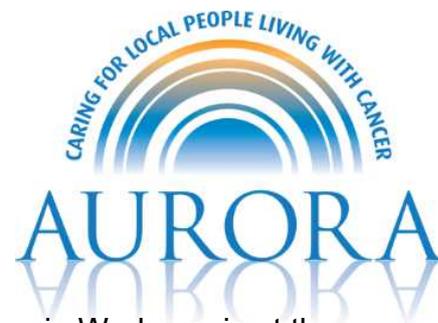




BE CANCER SAFE



Aurora Wellbeing Centre, which is based in the Old Library Building in Worksop, is at the forefront of an initiative which was launched across South Yorkshire, North Derbyshire and Bassetlaw last year to raise awareness of the signs and symptoms of cancer and the opportunities for screening which ultimately could increase the number of people diagnosed with cancer earlier.

Did you know that in Bassetlaw we have more people diagnosed with cancer than the England average? People in Bassetlaw are less likely to attend for screening, more likely to be diagnosed with cancer at a late stage and, as a consequence, are more likely to die from cancer.

Here at Aurora we are aiming to raise awareness within the local community of these statistics and what we can do to improve them. We have held workshops, manned stalls at local supermarkets and given out leaflets at sports events. We have been able to gain access to the larger companies in Bassetlaw such as B & Q and Wilko's to name but a few and given talks at local schools and academies, Women's Institutes, Rotary Clubs and U3A groups. If you would like know more about this campaign or about Aurora in general then please contact the Aurora Wellbeing Centre on 01909 470985 or email admin@aurorawellbeing.org.uk .or visit www.aurorawellbeing.org.uk/worksop

Aurora offer so much more than advice on cancer screening. If you or a family member has been affected by cancer then we are here to help. Aurora's services are available to anyone living in Bassetlaw. We can provide access to information and advice on wellbeing and counselling, support groups and courses ranging from helping to improve your sleep to nutrition for both cancer patients and the general public. We have beauty therapists available who can offer up to 6 free beauty treatments to cancer patients as well as holistic



therapies such as Reiki and Reflexology. In the Centre you can enjoy a delicious home-cooked meal in Valerie's Tearoom or browse our well-stocked charity shop which is open Mon-Fri 9am to 4pm. Come along and see what we do!