leaks or other service issues)	
Bassetlaw Action Centre	(01777) 709 650
	enquiries@bassetlawactioncentre.org.uk
Bassetlaw Clinical Commissioning Group	(01777) 590 035
Bassetlaw Community & Voluntary Service (BCVS)	01909 476 118 www.bcv.org.uk
Bassetlaw District Council	01909 533 533
Bassetlaw District Councillor (Ben Sofflet):	0771 716 154 ben.sofflet@cllr.bassetlaw.gov.uk
Bassetlaw District Hospital	01909 500 990
(non-emergency)	
Bassetlaw Museum	(01777) 713 749
Friends of Bassetlaw Museum	fobm14@gmail.com
Clarborough & Welham IT Group	(01777) 700 918
	clarboroughwelham@gmail.com
(also for Newsletter and website matters)	
Clarborough Parish Council	clarwelpc@yahoo.com
Parish Council Chairman	(01777) 700 517
Clarborough Primary School	(01777) 708 065
	office@clarborough.notts.sch.uk
Clarborough Village Hall bookings	
	clarboroughvillagehall@gmail.com 07530 532 185
Clarborough Village Ventures	t.b.a.
Clarborough & District Womens' Institute	
	clarbdiswi@hotmail.com (01777) 949 847
Clumber Park	01909 544 917
Crimestoppers anonymously/free	0800 555 111
Electricity Supply failure	0800 056 8090
(Western Power Distribution)	
Elizabethan Academy	(01777) 713 700
Environment Agency (water pollution)	0800 80 70 60
Emergency Services (all)	
	999
Fire Brigade (emergency)	999
Food Bank	07841 564 089
Gas Leak? Call National Grid immediately:	0800 111 999
GP surgeries:	
Kingfisher	(01777) 702 381
Crown House	(01777) 703 672
Riverside	(01777) 713 330
Healthwatch Nottinghamshire	0115 956 5313
Idle Valley Nature Reserve	(01777) 858 245
MP (Brendan Clarke-Smith)	01909 738 956
North Notts College (Retford)	01909 504 500
	or https://www.nnc.ac.uk/retford/
Nottinghamshire Archives	0115 958 1634
	archives@inspireculture.org.uk
Nottinghamshire County Council	0300 500 80 80
Nottinghamshire Country Councillor (Tracey Taylor)	
	0115 8043 177 cllr.tracey.taylor@nottsgov.uk
Nottinghamshire Police & Crime Commissioner	
	0115 844 5998
Nottinghamshire Carers Support	0115 824 8824
Nottinghamshire Womens' Aid	01909 533 610
Nottinghamshire Rights of Way	0115 977 5680

PCSO Dave Airey	07525 226 838
(non-urgent, for information only)	
Police (non-emergency 'official' contacts)	101
(be prepared to give county and other location details)	
Police (emergency)	Always 999
Retford Arts Hub	(01777) 860 414
	info@retfordartshub.com
Retford Bus Station – only via Notts. County Council!	
Retford Leisure Centre	(01777) 706 500
Retford Library	(01777) 708 724
	retford.library@inspireculture.org.uk
Retford Oaks Academy	(01777) 861 618
Retford Post-16 Centre – now part of North Notts College (see above)	
Retford Train Station	0845 722 5333
RSPCA National Cruelty Line	0300 1234 999
Severn Trent Water (advice)	02477 716 587
Tuxford Academy	(01777) 870 001
Tuxford Mine of Information	(01777) 870 040
The Well (Retford Baptist Church)	(01777) 702 344
	admin@thewellrbc.org

...and there is so much more to be found on our community website thanks to Bassetlaw Action Centre and local NHS. See page 3 for Bassetlaw Self-help Groups and Contacts to discover so much more.

Village Hall Bookings

Clarborough Village Hall is a modern, attractive and accessible venue for all sorts of activities and events with most of our weekly regulars now back in action.

Our hall is managed by Clarborough & District Community Association (CDCA) who are a registered charity. **CDCA's committee is desperately in need of new members since our team has shrunk to just 5 individuals who are managing the hall under guidance from the Association of Communities in Rural England (ACRE).**

Government's and ACRE's most recent guidance shows that most regular bookings can now resume as previously.



At the time of writing, bookings of events such as parties or celebrations remain suspended but please keep an eye on our community website (www.clarborough-welham.org.uk) and particularly the **Village Hall** page for the latest situation.

When reopening our rates will be surprisingly reasonable - £12.50 per hour for casual hire and an amazing £40.00 for 4 hours for a children's party booking. This usually allows 1 hour setup, 2 hours for the party and 1 hour for tidying up. Please feel free to contact us on **07530 532 185** or email us on clarboroughvillagehall@gmail.com

Also – do you buy things from Amazon? If so you can join *Amazon Smile* for nothing and get your purchases at the same price BUT Amazon will donate a small amount based on your purchases to CDCA!

Noticeboard

**Newsletter Advertising rates
(for 4 consecutive issues)**

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This size	£25.00

Contact Greg (01777) 700 918 or
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AT THE MUSEUM

Summer of Fun 2021

This year, Bassetlaw Museum is bringing the beach to Retford!

Clarborough & Welham Community

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See community website's homepage



Bassetlaw Museum
YOUR MUSEUM | YOUR DISCOVERY



Have Your Say

If you're aged 11 to 16, Bassetlaw Youth Council is an excellent opportunity to raise issues, explore local issues and make key decisions. Plus a chance to volunteer on projects in your own community.

Our Next Meeting is on Thursday 9th Sept 2021 at 6pm Workshop Town Hall

We will be discussing:
The Bassetlaw Festival of Science and Curiosity and app question time.

We are hoping this will be an in person meeting a lot for more information and the link for the meeting email us on: youth.council@bassetlaw.gov.uk or Find us on Facebook

Let's take this next step safely

Please keep following the Covid rules

HANDS FACE SPACE

FRESH AIR

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nottinghamshire.gov.uk/coronavirus

Nottinghamshire County Council



Clarborough & Welham Parish Council Meetings

26th July
6th September
4th October
22nd November

Meetings open 19:00 in Clarborough Village Hall

Agendas are always posted at least a week in advance on notice boards and on our community website where you will also find approved Minutes and meeting dates through to January, 2022.

Community website: www.clarborough-welham.org.uk