Welham Clarboroug Newsletter **Microsoft** Retford's Deputy-Mayor announces end

at Kings Cross See page 15

of Windows 7 support.

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Autumn 2019

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Readers can't have failed to notice that *Mayflower* is now high on local agendas – but why? The story, known as the *Pilgrim Fathers* story until is changed to *Mayflower Pilgrims* in recognition of the importance of the wives had in the story, is generally linked with Plymouth. This is, however, a significant underplay of the importance of the Retford area to the overall Pilgrims tale.

Pilgrims refers to a substantial group of Christians who fled Charles I's oppressive – even brutal – attempts to force the whole of England to follow his national church's doctrines. Under the Act of Uniformity 1559, it was illegal not to attend official Church of England service. Now famous names such as William Brewster, Richard Clifton and others wanted the right to their own religious beliefs and began to flee the country, many through Immingham. These Separatist or Religious Dissenters initially aimed for Holland.

At the time, Holland was a popular destination, both because it was fairly close and also it had more religious freedom. Separatist leaving England initially settled in Amsterdam but soon moved to Leiden. However, following a military coup in 1618, religious oppression began in Holland, so English separatists made to leave. They left Leiden by canal, going to Delfshaven where they embarked on the *Speedwell*, which took them to Southampton – arriving July, 1620. There *Speedwell* rendezvoused on July 22nd with *Mayflower*. Both ships set sail for America in early August but bad weather and leaks in *Speedwell* resulted in several returns to UK ports before a final return resulted in *Speedwell* being abandoned. Some of her Separatists boarded Mayflower whilst other returned to Holland.

Mayflower finally set sail again on 16th September, 1620 for her trip to America and the new colony that had been established by the Plymouth Company which was an English joint-stock company founded in 1606 by James I of England. Retford (or East and West Retford as it was for much of Medieval period – and the two were definitely different, even somewhat separatist of each other) lies at the centre of an area that was key to much of the Mayflower story with centres such as Babworth and Scrooby high on that list. Even Clarborough itself – at least in its earlier, pre-1934 – had a significant group of separatists active within the parish. Readers will have met David Marcombe's *English Small Town Life: Retford 1520-1642* in our Summer 2019 issue (page 16) which explores many of these links in much greater detail.

So, the upshot of all of this is, don't be surprised if you find celebrations of the Mayflower Pilgrims starting to rise up the local agenda over coming months – and watch out for American tourists. Several surveys have predicted many thousands will be descending on our area as September, 2020 approaches, so be prepared! We should also note here that Bassetlaw Museum aims to have an example of the indigenous Nauset and Wampanoag house construction that the early settlers would have seen. This will be an actually reconstruction in the Museum itself.

Kath Sutton is now Honorary Alderman

As you know I stood down from being your District Councillor after 17 years, and on 15th May at a special ceremony after the District Council's AGM the title of Honorary Alderman was conferred upon me in recognition of my service to the Council.



It was a heart warming occasion and many kind words were said from all political parties. Afterwards our guests, Councillors and Officers of the Council were invited to a celebratory buffet in the Council Chamber. It was a lovely evening for me to remember.

Kath Sutton

[Above photo, left to right: Neil Taylor Chief Executive, Jack Bowker Vice Chairman, John Sutton, Kath Sutton and Deborah Merryweather Chairman of Bassetlaw District Council]



Centre









Follow us on Twitter @ActionCentre

Volunteering Opportunities

Bassetlaw Action Centre is a Community Resource Agency linking individuals and organisations with help and support

We have a range of volunteering opportunities available including:

- Befriender
- Car Scheme Driver
- Minibus Driver
- Administrator

If you are interested in joining our volunteer team, please contact us on 01777 709650 or email enquiries@actioncentre.org.uk.

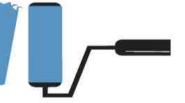
Our volunteering opportunities can also be found on www.do-it.org.uk just search for **Bassetlaw Action Centre.**

Kate McGibbon Transport Coordinator

"Not all those who wander are lost."

J.R.R. Tolkien (1892-1973)





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Chesterfield Canal Trust have a number of trip boats based in different places around its network. The Retford-based boat is called Seth Ellis after Seth Ellis Stevenson (1748-1793) who was both Headmaster of East Retford Grammar School (later King Edward

VI School) and also local priest. He was involved in development of the Chesterfield canal.

Purpose built in 2005, Seth Ellis is licensed to carry up to



12 passengers. She has a galley for serving hot and cold drinks, a toilet and central heating as well as large opening windows all around. A large cruiser-style stern makes getting on and off the boat easy. Access to the passenger cabin is down a short flight of steps.

You are welcome to bring your own picnic, or we can stop

at a canal side pub. Passengers may have a go at steering, under the supervision of our crew. For bookings and information, please ring **07925 851 569** or email sethellis@chesterfield-canal-trust.org.uk.

Forthcoming trips include:

August 10th & 11th

From the Boat Inn at Hayton (1½ hr, £7)

August 24th, 25th & 26th

From the Chequers Inn, Ranby (2hr, £10)

September 14th

From Retford Town Lock (45 mins, £5 or £18 for a family of up to 3 children)

Weekends in November and December

Santa Special Trips from the Hop Pole, Retford. (£7) Bookings open on 1^{st} September.

For much more about Seth Ellis and other Chesterfield Canal Trust trips and boats, go to:

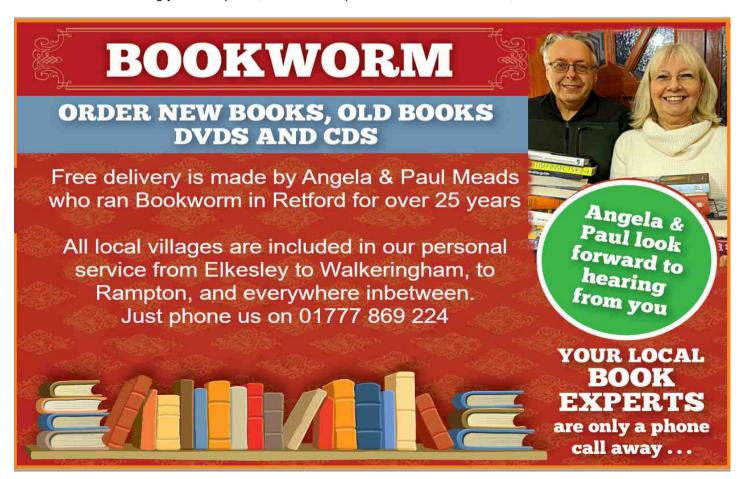
http://www.chesterfield-canal-trust.org.uk/on-the-water/trip-boats/

The Chesterfield Canal: Past, Present and Future Retford Library

Saturday 14th September, 12:30 - 13:30

Organised as part of Retford's Heritage Open Day 2019, this illustrated talk will be given by John Lower, local author and member of the Chesterfield Canal Trust.

There is no charge for the talk but advanced booking is essential – please call the library on 01777 708 724 or email retford.library@inspireculture.org.uk





Bassetlaw District Councillor Ben Sofflet

Firstly, in a symmetrical nod to my predecessor's closing words in the Summer edition of this Newsletter, may I take this opportunity to thank Alderman Kath Sutton for her 17 years of service to the Ward, and for her personal help and



guidance during the run up to the election.

As you may or may not be aware, Kath resigned from the Local Conservative group prior to the election so that she could publicly endorse me as a candidate and I'd like to thank her for her integrity, bravery and selflessness in taking that decision.

I'm pleased and honoured that her faith in me must have been reciprocated by yourselves across the Ward, because following the election on 2nd May, I was duly returned as your Independent candidate for this Ward on Bassetlaw District Council.

I'd like to take this opportunity to re-iterate my promise to you all to act in the best interests of the Ward throughout my tenure as your elected District representative.

Following the election, the council make-up is now: Labour 37 (+4); Conservative 5 (-7); Independent 5 (+2) and LibDem 1 (+1). I am sitting with the other Independents as a group on the council, although there are no whips and we have a free vote on every motion. The Independent Wards (Clayworth, Sutton, Everton, Beckingham & Misterton) are all rural and contiguous and hopefully this will afford us a strong voice for our rural communities on the council.

Each council committee is given a representative number of seats and I am sitting as the Independent member on the Audit and Risk Scrutiny committee at the council and with the Bassetlaw Youth Council.

At the last Full Council meeting at Retford Town Hall, motions to conduct a full "green audit" of the council and to reduce single use plastics across the district were carried unanimously. The Chinese proverb that a journey of a thousand miles begins with a single step is certainly applicable here. I believe that it is incumbent upon us all to each take our own small measures to assist with this, that cumulatively will make a positive difference, not just for our immediate environment, but also that of our children, our grandchildren, and the planet as a whole. If you are involved personally or as part of a group with any such initiatives and would like to see how the Council can support you, then please let me know.

On a lighter note, I have been in contact with the Chesterfield Canal Trust about the possibility of having some benches installed at intervals along the towpath. Their volunteers can site and install these for us, and I am currently working with the Parish Councils along our length of the canal to investigate progressing this. If anyone would be interested in sponsoring a bench, or having a memorial bench installed, then please do not hesitate to

contact me. We have currently identified 5 suitable sites for placement. In keeping with the greening of the council, these are likely to be constructed from recycled plastic, with a manufacturer guarantee of 25 years, and no annual maintenance overheads.

All being well, we should have some in place in time for the Chesterfield Canal walking festival (14-22 September), but of course, don't wait until then to enjoy this wonderful resource on our doorstep!

I'd like to thank all of you that I have had the pleasure of meeting so far for making my first few months in the role such pleasant experience, and I look forward to meeting many more of you over the coming months. I'm trying to get out and about as much as I can, and will usually be at the Clarborough tabletop sale & coffee morning each month, as well as Parish Council meetings and any ad hoc events in the villages.

Should you need to reach me at any time, my contact details are on the BDC website, and below:

M: (0771) 716 154

E: ben.sofflet@cllr.bassetlaw.gov.uk

Ben Sofflet

Retford Hub's Complete Overhaul

It is with great excitement that Retford Hub is pleased to announce that we have been awarded the Sizzling Carling Community Action Award by the owners of the King & Miller on Retford's North Road, and is to have a whole new look.

During this summer volunteers are going to be busy working towards a re-launch of the shop at the end of September. This popular shop, run by volunteers for the people of Retford, provides an outlet for Visitor Information, local crafts, a social café and an arts centre and, since opening over four years ago, has continued to develop. It also houses the Mayflower Pilgrim Museum and November 2019 sees events begin for the Pilgrim



Festivities; so the timing is ideal as the new Retford Pilgrim Trail with Retford Hub will be opening in the autumn. It will play significant part as the Pilgrim Café and gift shop on the Trail, which includes Bassetlaw Museum and St Swithun's Church together with the existing Pilgrim Museum at The Hub.

The shop and café facilities will be transformed, offering a much more pleasant, comfortable experience. Chris Daniels, Director, said, 'This is a very exciting opportunity – the original design was executed by volunteers without any funding in twelve weeks, and so it is great that the King & Miller shares our vision for a community facility that is a place where people want to be and spend time. We are very grateful to the staff at The King & Miller for their fund-raising over the last year, and their customers who have supported us.'

The Hub would be grateful for volunteers to get involved with the refit, particularly any carpenters, electricians or handymen.



North Notts Three Day Literary Festival!

To complement earlier writing competitions, 2019 sees the first **North Notts Lit Fest**

presented by Bassetlaw District Council, North Notts Business Improvement District and Barristers Book Chamber. From Friday 13th September 2019 to Sunday 15th September 2019, the festival will play host to Nottinghamshire's top writing talent including International bestselling crime author Stephen Booth, BAFTA award wining writer and TV producer Henry Normal (*The Royal Family, Gavin and Stacey, Red Dwarf*), writer and historian Emily Brand, powerhouse poet Paul Cookson, photojournalist and author Sally Outram, North Notts Literary Ambassador Liz Carney-Marsh, publisher Angela Meads and the fabulous Talegate Theatre Productions to name just a few of the people taking part.

The festival not only showcase the talent of the literary community, the council is pleased to be working in partnership with some of Retford's foremost literary related businesses and organisations including Inspire Libraries, Bookworm, The Time Machine, Kenny Roach Designs, The Herbalist, The Hub and others. From performances, to workshops, book signings, guided literary walks, posh picnics, fancy dress and more, this community literary festival promises to have something for everyone.

Cllr Jo White, Deputy Leader said 'Following the success of the Short Story Competition over the last three years, we really felt it was time to raise our ambitions and put North Notts on the literary map. I hope the theme of

Chesterfield Canal and North Notts Industrial Heritage will inspire the imagination of budding authors; from the romance of steering a canal boat and walking beautiful towpaths to capturing the raw history of mining, or power stations, the theme offers such a broad spectrum'.

For more information on the competition and the festival go to www.nnlf.org.uk or follow us on Facebook, Twitter and Instagram @nnlitfest for the latest updates of festival appearances and events.



Help Wanted

Do you like:
working outdoors?
using some initiative?
putting something back into our Community?

Then why not join the FoPP Group?

No expertise needed, no long boring meetings, give us as little (or much) of your time as you can when you can!

Contact FoPP on: friendsofpp2018@gmail.com





Retford Library - Summer 2019 **Children's Events**

Saturday 13th July - Launch of the Summer Reading Challenge

Saturday 27th July - 'Little Creatives' (10:30-11:45 or 11:45-12:30) Booking essential* **U5s**

Monday 29th July - 'Girl of Ink & Stars' (15:30-16:30) Booking essential * Age 7+

See leaflet for ticket prices and further information. Wednesday 31stJuly - 'Space Explorers' (13:00-15:00) Booking essential* Age 6+

Saturday 3rd August - 'Little Creatives' (10:30-11:45 or 11:45-12:30) Booking essential* **U5s**

Tuesday 6th August - Craft Club 'Spaceships' (10:00-11:30 Drop In Age 4+

Saturday 10th August - 'Little Creatives' (10:30-11:45 or 11:45-12:30) Booking essential* **U5s**

Tuesday 13th August - Craft Club 'Badges &

Doorhangers' (10:00-11:30) Drop In Age 4+

Wednesday 14th August - 'Sewing Rocket Bookmarks' (13:00-15:00) Booking essential* Age 7+

Saturday 17th August - 'Little Creatives' (10:30-11:45 or 11:45-12:30) Booking essential* U5s

Tuesday 20th August - Craft Club - 'Aliens & Rockets' (10-11.30am) Drop In Age 4+

Thursday 22nd August - 'Out of this World - Space Stories' family arts workshop. With Steve Smallman (10:00-12:00) Booking essential* Age 7+

Tuesday 27th August - Craft Club 'Masks & Flying Saucers' (10:00 -11:30 Drop In) Age 4+

Thursday 29th August - 'Out of this World - Alien Animation' family arts workshop with Trevor Wooley (10:00-12:00) Booking essential* Age 7+

Saturday 7th September - Last day of Summer Reading Challenge

Don't forget: Rattle, Rhyme & Roll (under 5s) every Wednesday & Friday 10:00-10:20.

*Events requiring booking: Please see individual leaflets for further information.

All events are free unless otherwise indicated. Book online at www.inspireculture.org.uk









Welcome to our School!

Here, the focus of our teaching and learning is to engage and encourage all of our children to be the best they can be. Children are challenged to attain high

standards and as staff we encourage this with, a range of teaching, styles that create an environment where children feel safe and valued. We work hard with our pupils to develop their skills of self-motivation, mutual respect, understanding and love of learning, so that they are able to expand their knowledge of the ever-changing, world around us.

We are very, fortunate to have an amazing, school building, right at the heart of the village with large classrooms, a wonderful Foundation Stage unit and plenty of outside space to play. Successful learning is about partnership and we see support from parents and carers as vital to ensure that children can gain the most they can from their time here. I look forward to meeting, you.

Mrs Allison Cowell-Clark Head Teacher

School mission and ethos

At Clarborough, we have many, minds but one Mission: Be the best you can be. Our core values of health, well-being, family, and a love of learning permeate through our Golden Rule: we look after ourselves, others, our school, and our planet. Health and well-being: Healthy, minds, healthy, bodies, healthy, choices. Family: Valuing,, respecting, and supporting, each other. Love of learning: engaging, challenging,, working, hard, taking risks and celebrating success.

Life at Clarborough

- There's always plenty going on here!
- We have a popular breakfast club which children can start at 7:45 or 8:30.
- We will be offering child care after school from September onwards. This, will be from 15:30 until 17:30.
- Childcare @ Clarborough This is very, popular for nursery children parents requiring afternoon childcare
- We have many lunchtime clubs such, as football, drawing, netball, sewing, computing, and many more!
- We also run after school clubs every day: art club, sports club, football and dance.

- Exciting events which enhance our curriculum: creative art week, carnival week, trips, music concerts, summer/Christmas fayres
- Freshly prepared school dinners from our school kitchen
- Sporting, events such as football, netball, tri-golf, quad kids and boccia.
- Dedicated and friendly, staff.
- Our school Dog! Jeske Is our trainee Educational Assistance Dog. She is just over 18 months old and Is working towards Assessment one and two of the School Dog-training, programme, with, the charity, Dogs-Helping, Kids. Should Jeske successfully complete the two-year training, programme, then she will have learnt to 'listen' to children read, be able to read simple cue cards herself and be comfortable chilling out with children in a classroom.

According to Ofsted (2016 visits):

The school provides outstanding care, guidance and support for its pupils. The depth of teachers-' knowledge of each pupil is impressive and the promotion of the self worth of each individual, including those with special educational needs is at the heart of the school's work.'

This is a fantastic school. My child loves coming here. The fact that my child is excited about going to school and that his learning spills out into the home makes me convinced that Clarborough School is a great place for children to be.'

Dealing with mould

Mould is one of the silent assassins of museum and archive collections, but there are ways to fight back. We found out about dealing with mould outbreaks at a training session run by Lorraine Finch, organised by East Midlands Museum Development and held at the Workhouse in Southwell. Lorraine is an accredited conservator with over 25 years' experience. She works with archives and specialises in the conservation and preservation of film, sound and photography. She has seen most things that go can wrong with archives and museum objects and has been involved in putting them right. Mould figures large in this list.

If mould causes problems in your personal archives, get in touch to pick our brains and we may be able to give you some tips.

Janna King & Kasia Wosiak (Bassetlaw Museum)



Victory in Europe Day - 75th Anniversary on 8th May, 2020



At 3 pm on 8th May 1945 Prime Minster Winston Churchill officially announced the end of World War 2 from the Cabinet Office of 10 Downing Street in London.

This has become known as VE Day, Victory in Europe. 2020 will see the 75th Anniversary of this announcement.

This will be marked nationally with celebrations across the weekend, Friday 8th May to Sunday 10th May, inclusive. *The early May Bank Holiday has been moved for 2020 from when it should have been on Monday 4th May to Friday 8th May so that the public can take part in any national or local events which are organised.*

Nationally there will be bag-pipers playing commemorative tunes at 15:00 on Friday 8th at many locations across the

world, including pipers on the summit of each of the 4 highest mountains of England, Scotland, Wales and Northern Ireland. This will be followed by a "toast" to peace across the UK. Pub landlords have been asked to include their customers in a toast at that time. At 18:55 local time across the world there will be a "Cry for Peace"

starting in New Zealand and this will be followed by the ringing of church bells.

Saturday will see other celebrations and Sunday will feature Church Services and the reading of a "Tribute to the Millions" followed by the playing of the "Last Post".

Following the success of the end of World War 1
Commemorations in November 2018, Clarborough & Welham Parish Council has taken the decision to try to involve our community in the forthcoming VE Day weekend of celebrations.





A first meeting has been held to collect ideas and so start the ball rolling. However, any group, organisation or individual in the Parish, with ideas for this celebration or, importantly, willing to help with arrangements is asked to contact:

ve75.claweha@gmail.com



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Taking in three counties and 46 miles of tow paths over nine days, the Chesterfield Canal Walking Festival is billed as the biggest canal walking event in the country.

Organised by the Chesterfield Canal Trust, the festival will run from Saturday 14th to Sunday 22nd September with a total of 53 guided walks - the majority of which are free - ranging from a children's walk of just two miles to the full 46-mile length of the canal in three days.

The Trust's Walks Officer, David Blackburn, who has been researching and leading walks for over 20 years, said: "The canal is an absolute delight at any time of year, but early Autumn possibly sees it at its best. There are walks for all ages and abilities, including specialist interest walks and combined walks and boat trips for people who would like a more relaxing day out.

We are very grateful to everyone who has helped us to put this festival together and to our sponsors Bassetlaw District Council and the Canal & River Trust."

There are special interest walks, e.g. Nature, History, Architecture, Restoration, Bird spotting, Bat spotting and Geocaching.

Some walks will explore the attractive towns and villages in North Nottinghamshire.

Dr Patrick Harding, one of the country's leading experts on fungi, will be leading a *Tree, Mushroom and Toadstool* walk. National Trust staff from Mr Straw's House in Worksop will be leading a *Towpath Trek*.

The full-length on the canal (46 miles) will be covered in three days, starting at West Stockwith on the River Trent and finishing in the centre of Chesterfield.

There are opportunities to combine a walk from two miles up to seven miles, with a cruise on one of the Trust's trip boats.

One walk gives the opportunity of a guided tour of Britain's last surviving working Railway Roundhouse at Barrow Hill, whilst another includes a Posh Picnic. Several walks will investigate the section of the Chesterfield Canal that has not yet been restored and will reveal plans on how this will take place.

Full details for all the walks, including booking information can be found at www.chesterfield-canal-trust.org.uk. Bookings can also be made by calling 01246 345 777.

Bassetlaw Action Centre's Minibus Trips

Tuesday 27th August: Skegness £17.00 per person

Tuesday 3rd
September:
Yorkshire Wildlife
Park
£11.00 per
person (please
note entry fee is
not included in
price)



Wednesday 18th

September: Tickhill Garden Centre

£11.00 per person

Tuesday 24th September: Marshall's Yard & Retford and

Gainsborough Garden Centre

£12.00 per person

Contact Details

Please call 01777 709 650 or email enquiries@actioncentre.org.uk for all bookings, registrations and further information

Office opening hours are Monday to Friday 9:00-13:00. An answerphone service is available outside of these hours.

"Let China sleep, for when she wakes, she will shake the world."

Napoleon Bonaparte (1769-1821)





Trees

The FoPP group have applied to Bassetlaw District Council to be included in the Oak Tree planting scheme in commemoration of the 400th Anniversary of the sailing of the Mayflower to America in 1620. Brothers Edward & Thomas Southworth were both Separatists, being baptized in Clarborough Church, but it is not thought that they became Mayflower Pilgrims and sailed to America.

During May, when we had all the sun, all the tress were being watered by hand as frequently as possible. To aid this process the group bought a 4 wheeled trolley and more water containers, supplemented by saved large milk bottles, in order to move more water more often. This was done at the start of June - and then we had the downpours!! No need to water!

Wildflowers

With recent rains the Pasture has become a sea of red



poppies in both parts of the field. Many other species are beginning to flower including Vetch, Sainfoin, Yellow Rattle and Ox-eye Daisies. A major problem, which has quite

literally emerged, is wild oats. These are likely to have lain dormant in the soil for many years and the land work last summer has disturbed them and encouraged them to grow. Much of the Pasture is showing with the plants which are a weed. Unfortunately, it will take some years of careful management to remove these from the Pasture.

Public Footpath

The path has been re-surfaced with the chippings produced when the hedge was laid. This has improved the surface after the wear and tear of the winter. As finances stand at the moment this is the very best we can produce.

In order to create some different walks across the Pasture until mowing takes place at the end of August we will cut some narrow paths through the grasses and wildflowers. We would ask that you use these walks carefully and not tread down the edges as there are many wildflower, insects, birds and mammals living in the long grasses. Please stay on these new walkways and also do not let your dog run through the grasses.

Community Orchard

A bid for funding for a Community Orchard was submitted to the Nottinghamshire County Council Local Improvement Scheme earlier this year by Parish Councillor Andrew Avery. We are delighted that this bid has been successful and £1,800 has been awarded to fund the purchase of a number of fruit trees and appropriate equipment.

Owl Box

By the time you read this article it is hoped that we will have started the process of installing an owl box near the canal on the far side of the smaller field of the Pasture. This is being carried out with advice from a local owl expert.

Dog Owners

The usual gripe I am afraid!! Some dog owners are still not 'picking up' after their dog. This is smelly, messy and offensive. There are 3 bins for 'poo bags' on the land. Please use them! Please do not be antisocial!

Dog owners are also reminded that their dog should be under control at all times in an open public space.

Cllr Paul Willcock Chairman FoPP Group

Purple Tuesday 2019

A recent meeting of Retford Business Forum explored a little of the background to Purple Tuesday which is scheduled for November 19th, 2019. This is an international call to action to celebrate the purple pound - the spending power of disabled people and their families Its aim is giving an equal customer experience to



everybody including those disabled. A key aim of this is supporting businesses; working with their staff and environment to create a positive difference for disabled people. Implementing the changes needed for disabled customers is often perceived to have a large price tag but there are many ways this can be done for little to no cost and still provide a positive customer experience. Changes such as tweaks to shop layouts and signage can have big impacts. At a 'training' level, organisations can give staff training to identify and address disability needs in their customers, formalise 'quiet hours' for customers with autism or other sensory needs. 'Mystery shopper' audits to understand changes that may also be conducted. Last year, Purple Tuesday had over 750 organisations participate, with a collective 1,500 commitments to change.

For much more on this, go to the Purple Tuesday website: https://purpletuesday.org.uk/

Editor



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First Man-on-the-Moon

21st July marked the 50th anniversary of the historic first footstep of a human on the Moon. The Apollo 11 space flight had begun when the 363-foot-tall **Apollo 11** space vehicle was launched from Pad A, Launch Complex 39, Kennedy Space Center, at 08:32. EST on July 16th 1969.



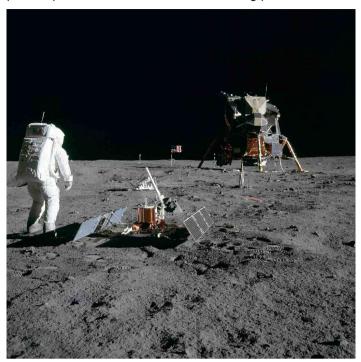
[Above] This Saturn V vehicle lifted off at a total mass of some 3.000 tonnes!

After a faultless trip, the LM (Lunar Module) had separated from the CSM (Command Service Module) on July 20th at 13:11:53 EST and prepared for descent to the Lunar surface. This was accomplished by 15:07:40 on that day. 'The Eagle has landed' was Armstrong's report to Houston.

After the tensions experienced by the lander crew, Neil Armstrong (commander) and Edwin 'Buzz' Aldrin, had a rest period which ended with both astronauts donning their exterior suits and then depressurising the LM. Leaving the LM first, Neil Armstrong found squeezing out of the exit with his portable life support system more difficult than expected – he couldn't see his feet! This made descending the ladder very tricky! He finally stepped onto the Lunar surface at 02:56:15 on July 21st, 1969. Armstrong's first words on stepping onto the Moon have already become part of history: 'That's one small step for Man, one giant leap for mankind.'

Gravity on the Moon is only around one sixth of that on Earth but Armstrong quickly reported that "It's absolutely no trouble to walk around." After a quick survey of the Lunar surface properties and collection of a small sample of surface dust – in case of an urgent need to leave the surface again in an emergency – the all clear was given for Buzz Aldrin to join Neil Armstrong on the surface.

The crew then set to work setting up photographic equipment and also erecting the US flag and deploying scientific equipment. The major part of that involved the so-called Apollo Lunar Surface Experiments Package (ALSEP). This can be seen in the following photo which



also shows the US flag in the distance with Aldrin looking towards the Lunar Lander '*Eagle*'. The scientific 'kit' was designed to detect any 'moonquakes' and also had reflectors to be used in laser range finding experiments from Earth.

While on the surface Armstrong spend a couple of minutes in a broadcast conversation with US President Richard Nixon after which both he and Aldrin got to work. After around 2¼ hours on the Lunar surface, both crew members climbed back into the Lander and prepared for a much needed rest period which actually lasted some 7 hours.

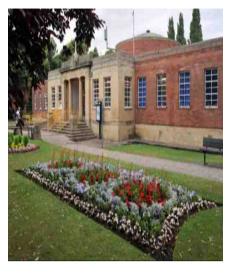
The Lunar module, *Eagle*, shown in the photo above was actually made up of two parts, the Descent stage – the lower part with legs – and the Ascent stage which housed the crew and which would be the only part to blast off to rejoin the Command and Service module that had remained in Lunar orbit with the third crewmember, Michael Collins.

After around 21½ hours on the Lunar surface the *Eagle's* Ascent stage blasted off – knocking the US flag over in the process – carry Armstrong and Aldrin back to rejoin Collins in the CSM ('*Columbia*'). After docking with the CSM the Ascent stage was jettisoned into Lunar orbit and would ultimately crash onto the surface.

Return to Earth took some three days and concluded with decelerations of some 6.5g and an inverted, hard, splashdown in the Pacific Ocean before helicopter transfer to aircraft carrier USS Hornet and a 21-day quarantine period. Later missions dropped this when the Moon was shown to be sterile.

Note: EST = Eastern Standard Time as used in the eastern USA. British Summer Time (BST) is 5 hours ahead of EST.

Aurora Wellbeing Centre A Community Resource for Everyone



Have you heard of Aurora? Do you know where it is and what it has to offer for the people of Bassetlaw? Aurora Wellbeing Centre is situated in the Old Library Building on Worksop's Memorial Avenue and although primarily a cancer charity there is a range of services for the local community to access.

CANCER SUPPORT

Every year around 800 people are diagnosed with cancer in the Bassetlaw area. Aurora offers support to anyone undergoing treatment for any type of cancer or living with a long term health condition, this includes family members and carers.

SUPPORT GROUPS

- Bereavement Support Group: Fridays 10:00–12:30
- Prostate Cancer Support Group: 4th Wednesday 10:00-11:30
- Time to Grow: a ladies cancer support network 3rd Thursday 13:00-15:00

VALERIE'S TEAROOMS

In our art deco tearooms you can enjoy a home cooked meal or a piece of cake at reasonable prices in a warm and friendly environment

BEAUTY THERAPY

Following an initial assessment we provide 6 free beauty treatments or holistic therapies to clients who are suffering from cancer and 2 treatments for their carers. But just as importantly we offer a beauty and holistic therapy service to the general public which in turn helps us to finance the services we provide for cancer patients.

TREATMENTS/PRICES

Please call in at Aurora for our full list of treatments available, but as an example:

- Manicure £17
- Warm Wax Hand Treatment £14
- Gel Polish £20
- Pedicure £18
- Warm Foot Wax £15
- Half Leg Wax £9
- Lip Wax £5
- Eyebrow wax & Shape £6
- Mini Facial £15
- Dermalogica Eye Treatment £15
- Back, Neck, Shoulder Massage £12
- Full Body Massage £25

- Reiki £16
- Reflexology £20
- Indian Head Massage £15

MEETING PEOPLE

- Stitch-a-keepsake Sewing Group Monday 13:00 15:00
- Craft Club Tuesday 10:30 12:30
- Happy Crafters Group Wednesday 10:30 12:30
- Social Wednesday Lunch Club 12:00 14:00
- Buzzom Buddies 2nd Thursday 18:30 20:30
- Card Making Thursday 10:30 12:30
- Time4U Friday 10:30 13:00

HEALTH & WELLBEING

- Pilates Beginners Wednesday 9:30
 Intermediates 10:30 Thursday 9:15 Intermediates 10:30
- Yoga Courses run throughout the year
- Tai Chi Courses run throughout the year
- Step Forward Help to manage emotional and physical stress
- Caring for You Meditation and relaxation techniques
- Sleep Soundly Techniques to help you sleep better, breathing and relaxation techniques
- Prostate Cancer Management Course A chance to meet others in a similar situation and the tools to manage your health
- Eat Well, Feel Better Practical nutritional support for those suffering from cancer.

PRE-LOVED CHARITY SHOP

Our charity shop has a well stocked selection of quality used items at affordable prices and our second hand books are of a high quality and excellent value for money.

OPENING TIMES

Monday to Friday 9:30 - 16:00.

CONTACT DETAILS

Tel. 01909 470 985

Email: admin@aurorawellbeing.org.uk

For a full list of the multitude of activities, treatments, therapies – and much more, go to your community website www.clarborough-welham.org.uk and click on *Voluntary* Sector links ► Aurora Centre.

LAWNMOWERS Tony Halford



Plant & Grass Machinery Specialist

36 Albert Road, Retford, Notts. DN22 6JB

Tel: (01777) 860 704 Mob: 07976 941 407

Retford Deputy Mayor supports Retford at rail event in London

Cllr Garry Clarkson, Retford's Deputy Mayor, joined the team from North Notts & Lincs Community Rail Partnership (NNLCRP), the Poacher Line, and the Association of Community Rail Partnerships (ACoRP) at an event in Kings Cross Station in London on Friday 17th May 2019. Dressed in his mayoral robes [above at extreme right], Cllr Clarkson was a very popular subject for photographs with many of the visitors.



Throughout the day, the team handled a constant stream of enquiries about the Mayflower Pilgrims, and the areas being promoted – even a conversation about commuting from Retford to London. Through leaflets designed for the event, Retford Business Forum highlighted the many exciting events planned for the rest of 2019, including Summer on the Square, Heritage Day and Pilgrims Festival; Bassetlaw District Council provided information on Pilgrim Roots and the Mayflower Trail.

The focus of the display, from 05:00 to 18:00, was the Mayflower 400 story and was part of a promotion with other community rail partnerships from Essex, Southampton, Devon and Cornwall which had also held Mayflower 400 events at a range of London mainline railway stations on Wednesday 15th May.

The groups took part in 'Community Rail in the City', a flagship annual celebration, now in its ninth year, aimed at developing tourism and travel for recreation on Britain's community rail routes, encouraging thousands of people to explore epic landscapes, coastal scenes, and sites of historic interest.

This year's event saw 36 community rail partnerships and tourism partners – up from 24 groups last year – hosting activities at 20 mainline railway stations, including those in London, Birmingham, Manchester and Glasgow. Rick Brand, Vice Chair of NNLCRP, and Chair of the Bassetlaw Area Group, said "Community Rail in the City is a great opportunity to promote our railway lines to thousands of commuters and potential visitors. We highlight the fantastic things there are to see and explore and encourage people to visit by rail. As well as being a more relaxing and pleasurable way to travel, visiting the area by rail benefits the local economy, and means less traffic, noise and pollution in our communities."

Community rail partnerships work at grass roots level to engage local communities, help people to get the most from their railways, and promote rail as a key part of sustainable, healthy travel.

From 20th May 2019, a significantly increased number of trains has been provided on the East-West line as the new service opens from Sheffield to Gainsborough Central, including Worksop and Retford. The new LNER Azuma trains were also introduced from 15th May 2019 bringing shorter journey times and greater travel comfort.

Retford Railway Station already counts over 500,000 passengers per year and this number will increase not only with larger numbers of tourists visiting Mayflower Pilgrims Country in the run-up to 2020, but also as the convenience of the connectivity of Retford becomes more widely known up and down the East Coast Mainline.

NNLCRP works towards integrating public and private service provision to offer travellers an effective and efficient range of transport choices. It works in partnership with transport operators, public and private organisations to serve the needs of the communities within which it operates.

For further information contact rickbrand@hotmail.com

Clarborough & Welham Parish Council welcomes new Councillors

Jill Palfreman and Anton Weingaertner joined Clarborough & Welham Parish Council as Councillors in June, 2019. We do still have 2 vacancies. Interested? Go to our community website for contact details.

Goacher's Farm Shop

Wood Lane, North Wheatley



The only traditionally grown Wheatley fruit.

Picked and PYO
Strawberries, Raspberries, Cherries,
Plums, Apples, Pears etc

Taste the difference! Fresh and frozen

Also available;

Asparagus, Turkeys, Honey, Jams, Chutneys, Potatoes, Vegetables, Eggs, Juices and Home baking

Now serving hot drinks

For opening times please Phone; **01427 880 341** or **www.goforgoachers.co.uk**



Nottinghamshire County Councillor Tracey Taylor



When I wrote for the last edition, we were on the eve of the District Council elections and I paid tribute to Kath Sutton as she retired from local politics. This month I'm delighted to report that Kath's many years of public service were formally recognised when the Council accepted the nomination of her as an Honorary Alderman, a title that was formally bestowed at the Council's AGM on 15th May. The

same AGM saw Cllr Ben Sofflet take up his new role as your District Councillor; I trust that he and I will continue the positive working relationship that Kath and I previously enjoyed. It was good to be back with Kath to hear the Worksop Brass Band playing at the Bassetlaw Twinning Association's annual strawberry tea; always a happy and sociable afternoon in Clarborough.

Most of my enquiries from residents tend to be on highways matters, with road-surface conditions, inconsiderate parking and speeding vehicles topping the list. The Council's Communities and Place Committee' budget for 2019/20 was approved in March and we have invested in new kit to deliver an increased programme of repairs. Problems are easily reported by telephone to 0300 500 80 80 or online at

https://www.nottinghamshire.gov.uk/transport/roads/makea-new-highways-request The Communities and Place Committee also manages the Local Improvement Scheme which gives opportunities for groups to bid for funding to support community projects. I'm pleased to be able to confirm that the Parish Council was successful in securing £1810 towards creating the Mayflower Community Orchard at Broad Gores South. The next bidding round runs October to February.

I attended the NCC Tourism Strategy launch event at Rufford Mill on 27th June, just days before the Government confirmed a Tourism Sector deal that recognises tourism as a leading industry for the economy. The event brought together local businesses and industry leads to work to maximise Nottinghamshire's broad and rich history with a first class tourism offer. Not only do we have beautiful towns, villages and countryside, but several of the most iconic historical stories in the Mayflower Pilgrims, Robin Hood and the English Civil War. The NCC strategy document is available online at

https://www.nottinghamshire.gov.uk/media/1731434/visitoreconomystrategy.pdf and we want to hear from local businesses who feel that they could be part of building Nottinghamshire's offer.

This edition should be reaching you as the summer holidays end and I trust that you are all rested and refreshed. I will also have had some time out through August, but welcome hearing from you if you have any queries; so please don't hesitate to contact me. Email cllr.tracey.taylor@nottscc.gov.uk
Tel 0115 804 3177
Mobile 07770 847 086
Home 01777 816 781

Get in Touch

The Bassetlaw Youth Council (BYC) would like to introduce itself to you. The BYC is for young people in

Bassetlaw aged 11-19 years old .lt provides opportunities for young people to share their views and concerns about living in Bassetlaw. We have a mix of activities from speakers, debates and working on projects.

The next BYC meeting is on 12th September 2019 at 6.30pm in Worksop Town Hall.

Have a super summer and we hope to see you in September.

Contact us

t: 01909 533 160 e: youthcouncil@bassetlaw.gov.uk

or Find us on Facebook - Bassetlawyouthcouncil





A Summer of Exhibitions and Activities at Retford Hub

'Scrap Saturday', an all-day event making cards in aid of Bassetlaw Hospice, run by Louise, is on Saturday 10th August, and costs just £5 per person. Amina Khan returns to the Hub to run her ever-popular children's summer art classes on August 12 & 13th this year to create fish from recycled pop bottles and paint, a really exciting activity.

Don't forget Lego Club on 17th August from 1.30, mostly for the kids but also for young-at-heart adults to join in! The Pilgrim Museum is open daily throughout the school holidays, and, as well as displays and exhibits there are activity sheets for the children to enjoy. Find out about our preparations for the 2020 celebrations, including John Harris, our resident artist, who is working on a very exciting project. Seek him out in his studio to discover a professional artist at work. Contact The Hub or John for more information.

Friday 2nd August will mark the end of our exhibition 'Peripheral Vision' by Garry Ashton, and we will be holding a Summer Soirée from 19:00 where you will be able to meet Gary to discover some of the inspiration and stories behind some of the works. In addition, you will be able to meet some of the team behind The Hub and find out more about its future development. Please let us know if you wish to attend, either via the shop or email chris@retfordhub.org.

The following week we welcome a new exhibition by Annie Turner, a resident Hub artist. This exhibition runs until 14th September when Derek Spence, well known to many through his art teaching, returns with an exciting new exhibition of his works.

The following list some of our activities planned for August: Every Thursday: Drop-In Art with Cath 13:00
Friday 2nd Summer Soirée 19:00
Saturday 3rd Watercolour with Jennie 12:30
Saturday 10th 'Scrap Saturday' including Parent & Child Craft 10:00-16:00
Monday 12th Kids' Summer Art 10:00 – 12:00
Tuesday 13th Kids' Summer Art 10:00 – 12:00
Weds 14th Retford Mayflower W.I. 19:00
Saturday 17th Lego Club 13:00 (Subject to change)

Screen-time advice

Earlier this year the media carried a lot of conflicting and sensationalised (there's a surprise!) reports following WHO (World Health Organisation) advice to parents about how much time youngsters should spend 'watching screens'. This broad category covers both tv and computer/phone screens.

Whilst the professional advice that followed has raised concerns about the experimental basis for the WHO's recommendations, what is clear is that basic speech issues with very young children are on the increase. This means that parents need to be aware of the effect that long periods 'on screen' can have, particularly when dealing with early speech development. The basic advice can be summarised as 'talk to your kids a lot!'

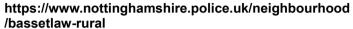
Editor





Inspector Neil Bellamy is our neighbourhood policing inspector responsible for local policing in the Bassetlaw area.

We would urge all readers to check out Neil's blogs at Nottinghamshire Police's Rural Bassetlaw 's website:



This has some interesting notes regarding recent police activities in our area.

Regular readers won't need much prompting to also keep an eye on our own PCSO Dave Airey's monthly Report which can be found, along with recent earlier Reports, on our community website (see front page) – just follow the *Law & Order* ► *Local Police Reports* from the homepage.

Dave's June 2019 Report included a detailed list of ways to avoid

being a target by criminals trying to defraud us – whether that be at our front door, online or in public places.



Consider your child's future next time

Consider your child's future next time you think of posting an amusing picture of them on Facebook or similar social media.

What might seem a light-hearted bit of fun at the time might come back to haunt them later. With images being easily manipulated as well as future employers searching social media for clues about applicants suitability for positions and what seemed a joke at the time might be far from that later in the subject's life.

Recent Australian research has shown that about half of images shared on paedophilia sites were 'lifted' from social media sites. This tells parents not to post photos of their children in a naked state – or (say) in school uniforms that allow them to be located.

Related to this is recommendation that we do not post personal responses on social media such as birthday congratulations which are a step towards identity theft and, we might add, don't post material advertising 'I'm on holiday!' because that is a clear indication that your house is probably unoccupied!

Editor

Avoid 'sensitive' use of wi-fi in public places

'Public' wi-fi is that which is provided in places such as airports, stations, hotels, restaurants, cafés – the list is almost endless. What many users don't realise is that such networks are easily accessed by criminals who can 'eavesdrop' on your inputs. Don't use such networks for card transactions, sensitive personal correspondence – in fact anything that you don't want others to see.

Editor

E Kings Arms Clarbo Program

Quiz Night with raffle every Wednesday from 20:15 – free food at half-time!

Regular special events too – see our Facebook page

Check out our delicious New Menu.

Food served Thursday - Saturday 12:00-19:00 Sunday Lunch 12:00 – 16:00

Latest news! Fantastic new gin bar with large selection of gins and Fever-Tree Tonics

We also have a children's play area



The Kings Arms, Main Street, Clarborough, Retford DN22 9LN (01777) 708 845

🚹 The Kings Arms Clarborough



We are a traditional, cosy village pub with a friendly atmosphere located in the centre of the village, just a short walk from the Chesterfield Canal. We have open fires, traditional pub games and cask ales which are changed regularly.

Ample car parking is available.



Sat 14th & Sun 15th Sept 10:00am to 4:00pm

2019 Theme: 'Chesterfield Canal and Retford's Working Heritage'



12 Heritage Venues Freely Open for You to Explore!

PLUS NEW FOR 2019:

Brewery Tours • Brass Band • Barge Art • Community Choir Paddle Boarding • A Wandering Navvie • AND SO MUCH MORE...

For the very latest full programme of events and venues, see your community website www.clarborough-welham.org.uk



Clarborough & District W.I.

Where has the summer gone? Spring and early summer flew by with so many activities. Thank you to all of you who supported our

bottle stall at the village festival, it was good to chat to so many people. We were thrilled when our 'Jambusters' entry won the Judge's prize in the scarecrow competition. The book 'Jambusters' by Julie Summers tells the story of the WI during World War 2. This was the period in our history which contributed most to the 'Jam and Jerusalem' image when the WI worked with the Ministry of Food to preserve surplus and wild produce and sell the jam to the public. This was carefully regulated and inspected but was also high profile. However the ladies of the WI were also involved in many other national initiatives including the evacuation and rehoming programmes. Surveys carried out by the WI also helped to inform post war reconstruction and the welfare state.

The WI has always worked hard to improve conditions. The first resolution was passed at national level in October 1918 when members began to campaign for local authority housing. Many other campaigns followed and we like to think that we are usually ahead of the crowd. In 1971 a campaign began against plastic pollution – does that sound familiar? 1964 saw the resolution which led to cervical cancer screening and one of this year's campaigns aims to encourage all women to attend for their smear test but also works towards removing the barriers which prevent some ladies accessing the system. There is an excellent presentation about the history of WI campaigning at www.thewi.org.uk/campaigns

In June Clarborough and District WI held a collection in support of Bassetlaw Food Bank – just one small action towards fighting food poverty. Another huge 'thank you' to



all of those who contributed. We do appreciate the support that we get from our wonderful community.

Our regular activities continued throughout the summer. At the July meeting we welcomed friends from Hook WI for an evening of games and chat, and Kurling sessions began again when we were joined by members of Mayflower WI. Our walking group steps out regularly and our walk'1000mile' challengers are still on target.

At the time of writing we are looking forward to outings to Newark and Doddington Hall and on September 22nd we are joining forces with the parish council for the Great Autumn Clean-up' (page 21).

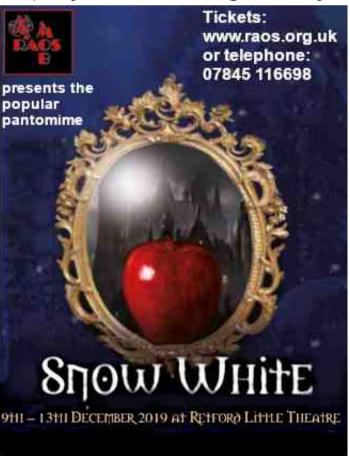
The new season of meetings will begin in September with our 'Bring a Buddy Night' when visitors will be especially welcome. This will include a 'Who Do You Think You Are?' style presentation from Stephen Flinders. Visitors are also welcome at kurling sessions. The £4 visitors' fee (£3 for kurling) includes light refreshments.

For more details about our activities visit our facebook page, email clarbdiswi@hotmail.com or phone 01777 949847.

Why is the Mayflower Pilgrim story so important?

This is an international story, but they were an ordinary group of people from our area who fled for their lives from their homes, and later from Holland, to become the first permanent immigrants to America: they were 'religious refugees'. People from here started the uprising, led it in Holland and were elected leaders in America. So they played a major part in global democracy. We lay claim to be the origin of nearly every English-speaking, non-conformist Christian religion, making this area one of the most important religious centres in the world! The story is more important than that of Shakespeare or Brunel. The story is the 'special connection' with America that we hear politicians mention as they argue about Brexit. It is the start of modern-day America.

The 400th Anniversary of the sailing of *The Mayflower* gives Retford the opportunity to become a major tourist destination. If we get it right, we could attract tens of thousands of visitors a year, providing a massive boost to our local economy. That is why it is so important. If you wish to know more, or to find out what happened, visit us at the *Mayflower Pilgrim Visitor Centre* at the Retford Hub by St Swithun's Church). We need everyone to help and get involved. Contact chris@retfordhub.org





Windows 7 is coming to the end of its life!

Microsoft's End-of-life date for Windows 7 is set for 14th January, 2020, so what should you do if you have a Windows 7 machine? Recent research indicates that some 39% of all PC

are still running Windows 7 (or even earlier versions), so this can be a big issue.

With End-of-life Microsoft will no longer provide any support, particularly with respect to software patches and updates to protect users from malicious attacks. Current advice generally advises users to upgrade to Windows 10 although this clearly has a range of issues. The most common one is that the hardware of a user's computer is incapable of running Windows 10 – it is more demanding than Windows 7. This generally means purchase of a new computer.

Then there is the need for training in the new operating system too. This is eased somewhat in that Windows 10 has much in common with Windows 7 – much more so than the troublesome Windows 8.

The issue of major retailers pushing purchasers to include 'setup fees' plus applications such as Microsoft's Office 365 along with security apps such as Norton Antivirus with their PC/laptop purchase has been a focus of Which? Computing on many occasions. This 'upselling' strategy can result in laptop prices leaping to almost double their listed prices if purchasers aren't savvy.

Don't be caught out! Clarborough & Welham IT Group has extensive experience of Windows 10 and particularly with the huge range of open-source applications that can power-up a new laptop to a specification that matches (and interfaces with) Microsoft's standard and beyond and all for no cost at all. So, if Microsoft Office, Adobe Photoshop and other applications looks too expensive, why not come along and be amazed what open-source offers – for nowt! It's worth noting that this Newsletter you are holding was produced using Apache OpenOffice, one of the key open-source applications that we promote. Several of the articles in this issue were actually submitted in Microsoft Word format and OpenOffice had no trouble reading and processing them.

So, if you'd like to play with one of our Windows 10 laptops, or bring your own, to get to grips with Windows 10 in a supporting (and sometimes off-the-wall) environment, why not get in touch. Classes run in Clarborough Village Hall on Tuesdays (13:30-15:00) or Wednesdays (10:00-11:30) with our first Autumn five-week 'block' of classes resuming w/c 16th September, 2019. **Hurry though, booking your place for September must be done by August 27th to guarantee your place.**

For more information or to book your place, contact Greg: 01777 700 918 or e-mail

clarboroughwelham@gmail.com

See our website (www.cwitgroup.btck.co.uk) for class dates through to July, 2020.

Windows 10 updates

With Windows 10, Microsoft made a significant decision that they would not be releasing Windows 11 or any further follow-on products. They would, instead, commit to releasing regular updates that continuously upgrade the

system's features as well as providing 'patches' and similar tweaks to address security and other issues. These updates tend to appear as either 'Features', 'Security' or 'Cumulative' updates.

This update process for Windows 10 has now settled into a twice-yearly development that introduces new features or tweaks established ones. These are identified as versions such as 1803 and 1809 for 2018 (released around March and September respectively). These are usually substantial updates – the current 1903 update took the author's desktop PC several hours to accomplish!

Current update status is found in **Settings**—that appears when you click the Start button or tap the Windows key on your keyboard. When the settings screen appears, click on **Update & Security** which is the last section.

The first section of this Updates & Security section that appears is **Windows Update** which will indicate whether an update is available and provide a button for you to tell it to download or install as appropriate. Keeping your computer's operating system (OS to nerds) is the key to avoiding security issues but also installing a number of security applications is highly advisable too.

This brings us to another issue that the previous article hinted at – additional costs. A standard sales pitch with some High Street retailers is to push for 'standard' applications as part of the laptop or PC package. 'Recommended' antivirus systems such as Norton are pushed with associated ongoing costs. There are alternatives and some of them are completely free! Our IT Group uses and recommends the following

- Avast Antivirus Free or AVG Free
- Malwarebytes Free
- CCleaner

If you'd like to explore these in more detail or get help in installing them, why not join our IT Group? See opposite for details.

Greg Herdman

Grand Autumn Clean-up

Clarborough and District WI are teaming up with the Parish Council to organise a 'Grand Autumn Clean Up' and we need as many helpers as possible. The date is set for Sunday September 22nd at 10:00. Bacon butties will be available before setting out and tea and cake waiting for us on return at about 11:30. All equipment will be provided, but we do need to know how many people to expect and so please book by emailing clarbdiswi@hotmail.com or phone 01777 949 847. See you there!





30 Days Wild challenge reaches new record!

Over 400,000 people went wild every day in June across the UK with over 1.700 in Nottinghamshire alone.

The Wildlife Trusts' annual 30 Davs Wild challenge was more popular than ever this year - 400.000 people carried out well over 10 million Random Acts of Wildness over the 30 days of June.

Throughout June, The Wildlife Trusts' challenge participants to do something wild and enjoy nature every single day. In response, people have been sharing their heart-warming stories and colourful photos and videos across social media channels. As well as the 50,000 individual households who signed up for their free packs of ideas, wall chart, stickers and wildflower seeds, over 9,000 schools, 1,300 businesses and 570 care homes also took part. In Nottinghamshire there were 13 care homes taking part, 37 people requesting a corporate pack, 181 people requesting a schools pack and 1544 taking part at home. This could relate to well over 11,000 people getting close to nature in Nottinghamshire.

The Wildlife Trusts' Head of Communications. Joanna Richards says: "It's been an extraordinarily wild month! We've loved seeing the creative and inventive activities of people taking part right across the UK - getting up close to bugs, butterflies and birds, rewilding a garden or making a daisy chain. You don't need to go far to appreciate wildlife and often the simplest interactions can bring us the most joy."

Dr Amir Khan from Channel 5's GPs Behind Closed Doors is an ambassador for The Wildlife Trusts and took part in the challenge for the first time this year. He says: "It's been fantastic! I've loved the small, sometimes unexpected random acts that have inspired and will continue to inspire me every day - I've fed and watched the birds in the garden, I've noticed more nature while out running and taken breaks at lunchtime just to appreciate the world outside. I've truly felt the benefit to my physical and mental wellbeing and I think our wildlife has too."

Louise Baker, Marketing Assistant at Your Health Group helped to create the new Care Home pack this year with The Wildlife Trusts and was there to witness the benefits at Langwith Lodge Residential Home, north of Mansfield. Louise stated, "We've remained wild since our participation in 30 Days Wild last year, but there's nothing like the 1st June to inspire us with new activities and a renewed sense of community. This June our residents at Langwith Lodge have enjoyed adding plants to our butterfly garden, bird watching and caring for their chickens, as well as looking out for an identifying new species that have come to visit our grounds. These random acts of wild engage our residents more completely than other activities they enjoy; they love spending time outdoors, and reminiscing about wild childhoods or tending to their own gardens before they came to live with us. 30 Days Wild invokes memories, inspires truly interesting conversations and improves mental wellbeing for staff and residents. We're thrilled so many other care homes have taken part this year, and hope they've had a wonderful time too. Don't forget to keep it up!"

Claire Coalwood, Teaching Assistant, of Abbey Primary School Stuart Avenue Forest Town Mansfield, stated "We have been going wild at Abbey! We are in the process of creating a wild life garden and we have planted wild flower seeds and a new bug hotel has been made by one of our grandparents. The children are loving looking for mini beasts in the hotel and within the garden ground." Claire went on to say, "We are also going to use the ideas at lunch time in a booklet so the children have a wild time at lunch time. Thank you for an amazing pack thoroughly enjoying it.'

Wildlife gardening in homes, care homes and schools was a popular activity, with people creating small ponds, building homes for bugs, sowing wildflowers, noticing the birds and insects that visited and pledging not to mow their lawns, to encourage more variety of wildlife to flourish.

Other Random Acts of Wildness included:

- Waking up early to hear the dawn chorus at its best
- Organising litter picks
- Noticing a rainbow of flowers and trees growing in towns and countryside
- Creating wild works of art from petals, leaves and feathers.
- Care homes residents and carers have enjoyed planting pollinator-friendly blooms, making leaf art and creating wild playlists, with music inspired by nature.

Every year The Wildlife Trusts carry out a wildness quiz during 30 Days Wild. Previous years' results show that 30 Days Wild is unique in improving people's perception of beauty in nature, and that noticing natural beauty makes people happier and want to care for it.



How can Nottinghamshire County Council save money and improve transparency?

As you may be aware, Clarborough & Welham IT Group is a local pivot for what is known as open-source software. The primary aspect that is of interest to our members is that open-source software is published under what is often referred to as 'Copy left' as opposed to copyright. Among other things, this means it is free and universally transferable – in fact many 'agreements' that you click on when installing open source software includes something like; 'and please give copies to your friends and family' – quite a contrast to the threatening flavour of commercial applications' agreements!. This marks open-source out as a completely separate field from commercial software published by the likes of Microsoft, Apple, Adobe - the list goes on.

Now, as a Governor of Clarborough Primary School I am linked to Nottinghamshire County Council systems both directly through the school and also via Governor Services. For a number of years this has caused me some 'niggly' issues since all aspects of the county's education system seem to run on, and assume everyone else runs on, Microsoft Office file formats. I have commented on several occasions in Governor Meetings that all documents should be published in portable document format (pdf) since this is the universal, international, standard for distributing information. County themselves use it to post material on their website - such as school holidays (currently available through to 2020-2021) and do include some Governor documents in this format too. However, Governor Services also publish material in most recent Microsoft Office formats (.docx,, .xlsx, etc) which are not, generally, completely compatible with

open source office suites. Up till now I've managed to tweak such documents to an at least readable view in



my preferred Apache OpenOffice suite although spreadsheets (such as from our school's Bursar) are more problematic.

All of this has taken a new twist, however, when I was pointed to UK Central Government's website only to discover that Central Government decided, about 5 years ago, to move to an open document format for

greater transparency! So the Cabinet Office, for instance, now works using open source applications so why has Nottinghamshire County Council apparently made no efforts to move in the same direction? As an indicator of the way this trend is moving we should note that Microsoft is saying that it will soon include the ability of its Office suite to output files in ODF format!

So in the light of this and the on-going pressures on budgets, 'How much does Nottinghamshire County Council spend, over all services, on Microsoft licence fees?' is a question I am putting to our elected representatives.

If this can amount to at least £70 p.a. for a home users, the amount that could be saved over the whole county in just one year must be vast.

Editor

[Footnote: The logos in this article are all open-source application that our IT Group focuses on (from the top): Apache Open Office, Libre Office, Gimp image editor and CCleaner system cleaner]



Welcome to our newsletter - Pilgrim Trails. This is our fifth publication charting the progress toward the completion of the 'Pilgrim Roots' Project.

As explored in my Editor's introduction to this edition of our Newsletter, the build-up to the 2020 celebration of the Mayflower Pilgrim's departure to America is increasingly reflected in a range of projects across the UK and in the Retford area.

Heritage Lottery Fund (HLF) East Midlands approved the *Pilgrim Roots* project, which will see £776,000 worth of investment for the *Pilgrim Roots* project, a partnership led by Bassetlaw District Council with support from West Lindsey District Council, Nottinghamshire County Council, Bassetlaw Christian Heritage and the University of Lincoln. The project will run from September 2018 until September 2021.

For up-to-date information about these together with some historical insights, it is worth downloading the *Pilgrim Trails* newsletter from our community website's *Local Faiths*Mayflower Pilgrims Pilgrim Trails.

John Mann, Member of Parliament for Bassetlaw and Chair of the All-Party Parliamentary Group for the Mayflower Pilgrims said:

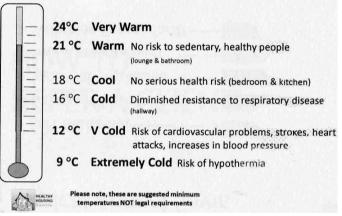
'Thanks to HLF for recognising Bassetlaw as this small fragment of England where values of liberty, justice and tolerance have spread across the world. These values are intrinsic themes within the Pilgrim Roots bid and I am proud that HLF share my confidence in our ability to tell this story on a local, national and international platform in 2020'.

Events organised by Bassetlaw Christian Heritage and associated groups have been raising awareness of the Retford area's importance to the *Mayflower Pilgrims* story for several years with the Illuminate 400 Festivals that take place each year in November-December. See out next issue of this Newsletter for more.





Summer 2019 has been a bit of a mixed bag as far as temperatures have been concerned but do you realise the health risks associated with low home temperatures? The following chart from Nottingham Energy Partnership



gives a broad idea:

Fuel poverty can mean that vulnerable households fall into the colder range of temperatures with the associated health risks. A household that has fuel costs above the national average **and**, after paying that, have a residual income below the official poverty line is defined as being in **fuel poverty**.

Fuel poverty can be caused by any combination of the following:

- Low income
- Poor house insulation standards
- Inefficient or expensive heating system
- Increase in energy prices

Nottingham Healthy Housing Service aims to help private sector households (home owners or private tenants) who fall into the following two categories:

- People aged over 60.
- Families with young children

and...

- have long-term health issues
- are at risk of stroke, heart, respiratory diseases
- are returning home from hospital
- > are fuel poor households

- are in need of insulation/heating/energy advice
- > are worried about energy bills
- are in need of adaptions

If you feel your household falls into any of these categories or, possibly even more importantly, if you know someone that you feel falls into any of these, then do refer them to Nottingham Healthy Housing Service. The service has a quick and easy online form at:

www.healthy-housing-service.com
Alternatively, call or email:
0115 985 3009
healthy-housing@nottenergy.com

Dates for your Diary

26th August: Summer Bank Holiday.

2nd September: Nottinghamshire schools re-open

12th September: Bassetlaw Youth Council (Worksop)

14-15th September: Retford Heritage Weekend

w/c 16th September: C & W IT Group classes resume.

16th September is the 400th Anniversary of the *Mayflower* sailing to America.

10th October: BYC Meeting (Retford)

14th November: BYC Meeting (Worksop)

The early May bank holiday in 2020 will move from Monday 4th May to Friday 8th May to mark the 75th anniversary of VE Day which takes place on 8th May

Clarborough & Welham Parish Council Meetings

2nd September 7th October 18th November

Meetings open 19:00 in Clarborough Village Hall

Agendas are always posted at least a week in advance on notice boards and on our community website where you will also find approved Minutes and meeting dates through to February, 2020.

Newsletter 2019-2020 deadlines 21st October (Winter issue) 20th January, 2020 (Spring issue)

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