

Take Time to Listen Telephone Befriending Service

**Feeling isolated or trapped in your own home? Longing to hear a friendly voice?
Someone ready to listen to your news, a friendly and supportive
voice at the end of the phone.**

This is a free confidential service available to older people aged over 55 who live within the Bassetlaw district. We support those with long term health conditions and assist carers who would benefit from extra support. You, Your Carer or a Family Member can refer you to this service by contacting our office. You can also contact us through the Home from Hospital Service, Social Services and Community Health Professionals.



Our Telephone Befriending volunteers phone older people on a regular basis to offer a friendly chat and a listening ear. The Service begins with a face to face meeting, where our staff get to really know your likes, dislikes, interests, work and family history. We will signpost them to other agencies where requested. Once matched with a volunteer a regular telephoning time is arranged and the contact can begin.

The Telephone befriending Service recruits volunteers, who are great listeners, enjoy talking and have a real empathy towards older people. They all undergo training, are CRB checked and given support.

We hope that volunteers will develop a rewarding relationship with the older people they befriend. By offering contact, understanding and information, a few phone calls a month can really make a difference.

*We are not able to counsel.



If this would benefit you, or you know someone who would enjoy this confidential service then please get in touch. Let us make a difference in your life.

WRVS Take Time to Listen Telephone Befriending Service

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